11-04-23 1:50PM - RSC meeting began:

Read Twelve Traditions, Twelve Concepts, 1st 2 paragraphs of Tradition 2, Definition and Purpose of Regional Service Committee.

Roll Call by Secretary: Quorum Met RCMs or their Alternates					
ARVANA	Violet A.	Absent			
AWOL	James W	Present			
CENTRAL	Chad S/Destiny P				
CRANA	Kim B/Tina C	Present			
FUACNA	David C/Johnathan				
NWAANA	Wendy B/Crystal S.				
ORACNA	Aaron W./Thorin S.	Present			
Administrative Committee Trusted Servants					
Chair	VACANT	_			
Vice Chair	J.R	Present			
Regional Delegate	Dyanne S.	Withdrawn			
Regional Delegate Alt	Glynn W.	Present			
Secretary	VACANT				
Secretary-in-training	VACANT				
Treasurer	Yvonne S	Present			
Treasurer-in-training	J.R. S	Present			
Standing Subcommittee Chairpersons					
Policy and Procedures	VACANT				
Convention Committee Chair	Charlene S/Dana B	Absent			
Ad Hoc: Guidelines Website Social Media	Alicia A.	Present(Dissolved			
after this meeting)	/ inclu / ii	11636116(1213301164			
Communications Coordinator	VACANT				
Ad Hoc: Inmate Correspondence	Crystal S.	Present			
Au noc. Inmate Correspondence	Crystal 3.	Fresent			
Secretary Report - given by Ashley L. FUACNA made stars nomination not Laurie(Amended previous minutes) Marc S. has withdrawn his nomination for RDA by email sent out.					
Treasurer's Report - (Attached) Beginning Bank Balance \$ minus \$ Actual starting Balance \$ Expenses already cleared include: Deposits already cleared include: Prudent reserve \$ Beginning working Balance \$					
Discussion included: We received 3 letters from ? institution. Kim B had sponsorship behind the walls sent to her personally, and she brought it here.					
RD/RDA Report - (Attached) Discussion included: NA.org motion results and it will download to your device, there 45					

motions. Much discussion about brainstorming, strategic planning, positive shared experience as RDA. Discussion about NA around the world and how the Zonal forum had a diverse amount

of people from all around the world. Discussion about activities and communication workshops they had a Zonal. He was not funded for Detroit, he communicated how difficult that was, he is not looking for funds returned, just communicating that.

David C-had a lot of questions: 6 topics that we are supposed to discuss for the next 2 years. We spent 1000's of dollars to send two people, he request that we hear them and write them in our report.

Glynn discusses and answers questions as best possible.

Alicia helps with more in depth answers about what happened and what was discussed at Zonal.

David expresses that we spend more on RD and RDA funding than any other thing, but it's not doing our area or region any good to spend all the money to travel and go to Zonal if we cannot have the information brought to us here at the Regional meeting. Our outgoing RD was sent to World Service and never showed up to another RSC meeting, which isn't Glynns fault, but it's been 6 months since world and we have no information other than what is online, that is a huge misuse of NA funds. The WSC is very overwhelming, but Region sent you guys as a representation and to bring the info back, not just refer us to the website(NA.org) Much discussion over what the body expects from RD and what we can do to help RD get that information to us. Alicia was informative about table discussions and extended information about various things.

Chad mentions that everything that was asked for was sent in an email.

RCMs or Alternate reports - see attached reports.

ARVANA - Absent

AWOL - Read by James

CENTRAL - Hello from Central Arkansas! CAASCNA is doing well since the last Regional Committee Meeting. The home groups in our area are doing fine, with 1 new meeting that became part of Area at the last meeting. We did recently have a group that is not part of Area quit meeting, Clean at Sunrise that met at Recovery Central. Ozark Mountain High went off without any issues as did Vision of Hope's event, Serene at Petit Jean. The Area Convention was amazing, we had 1,609 years clean time collectively at the clean time count-down. We currently have 11 h&i panels in our area and host a workshop every 2 months. H&I is trying to get a structured panel to ensure attendance. Panels aren't showing up after committing to service but the panel leaders are. Public Relations and Activities Committees are both having their regularly scheduled meetings the second Sunday of the month. Our Area is requesting information from the Regional Committee on a Phone Line Workshop/Joining the Phone Line. We gave a check for \$128.92 to the treasurer for a donation already. Thank-You for allowing me to be of service, Destiny B.

CRANA - We elected new officers for area, H&I is doing well, the women of a homegroup in our area, cope without dope have began the process of creating a women's retreat. We are selling raffle tickets for a trip to Hawaii all expenses paid to raise money to put it on. Our new RCM and RCM Alt, Kim and Tina have all the info for that if you are interested. We have a plan of having it in the beginning ish of next year the date will be announced soon. Cope without dope is having a thanksgiving dinner at 1:00 on thanksgiving and a potluck the day after on Friday as well. There will be a birthday night that night as well celebrating Marc B's clean date. COPE has a speaker meeting the last Saturday of

every month at 7:00. still having regular meetings M-S at 7 and M-S at 12 Sunday at 1, primary Purpose is meeting Tuesday and Thursday at 7 and having a candle light meeting on Friday at 8:30PM. They also have a family game night on the second Saturday of every month at 7:00. Try Not High in Pocahontas has meeting M Tuesday Friday and Saturday at 7, they have a speaker meeting on the third Saturday of every month at 7. Freedom Fighter meeting are still Monday and Tuesday at 6:30 and clean airs candle light meeting is Saturday at 8:00.

FUACNA -

- Number of Groups 5
- H&I Meetings Fridays at 6:00 Arissa Health in Searcy
- PR Activity We recently gave a HIPR presentation at Living Branches
- Other Activities Specific Problems or Situations -
- Update to History of NA in your area- The old Recovery Connection Building was torn down, it was the meeting place for 25 years
- Summary of proposed ideas and projects for WSC -

NWAANA - Wendy asks if anyone would be willing to host a unity workshop for NWA because unity is lacking.

ORACNA -

Break

Old Business

- Motion to remove Dyanne it did not pass, we did not remove her.
- Motion 3: Alicia gave Chad information on how to conduct the inventory of the regional service body. Laurie has resources from other people on how to do this.
- Motion 4: Passed
- Motion 5: See attached report from Audit:
- How to do the recommendations: Have the last reconciliation if its a copy of the
 most recent bank statement account info needs to be redacted before put into the
 minutes to create transparency. Monthly audits to hold the treasurer accountable,
 make sure to always have written reports.
- Kim B says it is important to check how much we were bringing in vs what was on the bank statements, we need to see a written treasurer's report and the bank statement both. So gradually we got off a little at a time because we were not reconciling with the bank. Alicia says if we make sure the statements line up with the bank and have timely deposits we will recognize the discrepancies as soon as they happen.
- Motion 6: David dropped the ball. He is gonna work on it.
- Motion 7 and 8 passed
- Motion 12: Alicia emailed the info, there's an actual mailbox, See attached report.

OPEN SHARE- Ashley brought up the secretary email and that it was difficult to get into, and hard to use. Alicia said she would help with making it easier and changing passwords. Ashley

also said the RCM Form was difficult to transfer from the form to the minutes. Alicia and David discussed removing all forms except the one that was easily transferable to the minutes. Wendy said that communication should be part of the inventory with Chads inventory. Laurie spoke about the next workshop in Searcy having a how to do workshops in our areas? Or do we want an issue discussion topic on revitalizing service committees? Discussion leaned toward How to Do Workshops.

Robbie brought up that he wants to see something being changed, audits and retraining and make sure that gets passed down to areas so that we know that there is proactive change and the guidelines need to be followed.

End of day 1

Closed with 3rd Step Prayer

RSC meeting Resume - DATE @ am w	ith Serenity Prayer	
Roll Call by Secretary: Quorum Met		
RCMs or their Alternates		
ARVANA	Violet A.	Absent
AWOL	James W	Present
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Standing Subcommittee Chairpersons		
Policy and Procedures	VACANT	
Convention Committee Chair	Charlene S/Dana B	Absent
Ad Hoc: Guidelines Website Social Media after this meeting)	Alicia A.	Present(Dissolved
Communications Coordinator	VACANT	
Ad Hoc: Inmate Correspondence	Crystal S.	Present

Admin meeting

RSC meeting Resume -

Ashley made a suggestion to change the order of the day to go ahead with elections so we could proceed with everyone in their elected positions. No objections.

Nominations/Elections of Trusted Servants - Elections:

• Chair - Laurie S Elected

- Secretary Ashley L Elected
- Secretary-In-Training Dannie nominated by Johnathan -
- Treasure-In-Training David D Elected
- Policy and Procedure Star nominated by Alicia
- Communications Coordinator Jennifer B Elected
- RD Glynn W Elected
- RDA Alicia

Discussion included: Much discussion about whether or not motion that allowed Glynn to be elected today is taken into effect when it was passed or after the RSC meeting.

Wendy made a motion to wave guidelines, the intent was to move through with being able to elect an RD today. Went through consensus based procedure, did not pass. Went to paper ballot, 2/3rds voted to waive guidelines, passed.

Star notes that they will be at a convention doing previous commitment and miss the February RSC. Says that if it is a deal breaker that they attend in Feb, they may not be willing to give up the convention.

Star withdrew their nomination as RDA when tied with Alicia

Violette withdrew her willingness for Sec. In Training

Star nominated for Policy and Procedure by Alicia A.

Duties are read.

Star says they don't meet all of the requirements, but they are willing to learn, and accept nomination.

But they reiterate that they will most likely not be here in February RSC.

Secretary in Training duties read

Nominations for Secretary in Training- Dannie, will meet clean time requirements in 20 days. Motion to close nominations, goes back to groups.

Nominations (back to Areas/Groups):

- Secretary-In-Training Dannie nominated by Johnathan
- Policy and Procedure Star nominated by Alicia

Subcommittees - SEE ATTACH REPORTS

- Policy and Procedures VACANT
- Convention- Report read by Secretary, see attached
- Phone line Coordinator See attached, secretary to ask Marc S. if he will send addendums and anything related to guidelines, all guideline addendums, and guideline updates.
- Ad Hoc: Guidelines Website Social Media Social Media Guidelines Draft For Approval passed out to RCM's. Adhoc dissolved
- Inmate Communications (Crystal S.)- Still In Progress

Read Overview of Consensus section, Voting section, and Consensus Procedure section

New Business - see attached motion forms

Motion #1:Adopt the social media guidelines/ P&P - to be added to existing P&P (the RSC has completed a period of Review, input, and Revision based on feed back) Author Alicia A 2nd Jennifer B **BACK TO GROUPS**

Motion 2: Reimburse \$59.51 for ad-hoc printing (social media printing) Intent: fullfill duties of adhoc Author Alicia A 2nd Jennifer B **PASSED**

Motion 3: Provide reimbursement for travel of \$338.70 to Yvonne S. Intent: Reimburse cost for the 11/04/23- 11/05/23 Regional Committee Meeting Author Yvonne S 2nd by Alicia A **PASSED**

Motion 4: I would like to ask for 34.63 to cover the cost of the items bought for the regional meeting Intent: To cover the cost of what was spent for hosting the Regional meeting for the weekend Author Tina C 2nd Chad **PASSED**

Motion 5: Update agenda in Policy to: 1: Move subcommittee Reports after RCM Reports 2: Add Elections at the end of old business 3: Change New business - include Nominations, Remove 1st "Updated treasurer Report" (b.) Remove "Selection for Rep for SZF" (e.) add "annual budget reports" Intent: Elections & nominations aren't in agenda. Reports kept together before moving on, 1st treasurer report in New Biz is Redundant, SZF is an assigned duty of the RD/RDA, annual reports per guidelines should be given. Request for meeting format 8/23 be included for reference Author Alicia A 2nd by Jennifer B **BACK TO GROUPS**

Chairperson says we should make committee to deal with hosting SZF

Wendy, Crystal, Alicia, and Glynn with the single point of accountability being RD. RD says it will be finalized within a week or so.

Topics for workshops presented, Issue Discussion Topics, Reimagining and Revitalizing,

- DRT and MAT chosen, no opposition to these two.

Treasury Requests Money Motions -

- Budget requests: __
- Non-budget items None

Updated Treasurer's Report

DATE			
Final Treasurer Report			
Beginning Actual		\$	
Message Ctr	-	\$	
Deposit Aug Donations	+	\$	
Area hosting	-	\$	
Budgeted Items	-	-\$	
Cash Donation	+	\$0	
Prudent Reserve		\$	
Travel Fund		\$0	
Ending Balance		\$	

SEE ATTACHED TREASURERS REPORT

(I could not make the numbers out and what meant what. Will get a better understanding and update the minutes to reflect that)

Yvonne says there was a miscommunication and she thought JR was on the Account but now Yvonne is the only one on the account. The bank will clear with only one signature, no opposition to going ahead and clearing the checks for today.

Budget Settings line by line

Secretary: 2023 120.00 we spent nothing. Change to 50.00 if its ever needed for 2023.

Secretary \$50.00

RD CAR/CAT Printing was 500, changing to 0

RD CAR/CAT 0.00

Rent/Hosting budgeted 1200, we spent 434.63

Rent/Hosting 1000.00

SZF travel Budgeting 6600, we spent 2696.33

Suggestion of 4500 for travel, straw poll for

SZF Travel 4500.00

HPPR 1000 we have used none, suggested to delete it because our individual areas are fulfilling that roll.

Much discussion about if we should keep this money for different PR and workshops. Areas dont know they have different opportunities for PR. Set it to \$350.00

HPPR 350.00

Phoneline and answering service budgeted 1700 we spent 1697.08, so keep it at 1700.

TWILLO phone number budgeted 200, we spent 62.47. Discussion about changing it to 150.00

Phoneline Answering Service 150.00

Policy and Procedure: budgeted 200.00 we spent 278.08, changing it to 300.00

Policy and Procedure 300.00

TReasurer 25.00 18.29 keep at 25.00

Treasurer 25.00

UPS Store mail forwarding: budgeted 160 spent 125.39 keep it at 160.00

UPS Store Mail forwarding 160.00

Starter Kits 645.00 budgeted, we spent 0.00 bringing it down to 0 but leaving it as a line item

Starter kits 0.00

Fellowship development 250.00 we spent 0.00 504.96 was our part of the lit to all the jails, no opposition to funding that, also add 500 to that, so 1000.00

Fellowship development 1000.00

RDA WSC travel budgeted 1000, we spent 1000, we left it at 3000.

RDA WSC 3000.000

Website 195 static annual cost, leave it alone

Website 195.00

UPS box rental started at 144/yr and went up to 156 static annual cost, 165 budgeted no opposition

UPS box rental 165.00

Add line for SZF hosting, 250.00

SZF Hosting 250.00

Discussion for budgeting for phoneline and communication coordinator, suggested that we host workshops during region weekends to cut costs, but still add line item for communications budget 200.00 final

Phoneline and communication coordinator 200.00

Total Prudent Reserve 2421.25 Saving roughly 700.00 from last year

Accruals 340.00 every quarter to put away

4043.17

966.06 donations

Approved expenses brought us down to 3205.21 minus 439.00 for message center Nov Dec Jan, gives 2766.21

344.96 accruals of 340.00

-1015.04

Much discussion about numbers and how the SZF expenses were not clear, discussion about allowing the treasurer and TIT to do the treasurer report and not outside people. Itemized receipts from RD and RDA should hold us more accountable

Announcements - FUACNA's Winter convention, CRANA's Womens Retreat and raffle will be drawn at Recovery on the ridge.

Plans for next meeting - Next meeting in Searcy

ARSCNA 2023-2025 ROTATION SCHEDULE

February 2024	FUACNA
May 2024	NWAANA
August 2024	ORACNA
November 2024	ARVANA

_____ pm end of meeting

Date: 1/5/2013		Nocial \
Main Motion (9/N #	Author:	than H. means
Primary Amendment: Y/N	Seconded By:	e ninger
Secondary Amendment: Y/N		
Substitute Motion for Motion: #		
guidelines / Pip guidelines / Pip (the RSC ha Review, input, au Intent: RSC Social Media accountability to	Adopt the social - to be added S completed a per- nd Revision based provide guidance for accounts, create raining materials	media to existing iod of on feedback) use of the points of and Reference
materials-Best?	practices - to protei	ct the Fellowsh
	CHAIRPERSON'S USE ONLY O NO WRITE BELOW THIS LINE]	
Guideline Change / Referred to Group:		
Main Motion:	PRO	CON
Extend Debate:	PRO	CON
Referred to Committee:	Committee:	
Referred to Groups:	YEAs	NEAS
Tabled Until:	YEAs	NEAS
Motion Withdrawn by Maker:		
Objection to Consideration:		
	FINAL DISPOSITION: NEAS ABSTENTIONS	

apports apport

Date: 11/5/2023 Main Motion: V/N Primary Amendment: Y/N Secondary Amendment: Y/N Substitute Motion for Motion:	Seconded By:	Alicia A. [n Senniga B.
Reimburen \$ 59.5 (Social media	SI for ad-hoc - ad-hoc)	printing
Intent:	fulfill duties of	2 adhoc
[PLEASE	CHAIRPERSON'S USE ONLY DO NO WRITE BELOW THIS LINE]	
Guideline Change / Referred to Groups	BBO.	CON
Main Motion:	PRO	CON
Extend Debate:	PROCommittee:	
Referred to Committee:		NEAS
Referred to Groups:	YEAs	NEAS
Tabled Until:	YEAs	
Motion Withdrawn by Maker:		
Objection to Consideration:		
Objection	FINAL DISPOSITION:	
	NEAS ABSTENTIONS	

YEAS ____

Date:		Author: Yvonnes-
Main Motion: Y/N	#_3	Author: <u>Nonnes</u> - Seconded By: <u>Hilia A.</u>
Primary Amendment: Y/N		
Secondary Amendment: Y/N		
Substitute Motion for Motion:	#	
Motion:	Provide rein	oursement for
Motion: Navel of \$33	8-70. of to y	vonne S.
11/04/83 - 11/05/2 Meeting		
Intent	: reinburse	costs for the
11/04/23-11/05/2	3 Regional	Committee
1 1 '-		
neeting		
	OR CHAIRPERSON'S USE OF	NIV
FLEAS	SE DO NO WRITE BELOW TH	HIS LINE]
Guideline Change / Referred to Grou	ıp:	
	PRO	CON
Main Motion:	PRO	CON
Extend Debate:	PRO	Committee:
Referred to Committee:		NEAS
Referred to Groups:	YEAs	
Tabled Until:	YEAs	NEAS
Motion Withdrawn by Maker:		
Objection to Consideration:		
	FINAL DISPOSITION:	
	NEAS	ADSTENTIONS
VEAS	NEAS	

Date: 1\5-			_ /
Main Motion: Y/N	# 4		linge
Primary Amendment: Y/N	49	Seconded By:	Chad
Secondary Amendment: Y/N			
Substitute Motion for Motion:	#		
tor 34.1e the items meeting	I would like 3 to cover s Dought for t	la Bac	
Intent: Was spent for for the week	To cover the hostny the	re Cost	of what meeting
	R CHAIRPERSON'S USE OF DO NO WRITE BELOW		
Guideline Change / Referred to	Groups: Y/N		
Main Motion:	PRO		CON
Extend Debate:	PRO		CON
Referred to Committee:		Committee:	
Referred to Groups:	YEAs		NEAS
	YEAs		NEAS
Tabled Until:			
Motion Withdrawn by Maker:			
Objection to Consideration:			
	FINAL DISPOSITION:		
/FAs		ABSTENTIO	NS

Date: 11/5/2023	Auth	or Alicia M
Main Motion: Y/N	#Seconded I	Than I.
Primary Amendment: Y/N		TENEGO D.
Secondary Amendment: Y/N		
Substitute Motion for Motion:	#	
-include Nomi Report" (b.), Ren add "annual/ Budget Reports" Intent:	mitte Reports after at the end of siness rations, Remove 1st rove "Selection for Re Elections! nominal	p. for SZF"(e.), nons aren't in agenda ner before moving edundant, SZF Rep.
FOI	R CHAIRPERSON'S USE ONLY	quidelines
	DO NO WRITE BELOW THIS LINE]	Should be
Guideline Change / Referred to Groups		giken
Main Motion:	PRO	CON
Extend Debate:	PRO	CON
Referred to Committee:	Committee:	
Referred to Groups:	YEAs	NEAS
Tabled Until:	YEAs	NEAS
Motion Withdrawn by Maker:		
Objection to Consideration:		
	FINAL DISPOSITION:	
YEAs	NEAS ABSTENTIONS	
Request for Med		

ARSCNA SERVICE RESUIVIE						
NAME:	Dani	e M		DATE:	11/5/2023	
POSITIO	N NO	MINATED FOR				
			Secretary in Training]		
PREVIO	JS SEF		TMENTS COMPLETED:			
		S	ecretary of my home g	roup		
			OMMITMENTS:			•••
Trea	isure i	n training of r	ny home group. Co. Fa	acilitator	ot Area. Activ	vities
SERVICE POSITIONS VACATED BY RESIGNATION OR IMPEACHMENT (and possibly None						
EXPERIENCE IN AREA OF SERVICE FOR WHICH NOMINATED:						
EXPERIE	NCE II	N AREA OF SE			D:	
EXPERIE	NCE II	N AREA OF SE	RVICE FOR WHICH NOT Secretary of my hom): 	
CLEAN D		N AREA OF SE):	
			Secretary of my hom	ne):	
CLEAN D	OATE:	12	Secretary of my hom	2021		

Hello from Central Arkansas! CAASCNA is doing well since the last Regional Committee Meeting. The home groups in our area are doing fine, with 1 new meeting that became part of Area at the last meeting. We did recently have a group that is not part of Area quit meeting, Clean at Sunrise that met at Recovery Central. Ozark Mountain High went off without any issues as did Vision of Hope's event, Serene at Petit Jean. The Area Convention was amazing, we had 1,609 years clean time collectively at the clean time count-down. We currently have 11 h&i panels in our area and host a workshop every 2 months. H&I is trying to get a structured panel to ensure attendance. Panels aren't showing up after committing to service but the panel leaders are. Public Relations and Activities Committees are both having their regularly scheduled meetings the second Sunday of the month. Our Area is requesting information from the Regional Committee on a Phone Line Workshop/Joining the Phone Line. We gave a check for \$128.92 to the treasurer for a donation already. Thank-You for allowing me to be of service, Destiny B.

	Appendix D					
RCM Report for Arkansas Regional Committee of Narcotics Anonymous						
	Nom Report for Arkansas Regional Committee of Narcotics Anonymous					
Date:	11-4-23		Area:	Footh	ills Unity Area	
# of Meetin		25 per week	# of Group	·S.	5	
		WOOK	Огоар			
H&I N	<i>l</i> leetings		6·00 Δris	esa Ha	alth in Searcy	
Na	mes of	i ridays @	0.00 Ans	34 110	diti ili ocarcy	
Tr	rusted rvants:					
PR /	Activity:	We recent	ly gave a	HIPR	presentation to Living Branches	
Other	Activitie	S. I	We are currently planning our Winter Convention. There are pre- convention shirts available here. Pre-registration is open until			
Prob	pecific plems or uations:					
Assets	s/Streng s:	th				
Histor	date to y of NA i ır Area:	Tine old Re	•		tion building was torn down this past blace for 25 years.	
_	s for the ing year:					

RCM to RSC

NWAANA

11/4/2023

7 groups// 30 meetings No Matter What group in Eureka Springs requesting support [Glen B. GSR]

Donation: check #1466 \$691.50 NWAANA Acct. #2744 \$25.00 New Beginnings

Trusted Servants

Chair- OPEN V.C.- OPEN

RCM- Wendy B. RCMa- Crystal S.

HIPPR

H&I: NWACCC - Mondays; women only = recent Contact up Washington & Benton Co. jails PR: held strategic planning meeting for 2024- budgeted for annual B.Ts. to 3x county jails; planning pre-ASC workshop programming [re:RSC] and "asset mapping"

Activities

New Beginnings 'Homecoming' December 2nd – Spaghetti and Speakers NWAANA Learning Day January 27th 2024 – UNITY / Tradition One [details TBD]

- Bid to host SZF October 2024 attached
- **NAOFNWA.org**