## ARKADELPHIA

**Mon 7:00PM The Phoenix Group**, 107 N. NINTH ST., Arkadelphia, AR, 71923 (O,D,WC) *First United Methodist Church, In the Sturgis Bldg.*

## ASHDOWN

**Mon 7:00PM NA Meeting in Ashdown**, Gratitude Clubhouse, 521 S. 5th Street, Ashdown, AR, 71822

## BATESVILLE

**Sun 5:00PM Point of Freedom Group**, 615 East Main St., Batesville, AR, 72501 (O,D,WC) *(corner of Main & 7th)*

**Tue 7:00PM Point of Freedom Group**, 615 East Main St., Batesville, AR, 72501 (O,D,WC) *(corner of Main & 7th)*

**Thu 5:00PM Point of Freedom Group**, 615 East Main St., Batesville, AR, 72501 (O,D,WC) *(corner of Main & 7th)*

**Fri 6:00PM Vision of Hope**, 615 East Main St., Batesville, AR, 72501 (O,D,WC) *(corner of Main & 7th)*

**Sat 5:00PM Point of Freedom Group**, 615 East Main St., Batesville, AR, 72501 (O,D,WC) *(corner of Main & 7th)*

## BENTON

**Mon 7:30PM Hope Without Dope Group**, 501 N. East Street, Benton, AR, 72015 (O,D)

**Tue NOON Hope Without Dope Group**, 501 N. East Street, Benton, AR, 72015 (O,D)

**Thu 7:30PM Hope Without Dope Group**, 501 N. East Street, Benton, AR, 72015 (O,D,Tr)

**Fri 7:30PM Hope Without Dope Group**, 501 N. East Street, Benton, AR, 72015 (O,D) Speaker first Friday of the month

## BENTONVILLE

**Thu 6:30PM New Beginnings Group**, Flagstone Church - The Hub, 3801 SW Eden Brooke St., Bentonville, AR, 72712 (O,B,WC,CC) *(see Rogers LOCATION info ONLY if 'real feel' temp is 15 or below)

**Fri 6:30PM New Beginnings Group**, Flagstone Church - The Hub, 3801 SW Eden Brooke St., Bentonville, AR, 72712 (O,B,BT,WC,BK) *(see Rogers LOCATION info ONLY if 'real feel' temp is 15 or below)

## BLYTHEVILLE

**Sun 7:00PM Clean and Serene Blytheville**, 107 W Main St, Blytheville, AR, 72315 (O,D)

**Mon 7:00PM Clean and Serene Blytheville**, 107 W Main St, Blytheville, AR, 72315 (O,D)

**Tue 8:00PM Clean and Serene Blytheville**, 107 W Main St, Blytheville, AR, 72315 (O,D)

**Wed 7:00PM Clean and Serene Blytheville**, 107 W Main St, Blytheville, AR, 72315 (O,D)

**Fri 7:00PM Clean and Serene Blytheville**, 107 W Main St, Blytheville, AR, 72315 (O,D)

**Sat 7:00PM Clean and Serene Blytheville**, 107 W Main St, Blytheville, AR, 72315 (O,D)

## BONO

**Sun 5:30PM Just Say NO**, 239 East College St., Bono, AR, 72416 (O)

**Mon 5:30PM Just Say NO**, 239 East College St., Bono, AR, 72416 (O)

**Fri 5:30PM Just Say NO**, 239 East College St., Bono, AR, 72416 (O)

**Sat 5:30PM Just Say NO**, 239 East College St., Bono, AR, 72416 (O)

## BRYANT

**Sat 4:00PM Without Parallel**, Graceway Baptist Church, 604 S. Reynolds Road, Bryant, AR, 72022 (C,D) *Building 3, Upstairs*

## CABOT

**Sun 5:00PM Who We Are Group**, Cabot United Methodist Church, 2003 S. Pine St., Cabot, AR, 72023 (O,D,WC) *Pull into the "Sanctuary" side of building, enter through first door on the right, and meeting is the first door on the right.*

**Mon 6:30PM Seeking Solutions Group**, Grace Fellowship Church, 601 W. Elm St, Cabot, AR, 72023 (O,D) *behind Bank of the Ozarks* behind Bank of Ozarks

**Tue 7:30PM Who We Are Group**, Cabot United Methodist Church, 2003 S. Pine St., Cabot, AR, 72023 (O,WC) *Pull into the "Sanctuary" side of building, enter through first door on the right, and meeting is the first door on the right.*

**Thu 6:30PM Who We Are Group**, Cabot United Methodist Church, 2003 S. Pine St., Cabot, AR, 72023 (O,D,WC) *Pull into the "Sanctuary" side of building, enter through first door on the right, and meeting is the first door on the right.*

**Thu 7:30PM Who We Are Group**, Cabot United Methodist Church, 2003 S. Pine St., Cabot, AR, 72023 (O,WC) *Pull into the "Sanctuary" side of building, enter through first door on the right, and meeting is the first door on the right.*

**Fri 7:30PM Who We Are Group**, Cabot United Methodist Church, 2003 S. Pine St., Cabot, AR, 72023 (O,WC,LT) *Pull into the "Sanctuary" side of building, enter through first door on the right, and meeting is the first door on the right.*

## CAMDEN

**Sun 6:00PM Living Clean Group**, 805 Monroe Avenue, Camden, AR, 71701 (O,D,W,WC)

**Mon NOON Living Clean Group**, 805 Monroe Avenue, Camden, AR, 71701 (O,D,WC)

**Tue 8:00PM Living Clean Group**, 805 Monroe Avenue, Camden, AR, 71701 (O,D,WC)

**Wed NOON Living Clean Group**, 805 Monroe Avenue, Camden, AR, 71701 (O,D,WC)

**Wed 8:00PM Living Clean Group**, 805 Monroe Avenue, Camden, AR, 71701 (O,BT,WC)

**Thu 8:00PM Living Clean Group**, 805 Monroe Avenue, Camden, AR, 71701 (O,BT,WC)

**Fri NOON Living Clean Group**, 805 Monroe Avenue, Camden, AR, 71701 (O,D,WC)

**Sat 8:00PM Living Clean Group**, 805 Monroe Avenue, Camden, AR, 71701 (O,CL,D,WC) Birthday last Saturday with meal at 6:30pm before meeting

## CLARKSVILLE

**Mon 7:00PM Easy Does It Group**, 2424 West Clark Rd., Clarksville, AR, 72830 (O,BT,WC)

**Fri 7:00PM Easy Does It Group**, 2424 West Clark Rd., Clarksville, AR, 72830 (O,WC) *Last Friday of the Month - Meets at 6pm to eat, followed by the regular meeting at 7pm*

## CLINTON

**Sun 7:00PM Common Bond Group**, White House, 423 Poplar Street, Clinton, AR, 72031 (O,D,WC) *Nearest Cross Street is Don Crow*

**Thu 7:00PM Common Bond Group**, White House, 423 Poplar Street, Clinton, AR, 72031 (O,D,WC) *Nearest Cross Street is Don Crow*

## CONWAY

**Mon 6:30PM One Disease One Program Group**, 925 Mitchell Street, Conway, AR, 72034 (O,WC,HY) *Room 3* (In-Person & Zoom) https://zoom.us/j/8168970027 PW: ODOP

## CONWAY (CONT)

**Mon 7:00PM Vision of Hope Group**, 1018 Salem Road, Conway, AR, 72034 (O,D,WC)

**Tue NOON Vision of Hope Group**, 1018 Salem Road, Conway, AR, 72034 (O,D,WC)

**Tue 7:00PM Vision of Hope Group**, 1018 Salem Road, Conway, AR, 72034 (O,WC,LT)

**Wed 6:30PM One Disease One Program Group**, 925 Mitchell Street, Conway, AR, 72034 (O,WC,HY) *Room 3* (In-Person & Zoom) https://zoom.us/j/8168970027 PW: ODOP

**Thu 7:00PM Vision of Hope Group**, 1018 Salem Road, Conway, AR, 72034 (O,D,WC)

**Fri 6:30PM One Disease One Program Group**, 925 Mitchell Street, Conway, AR, 72034 (O,WC,LT,HY) *Room 3* (In-Person & Zoom) https://zoom.us/j/8168970027 PW: ODOP

**Fri 7:00PM Vision of Hope Group**, 1018 Salem Road, Conway, AR, 72034 (O,CL,D,WC)

**Sat 7:00PM Vision of Hope Group**, 1018 Salem Road, Conway, AR, 72034 (O,CL,D,WC)

## CORNING

**Tue 6:30PM Hugs not Drugs Group**, Wynn Park, Highway 67 West, Corning, AR, 72422 (C,D)

## DARDANELLE

**Mon 7:00PM New Start Group**, Church of Christ, 209 Union St., Dardanelle, AR, 72834 (O,WC)

**Tue 7:00PM New Start Group**, Church of Christ, 209 Union, Dardanelle, AR, 72834 (O,D,WC)

**Thu 8:00PM New Start Group**, Church of Christ, 209 Union, Dardanelle, AR, 72834 (O,D,WC)

## DEVALLS BLUFF

**Tue 7:00PM White River Recovery Group**, DeValls Bluff City Hall, 977 East Cypress, DeValls Bluff, AR, 72041 (O,D,WC)

## DEWITT

**Mon 7:00PM Community Group**, Community Center, Park Drive, DeWitt, AR, 72042 (O,CL,D,WC)

## EL DORADO

**Sun 7:00PM Clean and Serene Group**, 1513 Champagnolle Road, El Dorado, AR, 71730

**Wed 7:00PM Clean and Serene Group**, 1513 Champagnolle Road, El Dorado, AR, 71730

**Sat 7:00PM Clean and Serene Group**, 1513 Champagnolle Road, El Dorado, AR, 71730

## EUREKA SPRINGS

**Mon 5:30PM No Matter What**, First Christian Church, 763 Passion Play Rd., Eureka Springs, AR, 72632 (O,D,WC) *(entrance in the back)*

**Wed 5:30PM No Matter What**, First Christian Church, 763 Passion Play Rd., Eureka Springs, AR, 72632 (O,D,IW,WC) *(entrance in the back)*

**Thu 5:30PM No Matter What**, First Christian Church, 763 Passion Play Rd., Eureka Springs, AR, 72632 (O,D,WC) *(entrance in the back)*

**Fri 5:30PM No Matter What**, Coffee Pot Club House, 103 Stadium Rd, Eureka Springs, AR, 72632 (O,B,IW,RF,SG,WC) 1st 2 weeks Step Study, 3rd week How & Why, 4th week Birthday night

**Sat 7:00PM No Matter What**, Coffee Pot Club House, 103 Stadium Rd, Eureka Springs, AR, 72632 (O,D,SPK,WC) outside or Biz meeting room

## FAYETTEVILLE

**Sun 1:00PM New Life Group**, Alano Club Building, 568 West Sycamore, Fayetteville, AR, 72703 (O,D,WC,CC) 2nd Sunday Group Conscience at 2:15pm; Speaker every 3rd Sunday

**Mon NOON New Life Group**, Alano Club Building, 568 West Sycamore, Fayetteville, AR, 72703 (O,BT,D,WC,LT)

**Tue 7:00PM New Life Group**, Alano Club Building, 568 West Sycamore, Fayetteville, AR, 72703 (O,D,WC,CC)

**Wed NOON New Life Group**, Alano Club Building, 568 West Sycamore, Fayetteville, AR, 72703 (O,D,JT,WC,LT)

**Wed 7:30PM Final Frontier Group**, 682 S Lt Col Leroy Pond Ave, Fayetteville, AR, 72701 (O,WC,LT)

**Thu 7:00PM New Life Group**, Alano Club Building, 568 West Sycamore, Fayetteville, AR, 72703 (O,D,WC,CC)

**Fri NOON New Life Group**, Alano Club Building, 568 West Sycamore, Fayetteville, AR, 72703 (O,D,WC,LT,SPAD)

**Fri 7:00PM F.N. Serene**, 203 College Ave, Fayetteville, AR, 72701 (O,D) *use door at SE end of Bldg*

**Fri 10:00PM New Life Group**, Alano Club Building, 568 West Sycamore, Fayetteville, AR, 72703 (O,CL,D,WC)

**Sat 7:00PM New Life Group**, Alano Club Building, 568 West Sycamore, Fayetteville, AR, 72703 (O,WC,CC)

## FLIPPIN

**Tue 7:00PM Full Circle Group**, 1131 East Main Street, Flippin, AR, 72634 (O,D,WC)

## FORDYCE

**Tue 8:00PM Fordyce K.I.S. Group**, Solid Rock Missionary Baptist Church, 100 Main Street, Fordyce, AR, 71742 (O)

**Thu 8:00PM Fordyce K.I.S. Group**, Solid Rock Missionary Baptist Church, 100 Main Street, Fordyce, AR, 71742 (O)

## FORREST CITY

**Wed 7:00PM Daily Reprieve Group**, 400 Hill Avenue, Forrest City, AR, 72335 (WC,NS)

## FORT SMITH

**Sun 7:00AM Straight Forward Group**, 422 N. Greenwood Ave., Fort Smith, AR, 72901 (O,CS) Downstairs

**Sun NOON Grateful Heads Group**, 1321 Knoxville Street, Fort Smith, AR, 72901 (O,CS)

**Sun NOON Straight Forward Group**, 422 N. Greenwood Ave., Fort Smith, AR, 72901 (O,CS) Downstairs

**Sun 6:30PM Grateful Heads Group**, 1321 Knoxville Street, Fort Smith, AR, 72901 (O,CL,D)

**Sun 8:00PM Straight Forward Group**, 422 N. Greenwood Ave., Fort Smith, AR, 72901 (O,CL,CS) Downstairs

**Mon NOON Grateful Heads Group**, 1321 Knoxville Street, Fort Smith, AR, 72901 (O,CS)

**Mon NOON Straight Forward Group**, 422 N. Greenwood Ave., Fort Smith, AR, 72901 (O,CS) Downstairs

**Mon 6:00PM RAW Group**, 422 N. Greenwood Ave, Fort Smith, AR, 72901 (O,IW) Upstairs meeting, no wheelchair access

**Mon 6:30PM Grateful Heads Group**, 1321 Knoxville Street, Fort Smith, AR, 72901 (O,CS)

**Mon 8:00PM Straight Forward Group**, 422 N. Greenwood Ave., Fort Smith, AR, 72901 (O,BK) Downstairs

**Tue NOON Grateful Heads Group**, 1321 Knoxville Street, Fort Smith, AR, 72901 (O,CS)

**Tue NOON Straight Forward Group**, 422 N. Greenwood Ave., Fort Smith, AR, 72901 (O,CS) Downstairs

**Tue 6:00PM Yellow Frogs Resurrection**, 422 N. Greenwood Ave., Fort Smith, AR, 72901 (O,D) Downstairs

## FORT SMITH (CONT)

**Tue 6:30PM Grateful Heads Group**, 1321 Knoxville Street, Fort Smith, AR, 72901 (O,CS)

**Tue 8:00PM Straight Forward Group**, 422 N. Greenwood Ave., Fort Smith, AR, 72901 (O,CS,SG,St,BK) Downstairs

**Wed NOON Grateful Heads Group**, 1321 Knoxville Street, Fort Smith, AR, 72901 (O)

**Wed NOON Straight Forward Group**, 422 N. Greenwood Ave., Fort Smith, AR, 72901 (O,CS) Downstairs

**Wed 6:00PM RAW Group**, 422 N. Greenwood Ave, Fort Smith, AR, 72901 (O,SG) Upstairs meeting, no wheelchair access

**Wed 6:30PM Grateful Heads Group**, 1321 Knoxville Street, Fort Smith, AR, 72901 (O)

**Wed 8:00PM Straight Forward Group**, 422 N. Greenwood Ave., Fort Smith, AR, 72901 (O,CS) Downstairs

**Thu NOON Grateful Heads Group**, 1321 Knoxville Street, Fort Smith, AR, 72901 (O,D,Sm)

**Thu NOON Straight Forward Group**, 422 N. Greenwood Ave., Fort Smith, AR, 72901 (O,D) Downstairs

**Thu 6:00PM RAW Group**, 422 N. Greenwood Ave, Fort Smith, AR, 72901 (O,LT) Step writing or sponsor assignment for first 35 minutes, followed by open sharing. Upstairs meeting, no wheelchair access

**Thu 6:30PM Grateful Heads Group**, 1321 Knoxville Street, Fort Smith, AR, 72901 (O,D,Sm)

**Thu 8:00PM Straight Forward Group**, 422 N. Greenwood Ave., Fort Smith, AR, 72901 (O,CS,Tr) Downstairs

**Fri NOON Grateful Heads Group**, 1321 Knoxville Street, Fort Smith, AR, 72901 (O)

**Fri NOON Straight Forward Group**, 422 N. Greenwood Ave., Fort Smith, AR, 72901 (O,IW) Downstairs

**Fri 6:30PM Grateful Heads Group**, 1321 Knoxville Street, Fort Smith, AR, 72901 (O)

**Fri 8:00PM Straight Forward Group**, 422 N. Greenwood Ave., Fort Smith, AR, 72901 (O,CS,SD) Downstairs

**Sat 7:00AM Straight Forward Group**, 422 N. Greenwood Ave., Fort Smith, AR, 72901 (O) Downstairs

**Sat NOON Grateful Heads Group**, 1321 Knoxville Street, Fort Smith, AR, 72901 (O)

**Sat NOON Straight Forward Group**, 422 N. Greenwood Ave., Fort Smith, AR, 72901 (O,D) Downstairs

**Sat 6:00PM Yellow Frogs Resurrection**, 422 N. Greenwood Ave., Fort Smith, AR, 72901 (O,D) Downstairs

**Sat 6:30PM Grateful Heads Group**, 1321 Knoxville Street, Fort Smith, AR, 72901 (O)

**Sat 8:00PM Straight Forward Group**, 422 N. Greenwood Ave., Fort Smith, AR, 72901 (O,CS) Downstairs

## FT. SMITH

**Thu 2:00PM Hope Lives Here**, 301 S. E St., Ft. Smith, AR, 72901 (O)

## GASSVILLE

**Wed 7:00PM Just for Today Group**, Riverside Church Of Christ, 190 Whitaker Lane, Gassville, AR, 72635 (O,WC,BK)

## GLENCOE

**Wed 8:00PM Farm Group**, Horseshoe Bend, Glencoe, AR, 72539 (O)

## GREENBRIER

**Wed 7:00PM Living Clean and Free**, the Club @ Springhill, 675 US-65, Greenbrier, AR, 72058 (O)

## GREENWOOD

**Tue 6:00PM Nunya Bidness Group**, Asbury Church, 25 W. El Paso St., Greenwood, AR, 72936 (O) *Small building in back of the parking lot*

**Fri 6:00PM Nunya Bidness Group**, Asbury Church, 25 W. El Paso St., Greenwood, AR, 72936 (O) *Small building in back of the parking lot*

## GURDON

**Tue 7:00PM The Phoenix Group**, 107 N Ninth St., Gurdon, AR, 71743

## HARRISON

**Sun 8:00PM A Way of Life (AWOL) Group**, 1313 Highway 62 North, Suite E, Harrison, AR, 72601 (O,D,WC)

**Mon NOON A Way of Life (AWOL) Group**, 1313 Highway 62 North, Suite E, Harrison, AR, 72601 (O,WC,CC)

**Mon 7:00PM A Way of Life (AWOL) Group**, 1313 Highway 62 North, Suite E, Harrison, AR, 72601 (O,B,WC)

**Tue 8:00AM A Way of Life (AWOL) Group**, 1313 Highway 62 North, Suite E, Harrison, AR, 72601 (O,D,WC)

**Tue 8:00PM A Way of Life (AWOL) Group**, 1313 Highway 62 North, Suite E, Harrison, AR, 72601 (O,D,WC)

**Wed 8:00AM A Way of Life (AWOL) Group**, 1313 Highway 62 North, Suite E, Harrison, AR, 72601 (O,D,WC)

**Wed NOON A Way of Life (AWOL) Group**, 1313 Highway 62 North, Suite E, Harrison, AR, 72601 (O,D,WC)

**Wed 6:00PM A Way of Life (AWOL) Group**, 1313 Highway 62 North, Suite E, Harrison, AR, 72601 (C,St,WC)

**Thu NOON A Way of Life (AWOL) Group**, 1313 Highway 62 North, Suite E, Harrison, AR, 72601 (O,D,WC)

**Thu 6:30PM A Way of Life (AWOL) Group**, 1313 Highway 62 North, Suite E, Harrison, AR, 72601 (O,WC,BK)

**Fri 8:00AM A Way of Life (AWOL) Group**, 1313 Highway 62 North, Suite E, Harrison, AR, 72601 (O,D,WC)

**Fri NOON A Way of Life (AWOL) Group**, 1313 Highway 62 North, Suite E, Harrison, AR, 72601 (O,D,WC)

**Fri 5:30PM Women of Hope**, 720 W Stephenson Ave, Harrison, AR, 72601 (C,D,To,W) WOMEN ONLY

**Fri 8:00PM A Way of Life (AWOL) Group**, 1313 Highway 62 North, Suite E, Harrison, AR, 72601 (O,D,WC)

**Fri 8:00PM A Way of Life (AWOL) Group**, 1313 Highway 62 North, Suite E, Harrison, AR, 72601 (O,D,WC)

**Sat NOON A Way of Life (AWOL) Group**, 1313 Highway 62 North, Suite E, Harrison, AR, 72601 (O,D,WC)

**Sat 8:00PM A Way of Life (AWOL) Group**, 1313 Highway 62 North, Suite E, Harrison, AR, 72601 (O,D,WC)

## HEBER SPRINGS

**Mon 7:00PM Seeking Serenity Group**, First United Methodist Church, 1099 West Pine Street, Heber Springs, AR, 72543 (O,B,D,WC) *Across the street from the high school*

**Thu 7:00PM Seeking Serenity Group**, First United Methodist Church, 1099 West Pine Street, Heber Springs, AR, 72543 (O,B,D,WC) *Across the street from the high school*

## HELENA

**Wed 7:00PM New Image Group**, Phillips County Chamber of Commerce, 111 Hickory Hills Drive, Helena, AR, 72342 (O,D,WC)

## HIGDEN

**Tue 7:00PM Courage to Change Group**, First Presbyterian Church, 49 Devil's Fork Road, Higden, AR, 72067 (O,D)

## HIWASSE

**Wed 5:30PM Warriors Way Group**, Veterans Motel, 13597 West Highway 72, Hiwasse, AR, 72739 (O,B,D,WC)

## HOPE

**Sun 6:00PM A New Hope**, 401 South Washington, Hope, AR, 71801 (To)

**Mon 6:00PM A New Hope**, 401 South Washington, Hope, AR, 71801 (To)

**Thu 7:00PM House of Hope**, 301 S. Elm St, Hope, AR, 71801 (O,D,WC)

**Sat 6:00PM A New Hope**, 401 South Washington, Hope, AR, 71801 (SG)

## HOT SPRINGS

**Sun 2:00PM Genesis Group**, 2200 Airport Road, Hot Springs, AR, 71913 (O,D)

**Sun 5:30PM Simplicity Revealed**, 871 Whittington Ave., Hot Springs, AR, 71901 (O,WC,BK)

**Sun 6:00PM SOS Group**, 1806 Central Ave., Hot Springs, AR, 71901 (O,D,WC)

**Sun 6:00PM Square Peg Round Hole Group**, 2200 Airport Road, Hot Springs, AR, 71913 (O,D)

**Sun 7:00PM The Nature of Recovery**, 871 Whittington Ave., Hot Springs, AR, 71901 (D,WC,BK,NS,LT)

**Sun 7:00PM The Nature of Recovery**, 871 Whittington Ave., Hot Springs, AR, 71901 (D,BK,NS,LT)

**Sun 8:00PM Square Peg Round Hole Group**, 2200 Airport Road, Hot Springs, AR, 71913 (O,D)

**Mon NOON Genesis Group**, 2200 Airport Road, Hot Springs, AR, 71913 (O,D)

**Mon 6:00PM SOS Group**, 1806 Central Ave., Hot Springs, AR, 71901 (O,D,WC)

**Mon 6:00PM SOS Group**, 1806 Central Ave., Hot Springs, AR, 71901 (O,D,WC)

**Mon 6:00PM Square Peg Round Hole Group**, 2200 Airport Road, Hot Springs, AR, 71913 (O,D)

**Mon 7:00PM The Nature of Recovery**, 871 Whittington Ave., Hot Springs, AR, 71901 (D,WC,BK,NS,LT)

**Mon 7:00PM The Nature of Recovery**, 871 Whittington Ave., Hot Springs, AR, 71901 (D,WC,BK,NS,LT)

**Mon 8:00PM Square Peg Round Hole Group**, 2200 Airport Road, Hot Springs, AR, 71913 (O,To)

**Tue NOON Genesis Group**, 2200 Airport Road, Hot Springs, AR, 71913 (O,D)

**Tue 6:00PM SOS Group**, 1806 Central Ave., Hot Springs, AR, 71901 (O,D,WC)

**Tue 6:00PM Square Peg Round Hole Group**, 2200 Airport Road, Hot Springs, AR, 71913 (O,D)

**Tue 7:00PM Spiritual Principles Group**, Rector Heights Baptist Church, 116 Masters Place, Hot Springs, AR, 71913 (O,D,WC)

**Tue 7:00PM Spiritual Principles Group**, Rector Heights Baptist Church, 116 Masters Place, Hot Springs, AR, 71913 (O,D,WC)

**Tue 8:00PM Square Peg Round Hole Group**, 2200 Airport Road, Hot Springs, AR, 71913 (O,D)

**Wed NOON Genesis Group**, 2200 Airport Road, Hot Springs, AR, 71913 (O,D)

**Wed 6:00PM SOS Group**, 1806 Central Ave., Hot Springs, AR, 71901 (O,JT,WC)

**Wed 6:00PM SOS Group**, 1806 Central Ave., Hot Springs, AR, 71901 (O,BT,WC)

## HOT SPRINGS (CONT)

**Wed 6:00PM Square Peg Round Hole Group**, 2200 Airport Road, Hot Springs, AR, 71913 (O,D)

**Wed 7:00PM The Nature of Recovery**, 871 Whittington Ave., Hot Springs, AR, 71901 (D,WC,BK,NS,LT)

**Wed 8:00PM Square Peg Round Hole Group**, 2200 Airport Road, Hot Springs, AR, 71913 (O,D)

**Thu NOON Genesis Group**, 2200 Airport Road, Hot Springs, AR, 71913 (O,D)

**Thu 6:00PM SOS Group**, 1806 Central Ave., Hot Springs, AR, 71901 (O,BT,WC)

**Thu 6:00PM Square Peg Round Hole Group**, 2200 Airport Road, Hot Springs, AR, 71913 (O,D)

**Thu 7:00PM Spiritual Principles Group**, Rector Heights Baptist Church, 116 Masters Place, Hot Springs, AR, 71913 (O,D,WC)

**Thu 8:00PM Square Peg Round Hole Group**, 2200 Airport Road, Hot Springs, AR, 71913 (O,D)

**Fri NOON Genesis Group**, 2200 Airport Road, Hot Springs, AR, 71913 (O,D)

**Fri 6:00PM SOS Group**, 1806 Central Ave., Hot Springs, AR, 71901 (O,D,WC)

**Fri 6:00PM Square Peg Round Hole Group**, 2200 Airport Road, Hot Springs, AR, 71913 (O,D)

**Fri 7:00PM The Nature of Recovery**, 871 Whittington Ave., Hot Springs, AR, 71901 (D,WC,BK,NS,LT)

**Fri 8:00PM Square Peg Round Hole Group**, 2200 Airport Road, Hot Springs, AR, 71913 (O,D)

**Sat NOON Genesis Group**, 2200 Airport Road, Hot Springs, AR, 71913 (O,D)

**Sat 6:00PM SOS Group**, 1806 Central Ave., Hot Springs, AR, 71901 (O,D,WC)

**Sat 6:00PM Square Peg Round Hole Group**, 2200 Airport Road, Hot Springs, AR, 71913 (O,D)

**Sat 7:00PM Spiritual Principles Group**, Rector Heights Baptist Church, 116 Masters Place, Hot Springs, AR, 71913 (O,D,WC) Eat & Meet at 6pm

**Sat 7:00PM Spiritual Principles Group**, Rector Heights Baptist Church, 116 Masters Place, Hot Springs, AR, 71913 (O,D,WC)

**Sat 8:00PM Square Peg Round Hole Group**, 2200 Airport Road, Hot Springs, AR, 71913 (O,D)

## HUNTSVILLE

**Tue 6:00PM A Dose of Recovery**, Open Arms Pregnancy Center, 400 West St, Huntsville, AR, 72740 (O,D,WC,BK)

## JONESBORO

**Sun 1:00PM Cope Without Dope Group**, 2114 North Church, Jonesboro, AR, 72401 (C,D,WC)

**Sun 3:30PM Primary Purpose Group**, Divine Intervention, 2222 Spence Circle, Jonesboro, AR, 72401 (O,D,WC)

**Sun 7:00PM Cope Without Dope Group**, 2114 North Church, Jonesboro, AR, 72401 (O,WC,LT)

**Mon NOON Cope Without Dope Group**, 2114 North Church, Jonesboro, AR, 72401 (O,D,WC)

**Mon 7:00PM Cope Without Dope Group**, 2114 North Church, Jonesboro, AR, 72401 (C,D,WC)

**Tue NOON Cope Without Dope Group**, 2114 North Church, Jonesboro, AR, 72401 (O,D,WC)

**Tue 7:00PM Cope Without Dope Group**, 2114 North Church, Jonesboro, AR, 72401 (C,O,D,WC)

**Tue 7:00PM Primary Purpose Group**, Divine Intervention, 2222 Spence Circle, Jonesboro, AR, 72401 (O,D,WC)

## JONESBORO (CONT)

**Wed NOON Cope Without Dope Group**, 2114 North Church, Jonesboro, AR, 72401 (O,D,WC)

**Wed 7:00PM Cope Without Dope Group**, 2114 North Church, Jonesboro, AR, 72401 (C,D,WC)

**Thu NOON Cope Without Dope Group**, 2114 North Church, Jonesboro, AR, 72401 (O,D,WC)

**Thu 7:00PM Cope Without Dope Group**, 2114 North Church, Jonesboro, AR, 72401 (C,O,D,WC)

**Thu 7:00PM Primary Purpose Group**, Divine Intervention, 2222 Spence Circle, Jonesboro, AR, 72401 (C,D,WC)

**Fri NOON Cope Without Dope Group**, 2114 North Church, Jonesboro, AR, 72401 (O,D,WC)

**Fri 7:00PM Cope Without Dope Group**, 2114 North Church, Jonesboro, AR, 72401 (C,D,WC)

**Fri 7:00PM Primary Purpose Group**, Divine Intervention, 2222 Spence Circle, Jonesboro, AR, 72401 (C,CL,D,WC) 4th Friday of the month meets at 8:30pm

**Fri 8:30PM Primary Purpose Group**, Divine Intervention, 2222 Spence Circle, Jonesboro, AR, 72401 (C,CL,D,WC) LAST FRIDAY OF THE MONTH ONLY

**Sat 8:00AM Cope Without Dope Men's Group**, 3721 E Johnson Ave., Jonesboro, AR, 72401 (M,WC) *Fat City Grill*

**Sat 9:15AM Cope Without Dope Women's Group**, 3721 E Johnson Ave., Jonesboro, AR, 72401 (W,WC) *Fat City Grill*

**Sat NOON Cope Without Dope Group**, 2114 North Church, Jonesboro, AR, 72401 (O,D,WC)

**Sat 7:00PM Cope Without Dope Group**, 2114 North Church, Jonesboro, AR, 72401 (C,D,WC)

## LITTLE ROCK

**Sun 10:30AM Man Up**, Recovery Central, 1305 West Markham Street, Little Rock, AR, 72201 (M)

**Sun NOON Recovery in the Daylight Group**, Recovery Central, 1305 West Markham Street, Little Rock, AR, 72201 (O,D,WC)

**Sun 4:00PM The Women's Group**, Recovery Central, 1305 West Markham Street, Little Rock, AR, 72201 (O,W) WOMEN ONLY - Meets 1st & 2nd Sunday of month

**Sun 5:30PM Alive & Free Group**, Recovery Central, 1305 West Markham Street, Little Rock, AR, 72201 (LT)

**Mon NOON Recovery in the Daylight Group**, Recovery Central, 1305 West Markham Street, Little Rock, AR, 72201 (O,BT,WC)

**Mon 5:30PM Living Clean Group**, Central Church of Christ Annex Building, 823 West 6th Street, Little Rock, AR, 72201 (O,WC,LT)

**Mon 7:00PM Just for Today Group**, Bingham Road Baptist Church, 923 W. Bingham Road, Little Rock, AR, 72206

**Mon 7:30PM Together We Can Group**, Recovery Central, 1305 West Markham Street, Little Rock, AR, 72201 (O,D,WC)

**Tue NOON Recovery in the Daylight Group**, Recovery Central, 1305 West Markham Street, Little Rock, AR, 72201 (O,BT,WC)

**Tue 7:30PM Together We Can Group**, Recovery Central, 1305 West Markham Street, Little Rock, AR, 72201 (O,D,WC)

**Wed NOON Recovery in the Daylight Group**, Recovery Central, 1305 West Markham Street, Little Rock, AR, 72201 (O,D,WC)

**Wed 5:30PM Living Clean Group**, Central Church of Christ Annex Building, 823 West 6th Street, Little Rock, AR, 72201 (O,D,WC)

## LITTLE ROCK (CONT)

**Wed 7:30PM It Works How & Why Group**, Recovery Central, 1305 West Markham Street, Little Rock, AR, 72201 (O,St,WC)

**Wed 7:30PM Regardless of Age Group**, Unitarian Universalist Church, 1818 Reservoir Road, Little Rock, AR, 72227 (O,WC,BK)

**Thu NOON Recovery in the Daylight Group**, Recovery Central, 1305 West Markham Street, Little Rock, AR, 72201 (O,D,WC)

**Thu 7:30PM Clean & Serene Group**, Recovery Central, 1305 West Markham Street, Little Rock, AR, 72201 (O,WC)

**Fri NOON Recovery in the Daylight Group**, Recovery Central, 1305 West Markham Street, Little Rock, AR, 72201 (O,D,WC)

**Fri 5:30PM Living Clean Group**, Central Church of Christ Annex Building, 823 West 6th Street, Little Rock, AR, 72201 (O,D,WC) Speaker first Friday of the month; Birthday celebration last Friday of the month

**Fri 7:30PM Clean & Serene Group**, Recovery Central, 1305 West Markham Street, Little Rock, AR, 72201 (C,CL,WC)

**Fri 9:30PM Regardless of Age Group**, Unitarian Universalist Church, 1818 Reservoir Road, Little Rock, AR, 72227 (O,To,WC)

**Sat 9:00AM Veterans in Recovery Group**, Recovery Central, 1305 West Markham Street, Little Rock, AR, 72201 (C,D,WC,CN)

**Sat NOON Recovery in the Daylight Group**, Recovery Central, 1305 West Markham Street, Little Rock, AR, 72201 (O,D,WC)

**Sat 6:30PM Rainbow Recovery Group**, Recovery Central, 1305 West Markham Street, Little Rock, AR, 72201 (O,LGBT,WC)

**Sat 8:00PM Alive & Free Group**, Recovery Central, 1305 West Markham Street, Little Rock, AR, 72201 (CL)

## MALVERN

**Tue 6:00PM Recovery Connection Group**, 104 N. Main, Malvern, AR, 72104 (O,D,WC)

## MENA

**Mon 7:00PM New Ways in Action Group**, The Crossings, 104 Mena Street, Mena, AR, 71953 (O,BT,WC)

**Wed NOON New Ways in Action Group**, The Crossings, 104 Mena Street, Mena, AR, 71953 (O,BT,WC)

**Thu 7:00PM New Ways in Action Group**, The Crossings, 104 Mena Street, Mena, AR, 71953 (O,D,WC)

**Fri 7:00PM New Ways in Action Group**, The Crossings, 104 Mena Street, Mena, AR, 71953 (O,CL,WC)

**Sat 7:00AM New Ways in Action Group**, The Crossings, 104 Mena Street, Mena, AR, 71953 (O,BT,WC)

## MORRILTON

**Tue 6:00PM The Square Base**, 218 E. Center Street, Morrilton, AR, 72110 (O) *Inside the Coffee Bean*

**Thu 6:00PM The Square Base**, 218 E. Center Street, Morrilton, AR, 72110 (O) *Inside the Coffee Bean*

## MOUNTAIN HOME

**Sun 7:00PM Clean & Serene Group**, 316 East 3rd Street, Mountain Home, AR, 72653 (O,D,WC)

**Mon 7:00PM Clean & Serene Group**, 316 East 3rd Street, Mountain Home, AR, 72653 (O,D,WC)

**Tue 7:00PM Clean & Serene Group**, 316 East 3rd Street, Mountain Home, AR, 72653 (C,BT,WC,BK,LT)

**Thu 7:00PM Clean & Serene Group**, 316 East 3rd Street, Mountain Home, AR, 72653 (O,D,WC)

**Fri 7:00PM Clean & Serene Group**, 316 East 3rd Street, Mountain Home, AR, 72653 (O,D,WC)

**Fri 10:00PM Friday Night Owls**, Holy Transfiguration Church, 292 Co.Rd 390, Mountain Home, AR, 72653 (O,CL)

## MOUNTAIN HOME (CONT)

**Sat 7:00PM Clean & Serene Group**, 316 East 3rd Street, Mountain Home, AR, 72653 (O,D,WC)

## MT. IDA

**Wed 7:00PM What a Change NA Meeting**, The Annex Building-Room 310, 117 Ray Dr, Mt. Ida, AR, 71957 (O,BT,D,To,WC)

## MURFREESBORO

**Sun 5:30PM Just For Today Group**, Murfreesboro Community Building, Main Street, Murfreesboro, AR, 71958 (O,WC)

**Tue 7:30PM Just For Today Group**, Murfreesboro Community Building, Main Street, Murfreesboro, AR, 71958 (C)

## NASHVILLE

**Mon 7:00PM Living Reality Group**, American Legion Hut, 301 West Dodson Street, Nashville, AR, 71852 (O)

**Tue 7:00PM Living Reality Group**, American Legion Hut, 301 West Dodson Street, Nashville, AR, 71852 (O)

**Thu 7:00PM Living Reality Group**, American Legion Hut, 301 West Dodson Street, Nashville, AR, 71852 (O)

## NORTH CROSSETT

**Mon 7:00PM Just for Today Group**, 1023 Hwy. 133 North, North Crossett, AR, 71635 (O,D,WC)

**Thu 7:00PM Just for Today Group**, 1023 Hwy. 133 North, North Crossett, AR, 71635 (O,D,WC)

## NORTH LITTLE ROCK

**Sun 7:30PM No Matter What Group**, Levy United Methodist Church, 701 W. 47th, North Little Rock, AR, 72118 (O)

**Thu 7:30PM No Matter What Group**, Levy United Methodist Church, 701 W. 47th, North Little Rock, AR, 72118 (O)

## OSCEOLA

**Tue 7:00PM New Beginnings Group**, NEACCC, 1351 Cyro Road, Osceola, AR, 72370 (O,D)

**Thu 7:00PM New Beginnings Group**, NEACCC, 1351 Cyro Road, Osceola, AR, 72370 (O,St)

## PARAGOULD

**Mon 6:00PM Freedom Fighters Group**, Center Hill First Baptist Church, 4211 W. Kings Highway, Paragould, AR, 72450 (O,D,WC)

**Tue 6:00PM Freedom Fighters Group**, Grace United, 1410 AR-135, Paragould, AR, 72450 (O,D,WC)

**Sat 8:00PM Greene County Clean A.I.R. Group**, Griffin Memorial United Methodist Church, 524 East Court Street, Paragould, AR, 72450 (O,D,To)

## PERRYVILLE

**Thu 6:00PM Perryville County Recovery**, 214 South Pine Street, Perryville, AR, 72126 (O,St)

**Fri 6:00PM Perryville County Recovery**, 214 South Pine Street, Perryville, AR, 72126 (O,St)

**Sat 2:00PM Perryville County Recovery**, 214 South Pine Street, Perryville, AR, 72126 (O,St)

## PINE BLUFF

**Sat 1:00PM No Matter What Group**, Family Community Development Center, 1001 North Palm Street, Pine Bluff, AR, 71601 (O,CC)

## POCAHONTAS

**Mon 7:00PM Try Not High Group**, West Ridge Church of Christ, 3954 US-62, Pocahontas, AR, 72455 (O,D,WC)

**Tue 7:00PM Try Not High Group**, West Ridge Church of Christ, 3954 US-62, Pocahontas, AR, 72455 (O,D,WC)

## POCAHONTAS (CONT)

**Fri 7:00PM Try Not High Group**, West Ridge Church of Christ, 3954 US-62, Pocahontas, AR, 72455 (O,D,WC)

**Sat 7:00PM Try Not High Group**, West Ridge Church of Christ, 3954 US-62, Pocahontas, AR, 72455 (O,D,WC)

## POTEAU

**Thu 7:00PM Hardcore Group**, Court House Annex, 103 Church Street, Poteau, OK, 74953 (O,D,WC)

## ROGERS

**Sun 6:30PM Peaceful Dozen Group**, First United Methodist Church, 307 W. Elm St., Rogers, AR, 72756 (O,D,WC)

**Mon 7:00PM No Fronts (NEW location Nov 2nd)**, First Christian Church, 905 S 13th Street, Rogers, AR, 72758 (O,CS,To,WC,CC) SPEAKER Meeting on 3rd Mon (odd months) Enter Double Doors

**Tue 6:30PM Filling the Void**, 308 North 24th St., Rogers, AR, 72756 (O,BK,NS)

**Tue 6:30PM Peaceful Dozen Group**, First United Methodist Church, 307 W. Elm St., Rogers, AR, 72756 (O,WC,LT)

**Tue 7:00PM Therapeutic Value Women's Meeting**, Lumen Wellness and Recovery, 520 W Poplar, Rogers, AR, 72756 (O,D,W,WC) Last Tues - speaker meeting WOMEN'S MEETING

**Wed 7:30PM Peaceful Dozen Group**, First United Methodist Church, 307 W. Elm St., Rogers, AR, 72756 (O,D,WC) 3rd Wed Group Conscience

**Thu 6:30PM Peaceful Dozen Group**, First United Methodist Church, 307 W. Elm St., Rogers, AR, 72756 (O,D,WC) THURS: meet in basement

**Fri 6:30PM Peaceful Dozen Group**, First United Methodist Church, 307 W. Elm St., Rogers, AR, 72756 (O,B,CL,WC) Birthday night last Fri

**Sat 6:30PM Peaceful Dozen Group**, First United Methodist Church, 307 W. Elm St., Rogers, AR, 72756 (O,D,WC)

## RUSSELLVILLE

**Sun 6:00PM Friends for Freedom Group**, Shiloh Missionary Baptist Church, 4060 N. Arkansas Hwy 7, Russellville, AR, 72801 (O,LT)

**Thu 6:00PM Friends for Freedom Group**, Shiloh Missionary Baptist Church, 4060 N. Arkansas Hwy 7, Russellville, AR, 72801 (O,LT)

## SEARCY

**Sun 7:00PM Recovery Connection Group**, 509 East Race Street #5, Searcy, AR, 72143 (O,D,WC)

**Mon 6:00PM Ties That Bind Group**, 304 N. Main St., Searcy, AR, 72143 (O,HY) (In-Person & Zoom) https://zoom.us/j/7313162142 PW: 601529

**Mon 7:00PM Recovery Connection Group**, 509 East Race Street #5, Searcy, AR, 72143 (O,D,WC)

**Tue 5:00PM Recovery Connection Group**, 509 East Race Street #5, Searcy, AR, 72143 (O,D,M,WC) MEN ONLY

**Tue 7:00PM Recovery Connection Group**, 509 East Race Street #5, Searcy, AR, 72143 (C,WC,LT)

**Wed 7:00PM Recovery Connection Group**, 509 East Race Street #5, Searcy, AR, 72143 (O,D,WC)

**Thu NOON Recovery Connection Group**, 509 East Race Street #5, Searcy, AR, 72143 (C,WC)

**Thu 7:00PM Recovery Connection Group**, 509 East Race Street #5, Searcy, AR, 72143 (C,CL,D,WC) 3rd Thursday of Month is Speaker Meeting;

## SEARCY (CONT)

**Thu 7:30PM Active Change**, Trinity Episcopal Church, 200 N. Elm Street, Searcy, AR, 72143 (O,HY) *Enter through the stairs on the South side. Room 204* (In-Person & Zoom) https://us06web.zoom.us/j/85901691518?pwd=LKSfZQOr8IVPhO8p5OyAt0hf4VRNDi.1

**Fri 7:00PM Recovery Connection Group**, 509 East Race Street #5, Searcy, AR, 72143 (O,D,WC)

**Sat 7:00PM Recovery Connection Group**, 509 East Race Street #5, Searcy, AR, 72143 (O,WC,SPAD)

## SHERIDAN

**Wed 7:00PM Just for Today Group**, 204 North Red Street, Sheridan, AR, 72150

## SHIRLEY

**Tue 8:00PM Just Getting Started Group**, Community Center, Highway 9, Shirley, AR, 72153 (O) *At Main Street*

## SILOAM SPRINGS

**Tue 6:00PM Recovered Warriors**, Borderline Building, 419 South Washington Streen, Siloam Springs, AR, 72761 (O,BK)

## SPRINGDALE

**Sun 8:00PM Livin Clean Group**, Springdale Christian Church, 714 W Huntsville Ave, Springdale, AR, 72764 (O,D)

**Mon 8:00PM Livin Clean Group**, Springdale Christian Church, 714 W Huntsville Ave, Springdale, AR, 72764 (O,D)

**Tue 8:00PM Livin Clean Group**, Springdale Christian Church, 714 W Huntsville Ave, Springdale, AR, 72764 (O,D)

**Wed 8:00PM Livin Clean Group**, Springdale Christian Church, 714 W Huntsville Ave, Springdale, AR, 72764 (O,D)

**Thu 8:00PM Livin Clean Group**, Springdale Christian Church, 714 W Huntsville Ave, Springdale, AR, 72764 (O,D)

**Fri 8:00PM Livin Clean Group**, Springdale Christian Church, 714 W Huntsville Ave, Springdale, AR, 72764 (O,CL,D)

**Sat 8:00PM Livin Clean Group**, Springdale Christian Church, 714 W Huntsville Ave, Springdale, AR, 72764 (O,D)

## VAN BUREN

**Sun 7:00PM New Way Group**, Veteran's of Foreign War Hall, 23 North 20th Street, Van Buren, AR, 72956 (O,CL,D,WC)

**Tue 7:00PM New Way Group**, Veteran's of Foreign War Hall, 23 North 20th Street, Van Buren, AR, 72956 (O,CL,D,WC)

**Thu 7:00PM New Way Group**, Veteran's of Foreign War Hall, 23 North 20th Street, Van Buren, AR, 72956 (O,CL,D,WC)

## VILONIA

**Mon 6:00PM Spirit of Hope Group**, First Baptist Church of Vilonia, 1206 Main Street, Vilonia, AR, 72173 (O,D)

**Tue 6:00PM Spirit of Hope Group**, First Baptist Church of Vilonia, 1206 Main Street, Vilonia, AR, 72173 (O,D)

**Wed 6:00PM Spirit of Hope Group**, First Baptist Church of Vilonia, 1206 Main Street, Vilonia, AR, 72173 (O,D)

**Fri 6:00PM Spirit of Hope Group**, First Baptist Church of Vilonia, 1206 Main Street, Vilonia, AR, 72173 (O,D)

**Sat 6:00PM Spirit of Hope Group**, First Baptist Church of Vilonia, 1206 Main Street, Vilonia, AR, 72173 (O,D)

## VIRTUAL

**Thu 6:00PM Ties That Bind Group**, Virtual, AR, 72143 (O,D,VM) https://zoom.us/j/7313162142 PW: 601529

## WEST MEMPHIS

**Sun 7:00PM No Matter What Group**, Holy Cross Episcopal Church, 209 Park Drive, West Memphis, AR, 72301 (D,WC)

## WYNNE

**Mon 7:00PM RR NA Group**, 116 S. Mississippi St., Wynne, AR, 72396 (D,WC) *Enter around back*

**Thu 7:00PM RR NA Group**, 116 S. Mississippi St., Wynne, AR, 72396 (D,WC) *Enter around back*

## MEETING FORMAT LEGEND

| | | | |
|---|---|---|---|
| LT | Literature Study | B | Beginners |
| BT | Basic Text | C | Closed |
| CL | Candlelight | CS | Children under Supervision |
| D | Discussion | IW | It Works -How and Why |
| JT | Just for Today | M | Men |
| O | Open | RF | Rotating Format |
| SD | Speaker/Discussion | SG | Step Working Guide |
| Sm | Smoking Permitted | SPK | Speaker |
| St | Step | To | Topic |
| Tr | Tradition | W | Women |
| WC | Wheelchair | NS | No Smoking |
| CC | Chairperson's Choice | LGBT | Lesbian,Gay,Bisexual,Transgender |
| BK | Book Study | VM | Virtual Meeting-Online/Phone |
| HY | Hybrid | CN | Common Needs |
| SPAD | A Spiritual Principle a Day | | |

## PHONE NUMBERS

**Regional Website: www.arscna.org**
**Regional Helpline: 888-501-1607**
**Central Arkansas Helpline: 501-373-8683**

## What is our message?

**The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.**

Basic Text, *page 65*

# NARCOTICS ANONYMOUS

## ARKANSAS REGION

## MEETING LIST

## NOVEMBER 2026

**www.arscna.org**
**(888) 501-1607**

### SUGGESTIONS FOR EVERYONE

**DON'T USE. Go to a meeting instead.**
**Go to a meeting even if you used that day.**
**Go to 1 meeting a day, 90 in 90 days.**
**Come to meetings early. Stay late.**
**Get a home group.**
**Avoid people, places, things you used with.**
**Find and use a sponsor.**
**Use the PHONE. Call someone instead of using.**
**Find a Higher Power that is loving, caring, and greater than you are.**
**Read NA Basic Text & NA literature EVERYDAY.**
**Always put your recovery FIRST.**

### KEEP COMING BACK. IT WORKS

**318 Meetings**