Arkansas Regional Service Committee of Narcotics Anonymous Minutes Day 1, August 2, 2025, Hosted by CRANA

1:30pm - RSC meeting began:

The Twelve Traditions were read by Chuck B., Twelve Concepts were read by James W., 1st 2 paragraphs of Tradition 2 were read by David D., Definition and Purpose of the Regional Service Committee was read by JR S.

Roll Call: Quorum Met

| RCMs or their Alternates | | |
|--|---------------------|---------|
| ARVANA | Amber M/Amie B | Present |
| AWOL | James W. | Present |
| CENTRAL | Amanda V/Shanon A | Present |
| CRANA | Tina C./Candy S. | Present |
| FUACNA | Angie F./Sam S. | Present |
| NWAANA | Crystal S. | Present |
| ORACNA | Aaron W. | Present |
| Administrative Committee Trusted Servants | | |
| Chair | Laurie S. | Present |
| Vice Chair | J.R S. | Present |
| Regional Delegate | Alicia A. | Present |
| Alternate Delegate | Star M. (appointee) | Present |
| Secretary | Amanda V. | Present |
| Secretary-in-training | VACANT | - |
| Treasurer | David D. | Present |
| Treasurer-in-training | VACANT | - |
| Standing Subcommittee Chairpersons | | |
| Policy and Procedures | Wendy B. | Absent |
| Convention Committee Chair | Chuck B. | Present |
| Communications Coordinator | Jennifer B. | Absent |
| Ad Hoc: Basic Text for Jails Project | Violet A. | Absent |
| Ad Hoc: Project insurance | Alicia A. | Present |
| Ad Hoc: Communications | Wendy B. | Absent |
| | | |

RSC REPORTS

Secretary Report -

Amanda V.

Old business, new business, open sharing, and elections from ARSCNA May 2025 Minutes were read. The information presented was supported.

Correspondence Report -

David D.

- 2 bank statements
- 3 Your Message Center statements
- 1 NAWS receipts
- 1 donation from What a Change group

Beginning Treasurer's Report -

David D. (\$341.37)

Ending Balance Last RSC

Bills Paid

(Cleared)

- 5/1 May Statement Fee \$5.00
- 6/1 June Statement Fee \$5.00

- 7/1 July Statement Fee \$5.00
- #1310 Jennifer B (Twilio) \$10.07
- #1311 Alicia A (SZF Travel) \$919.36
- #1313 Laurie S (CBDM) \$46.75
- #1316 Convention \$500.00
- 5/5 Allianz Travel Ins. \$35.15
- 5/7 YMC \$143.00
- 6/9 UPS \$16.97
- 6/9 YMC \$143.00
- 7/7 YMC \$143.00

(Outstanding)

- 8/1 August Statement Fee \$5.00
- #1314 Star M \$210.00
- #1315 Star M \$298.96
- #1317 Jennifer B \$10.12

Deposits

(Cleared)

- 5/5 May RSC \$1455.75
- 5/19 CAASCNA \$101.67
- 5/19 FUACNA \$419.31
- 5/19 ARVANA \$1769.42
- 5/29 FUACNA \$570.16
- 6/9 WAC \$74.00
- 7/7 FUACNA \$267.49

(Outstanding)

N/A

Reconciled Bank Statement: \$9236.51
Prudent Reserve: (\$2676.25)
Accruals: (\$5013.30)
Travel Fund (Rolling total): (\$913.70)
Working Balance: \$633.26



RD/RDA Report -

Alicia A.

See Attached "Arkansas RD-AD Team Handout"

Administrative Report -

Laurie S.

The Administrative Committee met in the interim time between RSC meetings. A treasurer email has been created which is treasurer@arscna.org. This is a free forwarded email that goes to several trusted servants.

AREA REPORTS

ARVANA -

Amber M.

- ARVANA area meets 2nd Sunday of each month.
- We have 8 member groups in our Area.
- 46 meetings per week in our Area
- Members of our Area currently go into five treatment centers.
- Our next Area event is the Cove Lake Campout October 10th thru 12th.
- We have a \$300 donation.

In loving service, Amber M.

<u>AWOL -</u> James W.

- 7 meetings weekly, 1 homegroup
- Size of fellowship: Birthday meetings once per month host 20-30 members
- H&I: Looking into outreach and Newton County Jail
- Trusted Servants: Eric B. is new PR Chair and Treasurer and very motivated
- Problems: N/A
- Activities: Birthday night and lots of holiday events
- Community Outreach: Still have lots of Drug Court and meet all the needs in the area.
- Update to History of NA: We have been in Harrison for quite a while. We have been at our current location for 10 years before that. We were on the other side of town in a warehouse very fortunate where we are and a great fellowship. The way I;ve understood it, we used to be part of an area years ago, but we are a loner group and we have been for a while. Thanks for letting us be a part of.
- What your Area/Group would like to accomplish at the World Service Conference: We
 feel very excited and grateful that we get to be a part of and get our voice heard at the
 world level. No direct needs at this time but to be a part of. Thank you
- Plans for the upcoming year: Freedom Float, NA Regional Convention, and lots of holiday activities

In loving service, James W. RCM

<u>CAASC -</u> Shanon A.

Greetings from the Central Arkansas Area,

- Size of the fellowship: Large. We currently have 20 homegroups, 9 of which are loner groups. Our meeting list contains 51 meetings taking place at various times in the area, with the goal of making times and locations available to all. Some homegroups average up to 100 attendees per meeting.
- Our area administrative committee :

Chair Jennifer N.
 Vice-chair Victoria W.
 Secretary Jennifer D.
 Treasurer David D.
 RCM Amanda V.
 RCMA Shanon A

Subcommittees :

Activities
Convention
H&I
Literature
Outreach
PR
Cassandra C.
Chad M.
Larry P.
Kelly M.
Curtis M.
Lori P.

- Upcoming Events: CAACNA Convention XXXVII will be held at the Hilton Garden Inn West Little Rock August 8-10. They had 26 pre-registrations as of 07/20/2025 and the initial block of 15 rooms is sold out. Registration will be \$40 at the door. No addict turned away.
- The Activities Committee meets every second Sunday of the month @ 2:30 PM. They are currently working to plan the next event which will be Ozark Mountain High.
- H&I meets every 1st Sunday of the month. They are currently going into 13 facilities. Participation is always an issue.
- PR hosted a chair persons workshop on 07/05/2025 where an IP for disruptive and violent behaviors was utilized. On 07/19/2025, subcommittee members and volunteers posted hotline flyers in various locations. They have a table at the following events: 6th

annual Bridge the Gap opioid overdose awareness on 08/23/2025, Drug overdose awareness day on 09/20/2025, Recovery Reclamation on 09/26/2025 and the 21st annual Recovery Jam on 09/29/2025.

- Current issues : Dealing with disruptive and violent behaviors, and lack of subcommittee participation
- Solutions: Workshop addressing disruptive and violent behaviors was held and regular workshops are held by subcommittees to invite participation. We are having our area elections soon. We have open nominations for the treasurer in training and Secretary in training.
- Plans for the Coming Year: To continue to offer strong recovery to any addict seeking recovery. We have a sponsorship list which includes members from all around the area being offered to newcomers. We also strive for unity between our several towns and homegroups. We will offer our main events, such as our convention, two campouts, and cajun party, in addition to the many homegroup-sponsored or committee events such as holiday events, a drag show, scavenger hunt, and speaker jams.
- Brief history of N.A. in your Area/Group from the first meeting until now, to be updated yearly: Central Arkansas was once an area that included meetings all the way from Searcy to Hot Springs. We now cover within a fifty-mile radius of Little Rock, stretching from Benton to Conway to Cabot. Some oldtimers tell stories of when there was one singular meeting per week, and now we host a whopping 51 meetings per week in our area. We are proud of the participation in service from our members, from newcomers taking the trash out all the way to oldtimers with decades clean chairing the area and volunteering for regional service.
- Brief summary of "What your Area/Group would like to accomplish at the World Service Conference": A few important values to our area's members are unity within the fellowship, the provision of functions that support members' ability to connect, and fiscally responsible spending of NA funds.

CRANA -

Tina C./Candy S.

Good morning family,

The Crana area has a total of 30 meetings per week. Cwod holds 14 meetings a week trying to hide Pocahontas hopes for clean and Serene and Bible hold six meetings. Primary purpose holds three meetings a week that will change the first week of September. They will be holding a meeting on Monday night starting at 7:00 p.m. Freedom Fighters and Paragould holds two meetings a week. Clean air in Paragould holds one meeting a week Atlanta group had their last meeting last night. That group is now closed. They sold the building.

H&I has 15 to 20 active members. They are currently going into Nea or RC one time a week. There are no upcoming events for H&i activities. Crana area does not have public relations. Other activities that are going on CWOD will host a Labor Day cookout on September 1st beginning at 11:00 a.m. try not high in Pocahontas. We'll have their annual Peace in the Park on September 13th that will begin at 9:00 a.m. on Old Davisonville Park.

Specific problems or area is low on funds.

Plans for upcoming year grow local fellowship and figure out a way to increase revenue. The longest held meeting in our area is CWOD. It has been holding meetings for 41 years. In loving service, Tina C.

<u>FUACNA -</u>

Angie F.

- Meetings: 19 weekly meetings and 5 homegroups
- Size of Fellowship: 5 groups spanning Independence, Jackson, White, Woodruff, and Cleburne Counties
- Trusted Servants:

- o Angie F RCM
- Sam S RCMA
- H&I: 1 weekly meeting on Fridays at a local treatment center in Searcy.
- PR: IPs at DHS, Health Department, the local police stations, and a local treatment center
- Other Activities:
 - Unity Day on September 6 (Regional Convention Fundraiser)
 - Outreach consistently visits groups in our area.
 - Recovery on the Water on October 11. Deadline to purchase \$30 tickets is Oct. 1
- Brief History of NA: FUACNA started in 1997. We have an annual spring campout, a winter convention, and we do H&I regularly and PR.
- Problems: Low attendance at the two groups in Batesville (Point of Freedom & Vision of Hope) and Ties That Bind (Zoom only meeting). County Line, a new group in our Area, does not have a permanent location. So, they struggle with a consistent location for their meeting.
- Strengths: We do well at welcoming and carrying the message of recovery to newcomers, members step up to do service work, and our service committees do well with following through with their duties and responsibilities.

<u>NWAANA -</u> Crystal S.

- Meetings: 30 meetings per week, 9 homegroups
- Donations
 - NWA Area Donation Total: \$761.47
 - Check 1502 \$548.18
 - Check 1505 \$213.29
 - New Beginnings Group Donation Total: \$10.55
 - Check 173 \$10.55
- Trusted Servants:
 - o Chair Charles N
 - Vice Chair Open
 - Treasurer Crystal W
 - Webservant Alicia
 - Secretary Lindsey N
 - o Activities Chair Janet W
 - o HIPPR Open
 - Convention Liaison Judy J
- Open Positions: All positions open
- Activities
 - New Beginnings Game Night 2nd Friday of the month Aug 8th 8 PM-12 AM & World Unity Day Tye Dye Party, Sept 6th
 - o Therapeutic Value Speaker Meeting Last Tuesday of the month 7:00 PM
 - New Life Speaker meeting and snacks 3rd Sunday of the month & 33rd Annual Light my Fire Campout October 3rd - 5th.
 - Living Clean Chicken Cook off is August 16th & Poker Run Sept 20th
- H&I: 2 facilities per week, Participation is low due to now having facilities that meet the criteria for volunteering
- Size of local fellowship: Approximately 130
- PR: Drug Court orientations and various booths
- Problems: Opportunities for H&I are lacking. Currently the fellowship only has one member that possesses the necessary skills to serve in the Webservant Chair position. Many members have the desire, but not the skills.

- Plans for the coming year: Motion to fire a special worker for the Webservant Position, mixed views throughout the fellowship.
- Meeting/Area History:
 - o Peaceful Dozen 1982
 - New Life 1987
 - NWAANA June 1987
 - o Final Frontier 1990
 - o Livin' Clean 2000
 - New Beginnings 2006
 - No Matter What (formerly Coffee Pot) 2007
 - o Therapeutic Value 2019
 - o A Dose of Recovery 2024
 - Recovered Warriors (loner group) 2024
- WSC Desires: Keep Literature pricing low, more visibility on how WSC is using the donations.

ORACNA - Aaron W.

- Meetings: ORACNA has 35 meetings per week and 8 member groups. We provide services in Hot Springs and Mt Ida in Garland and Montgomery Counties, respectively.
- H&I: We operate 4 H&I panels at 3 separate facilities: Harbor House, Covenant Recovery and Garland County Jail.
- PR: All PR activity is combined with H&I.
- Other Activities: We have completed a set of guidelines that are ready to be printed and sent to groups for review. The Nature of Recovery celebrated their first anniversary as a group in July. What a Change is celebrating three years in September.
- Problems: The COR building is still for sale, 4 memeber groups will likely have to relocate if and when it does sell. Genesis group is struggling for attendance and chair people, there have been days where no one shows up to open the door and impromptu meetings are held in the parking lot.
- Strengths: ORACNA has plenty of willingness to learn and serve, the area body was brought back from almost folding 5 years ago and is thriving. We love NA.
 - A new group has joined the Area. The Early Bird Group meets 7 days a week at 6am at 315 W Grand Ave in Hot Springs (COR Building) The Nature of Recovery group has added a third meeting on Monday night 7pm. One Monday per month will be a split men's/women's meeting.
- Plans for the coming year: We plan to continue to grow in numbers and unity, and get our updated guidelines passed.
- Aaron W. RCM

SUBCOMMITTEE REPORTS

Convention Committee

Chuck B.

Hello Family! We took a break on meetings for a few months with planning (mostly) completed and we just started meetings back up in July.

We are raffling one registration along with two night stay at the hotel – raffle tickets can be purchased for \$20 at https://buy.stripe.com/5kAdSj4tz2oW5B6eUX. Last day to purchase a raffle ticket is August 16, 2025. We will be drawing a winner at our August 17th convention committee meeting.

We have been busy purchasing items for merchandise and registration and speaker travel. We have also created a Facebook private group and we need people to join/share. It is called "ARCNA – Arkansas Region Convention of NA"

Treasury – Current bank balance (as of the time of this report) is \$13,144.87. Budgeted items left totals \$15,499.44 – which is a difference of \$2,354.57. There is a motion for \$1,000 to be donated from NWA Area and there was a donation today from ORACNA for \$743.00 – so we could be just \$611.57 short of having everything budgeted paid.

Serenity Keeper's - ARVANA— Cindy has a few people committed as Serenity Keepers; looking for roughly 10 more. We decided we will get vests so that they can be used by anyone who wishes to volunteer (we also decided to have them generic to the Arkansas Regional Convention so that they can be used for future Regional Conventions).

Registration - CAACNA- Pre-registration is open at https://arscna.square.site/ - As of the time of this report, 78 people have pre-registered up from 49 at our last RSC and 3 hardship registrations. Several registration items have been ordered. Zipper bag with logo, notebooks, wristbands have been purchased. Magnets, pens, swag engraved key chain for the first 100 registered are pending. There was a fundraiser put on by CAACNA and \$450 was deposited into the convention account.

Merchandise – FUACNA – Coffee nugs are being ordered. T-shirts are in and paid for. We are still working on bids for the banner.

NA Wears (nawears.com) will be the merchandiser at the event. They were selected based on the variety of merchandise.

Entertainment – CRANA – The comedian's airfare has been arranged. No water-based smoke machine allowed by the hotel for the Saturday night dance. There was a small discrepancy in the comedian contract that I believe we have that settled.

Friday night will have Karaoke, Bingo with prizes, and spaces for card games, board games, and dominoes or any other games you'd like to bring. Saturday night will have a comedian (Bob P.) and a costume/masquerade dance (this is the weekend before Halloween).

Hospitality – AWOL – AWOL handled hospitality in Eureka Springs in 2021 and will be following a similar gameplan – snacks, coffee provided throughout the convention – additional food during mealtimes and energy drinks for sale (if there is a particular brand you'd like to be there, please let us know).

A joint collaboration between the host committee, hospitality, and the local Eureka Springs fellowship is working on hosting a Saturday evening meal roughly between 3p-5p. This meal will be offsite from the hotel and will be free for all – we want everyone to be able to attend, eat, and fellowship.

We have confirmed the location for that dinner at the First Christian Church in Eureka Springs where the local NA meeting is hosted.

The weekend we are in Eureka Springs is when they have their Zombie Crawl in downtown Eureka Springs. Downtown will be basically blocked off and crowded! This is one reason we will encourage all to attend this dinner as well as an opportunity to fellowship!

Host Area-NWAANA We have a motion at the NWA area to donate another \$1,000 to the convention (this is the same \$1,000 referred to in the treasury section of this report). The convention/host area liaison has been in communication with several local rehabs to attend the convention.

Programming – ORACNA

MAIN SPEAKERS

- Friday Night: Michelle K.-(Simi Valley, California)
- Saturday Afternoon: Kathy H (Pittsburg, Pennsylvania)
- Saturday Night: Jimmy Jam (Eagle, Idaho)
- Sunday Morning: Lou F.- (Pensacola Florida)

We have a tentative agenda and 6 workshop topics.

We have all but 3 workshop spots filled. ORACNA delivered a donation today of \$743.00 (thank you!) (NOTE: this is the same \$743.00 referred to in the treasury section of this report).

NEXT MEETING: Next scheduled convention meeting will be on August 17th, 2025 at 3:30pm.

https://us02web.zoom.us/i/85192387562?pwd=q0uXbKMZbzi0MBfuEO56kxa9Xbcb28.1

If you are unable to attend the next scheduled business meeting, please submit a report prior. Looking forward to seeing everyone soon! Thank you all for all your efforts! In Loving Service, Chuck B and the Convention Committee

Policy and Procedures (submitted via email) Wendy B.

- Amendments related to Convention timeline and social media added to G/P&P and Convention Policy; available (TBD!) at arscna.org/service materials. Please note that page references on the digital copy Table of Contents are different from hard copies.
- Hard copies of Revised G/P&P (amendments incorporated into text without notation and Appendix D cleared) to be distributed in November. **BRING YOUR BINDERS**
- Digital to print formatting of G/P&P will require scrutiny by a Google Docs adept individual before hard copies are created. For example, there are currently blank gaps/page breaks that could be removed; my hard copy has 49 pages but my digital has 53. I suggest removing the Index-Glossary, which does not automatically repopulate appropriate page numbers, in favor of the Table of Contents which is programmed to refresh. Visual calendar could be converted from hand drawn to digital, also, and added as an appendix. I am better with a backhoe.....
- Lead/ point of accountability for Communication Project Group (M2025-05-04) was vague; P&P Chair volunteered but has had to resign. The "Communication Flowchart" referenced as Appendix J was created around ?2022, ?never attached to the website, and should wait for Project completion. In my opinion, the Communications Project is essentially a full review and revision of our G/P&P.
- Convention Policy also has various outdated and vague languages. I suggest that
 members of that committee make notations of discrepancies as they arise, so that formal
 revisions may be processed.

Communications Coordinator (submitted via email) Jennifer B.

Website: We have had a request for help with NA literature via email. One member of a new group in Mountain Home requests a New Group Packet. Their contact information is:

Courage to Change

The Reach Center @ Real Life Church

1326 Rossi Rd.

Mountain Home, AR. 72653

There is a link so that any group, campout, or service body can "submit an event" directly at www.arscna.org. Please use this link even if you don't have all the details or a flyer yet. It will help other Areas to show support by not scheduling several events on the same date when possible.

BMLT (Basic Meeting List Toolbox): All meetings have been updated that were received. The BMLT has been cleaned up and most unpublished meetings have been removed.

Phoneline: Updates to the patch list have been completed to include the members present at the last 3 phoneline workshops held virtually on zoom and in Crowley's Ridge and Northwest Arkansas Areas. The last phoneline training held virtually on May 31 st , 2025, offered an opportunity to utilize the newly updated Helpline Training Guide that is specifically tailored to this Region's guidelines and requirements. Suggestions and feedback were offered by participants and graciously received by the Communications Coordinator and Alicia A. Updates and edits have been made and I am including a copy of the Training Guide, along with this report. I encourage all RSC members to review it for feedback and approval to add to the listed phoneline resources on our Region website. All phoneline volunteers must meet the 1-year clean-time requirement and have phoneline training every 2 years. I have removed all phoneline

volunteers that haven't had training in the past 2 years from our last patch list. I have also updated the NA Screens to include the removal of the phoneline email address.

Calls per Area received: Below is a list of the calls received by the answering service, as recorded.

- 6/6/25-Caller referred to meeting list in Fayetteville Area.
- 6/23/25-Caller was looking for an Area meeting to attend regularly as a GSR. Communications Coordinator returned call and provided assistance to the caller.
- 6/27/25-Caller is reporting a meeting is not open in the NWA area at 6:30 PM. Caller was referred to a local area phoneline volunteer.
- 7/10/25-New meeting started in Hope, AR. House of Hope was added to the meeting list.
- 7/16/25-Email sent to Communications Coordinator regarding call on 7/10/25.

Twilio: I have added my personal address and debit card to get our phone line back in operation. Our Region Treasurer has reimbursed me in the amounts of \$10.77 in March, \$10.07 for April, and \$10.12 for June. I will continue to be willing to assist in this matter until our P.O. Box is recognizable by Twilio, or we come up with another solution. Social Media:

- https://www.facebook.com/arscna/
- https://www.instagram.com/arkansasnarcoticsanonymous/

YAP: (section added in during RSC by other members)

This process has been much more involved than originally anticipated. The text line is taking longer, but is expected to be completed by the November RSC Meeting. Thank you for entrusting me, Jennifer B.

Basic Text for Jails Project Ad Hoc

Violet A.

No report given

Insurance Ad Hoc

Alicia A.

Alicia A. asked that RCMs return additional details (included in the Review of Information Going Back to Areas) so that progress can be made toward obtaining liability insurance for some locations and events. Star M. has volunteered to accept responsibility for this Ad Hoc Committee, which the RSC was agreeable to.

Communications Ad Hoc (submitted via email) Wendy B.

Leadership position is currently open.

HISTORY -as Wendy B. recalls it-:

- 2020-21 ish: Social Media (Facebook and Instagram) accounts were opened, and guideline development begun for managing those
- 2021-22 ish: Phoneline, Website and BMLT Coordinator positions consolidated under Communications Coordinator position
- 2022 ish: Communication Flowchart developed; Social Media draft guidelines submitted
- 2024: Social Media Guidelines/Policy and Procedure added to revised ARNA G/PP under Communications Coordinator duties and responsibilities; discussion of creating email address for Treasurer
- 2025:
 - March- P&P chair reached out to Comm. Coor. about reviewing/clarifying duties and responsibilities; P&P identified five pages in Guidelines, and 13 pages in Policy and Procedure
 - May-
 - M2025-05-04: Create a Communication Project Group to address inconsistency/overlap for internal and external communication in the guidelines and policy. The task group should include at least the RSC

Secretary, Communication Coordinator, RD/AD, and P&P, treasurer, and anyone interested. Intent: Create a comprehensive list of guideline/policy updates with each point of contact currently impacted by changes. SUPPORTED ** P&P volunteered to lead.

- Motions 2025-05-05 and 06 add YAP and Convention Fb to Comm. Coor. duties
- June- Intermediate Admin. Committee: P&P reported no progress on initiating group contact and suggested all Trusted Servants review their duties in G/P&P to identify communication responsibilities.
- July- P&P notified Chair of inability to lead Communications Project; suggested incoming Vice-Chair or AD as nominations.

OLD BUSINESS

- M2025-05-02: Transition to virtual Springdale address using the Bronze plan through Anytime Mailbox.
 - Intent: To expedite prompt receipt and response to physical correspondence, specifically inmate letters. SUPPORTED
- M2025-05-09: Follow up for RBZ recommendation for Laurie S. Alicia read a synopsis of Laurie's interview process and summary of her character, which will be submitted on behalf of the Arkansas Region for her recommendation.
 - 1. Describe the process that was used to evaluate the candidate.

The Arkansas RSC conducted a live group interview with the candidate during a regularly scheduled RSC meeting. The process was spiritually grounded and collaborative, reflecting our region's commitment to group conscience. After Laurie responded to a series of service-related questions, committee members offered additional insights to ensure a complete and balanced picture of her qualifications. This shared dialogue highlighted her strengths in practicing spiritual principles. applying Traditions and Concepts, and facilitating CBDM. While no formal rubric was used, the RSC considered her consistent service history, calm and engaged demeanor, ability to prioritize group conscience, and familiarity with NAWS. She has previously volunteered at the WSC and works closely with a trusted mentor who served on the WB. The process allowed for both individual reflection and collective discernment, helping our body to move forward with unity and clarity in recommending her for this nomination. We viewed this not just as an evaluation, but as an opportunity to witness her spiritual growth and leadership style in action. Laurie's presence fostered open, respectful dialogue. Her willingness to accept feedback, coupled with her ability to reflect NA principles without defensiveness, stood out throughout the process. Our region came to consensus with confidence that she is both capable and spiritually prepared to serve at the World level.

2. What about this candidate supports the recommendation?

Laurie embodies the spiritual foundation of NA through her integrity, humility, and unwavering dedication to carrying the message. She consistently demonstrates composure, accountability, and a deep respect for group conscience. As RSC Chair, she brings structure, clarity, and empathy to service meetings, consistently preparing in advance and facilitating with fairness and patience. She has a strong working knowledge of the Traditions, Concepts, and CBDM, and balances this with the spiritual insight to lead without ego. Laurie invites participation by listening with intent, seeking consensus, and honoring all voices in the room. She leads not for recognition, but from a desire to serve. Her lived experience in various levels of service and her willingness to learn make her adaptable and dependable. Laurie's ability to hold spiritual principles at the center while navigating policies and

procedures makes her uniquely qualified for trusted servant roles at the World level. In moments of tension or disagreement, she consistently brings discussion back to the principles that unite us. She models patience, courage, and spiritual accountability—never rushing group decisions, but ensuring that all voices are heard and valued. Her dedication is not just visible in her words, but in years of action-based service that uplifts those around her and reinforces unity across our region.

ELECTIONS

• Regional Chair: Laurie S. - Elected

• Regional Vice Chair: Jennifer D. - Elected

Secretary: Amanda V. - Elected
Treasurer: David D. - Elected

• Alternate Delegate: Star M. - Elected

• Policies and Procedures: Wendy B. - Tabled

• Communications Coordinator: Jennifer B. - Tabled

OPEN SHARING

- A new meeting in Hope, Arkansas needs to be contacted for further direction and support.
- CBDM needs to be added to the Service Materials on the arscna.org website.
- Basic Text for Jails Ad Hoc At what point will RSC appoint a trusted servant which will move the project forward?
- How can we ensure that news is being passed down to areas and groups?
 - The idea of a blog or newsletter has been brought up in the past to distribute information. Digesting ideas in smaller pieces can be more palatable. Refer to https://natennessee.org/volunteer-spirit/ for examples.
 - It was also brought up that we have a service structure for a reason. If a member has a willingness to know, that information is available to them.
 - Regional minutes are also added to the <u>arscna.org</u> site shortly after each RSC Meeting.
- HIPPR Outreach Workgroup JR S. was suggested to facilitate this. The Regional Inventory that was completed previously yielded the discussion of a need for Public Relations support.
 - What does the service body want to do about this request? It was mentioned again that we thought to survey members during the regional convention in October. Paper forms, a QR code to a digital form, and a group of members polling people were suggested to complete this new survey process.
 - Burning Question: "What can RSC do to help groups and areas carry the message to addicts in your area?" OR "Do we invest in fellowship development at the RSC level to figure out "How do we best support the areas?"
- Insurance Ad Hoc Little interest has been shown thus far. However, groups who have experienced the need for insurance are encouraging others to consider what they may need in the future. Point of Accountability was transitioned from Alicia A. to Star M. for this project.
- RSC decided to revisit Open Sharing topics again during RSC Day 2.

5:10PM END

End of Day 1 Closed with 3rd Step Prayer

Arkansas Regional Service Committee of Narcotics Anonymous Minutes Day 2, August 3, 2025, Hosted by CRANA

RSC meeting Resumed - August 3, 2025, @ 10:02am with Serenity Prayer

Roll Call: Quorum Met

| RCMs or their Alternates | | |
|---|-------------------|---------|
| ARVANA | Amber M/Amie B | Present |
| AWOL | James W. | Present |
| CENTRAL | Amanda V/Shanon A | Present |
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| Alternate Delegate | Star M. | Present |
| Secretary | Amanda V. | Present |
| Secretary-in-training | VACANT | - |
| Treasurer | David D. | Present |
| Treasurer-in-training | VACANT | - |
| Standing Subcommittee Chairpersons | | |
| Policy and Procedures | Wendy B. | Absent |
| Convention Committee Chair | Chuck B. | Present |
| Communications Coordinator | Jennifer B. | Absent |
| Ad Hoc: Basic Text for Jails Project | Violet A. | Absent |
| Ad Hoc: Project insurance | Star M. | Present |
| Ad Hoc: Communications | Jennifer D. | Present |

OPEN SHARING CONTINUED

- Business items not getting back to groups continued: RSC Minutes "Review of Information going back to groups" and the RD Handout will be combined and sent to RCMs in the form of a bulletin for easier information dissemination.
- Guidelines state that CAR reports should be printed and distributed to areas/loner groups. At the next RSC we want to know if areas/loner groups would like a physical copy of the CAR report. See Review of Information Going back to Areas.
- Jennifer D. will be the new POA for the new Communications Taskforce.
- New group in Hope asking for a few Basic Texts to facilitate a literature study. ORANCA is willing to take this request to their area to meet this need.
- The Basic Text for Jails Project needs forward motion. Current POA has not responded to Chair's correspondence. Crystal S. has agreed to share or assume responsibility for this Ad Hoc Committee. The chair will increase correspondence until the intermediate administrative committee meeting for POA to be reached.
- HIPPR/Regional Inventory: We should know what we are capable of doing before we ask areas/groups/members what would be most helpful.
 - A survey could still be done during the Regional Convention.
 - We could also ask the FD/PR team to facilitate a workshop for us at our next RSC meeting. We would not have to fund them coming.

- It was agreed to move forward on current projects and revisit the regional inventory topic at another time.
- RSC could set aside time during RSC weekend to work on current projects.

NOMINATIONS

- Secretary-in-Training: Angie F. nominated (see Service Resumes)
 - Nominations closed
- Treasurer in Training: Crystal S. nominated (see Service Resumes)
 - Nominations closed

SERVICE RESUMES

- Angie F. FUACNA
 - Previous service positions: Area Secretary (multiple times), Activities Chair, Literature Chair, RCM, RCMA, H&I Panel Leader and member, GSR (multiple times)
 - o Other current service commitments: RCM
 - Service positions vacated by resignation or impeachment: Area Secretary due to relapse
 - Experience in area of service for which nominated: I have been the Area Secretary multiple times and have secretary skills obtained through work experiences over the years.
 - o Clean Date: 10/12/23
 - Why nominee can and wants to serve the fellowship: Willing to serve and love our fellowship
- Crystal S. NWAANA
 - Previous service positions: Homegroup Treasurer, Area HIPPR Chair, RCM, RCMA, Secretary
 - Other current service commitments: Various Ad Hocs, H&I, Sponsor, RCM
 - o Service positions vacated by resignation or impeachment: None
 - Experience in area of service for which nominated: Previous Treasurer experience
 - Clean Date: 1/1/16
 - Why nominee can and wants to serve the fellowship: I love serving and learning.

NEW BUSINESS

- Before New Business began, the treasurer gave an updated working balance of \$2304.37.
- Budgeted Request: \$200 to Cope without Dope for Hosting.
- M2025-08-01: Request \$300 from the travel fund for Alicia A. travel to the August 2025 RSC for 607 miles (guidelines state 70¢ per mile, but less is being requested).
 - o Intent: Fund travel for unfunded RSC servant. **SUPPORTED**
- <u>M2025-08-022</u>: To send the exploration of the automation of the Index/Glossary in the Guidelines to the Communications Taskforce due to inaccurate page numbering/references.
 - Intent: The Table of Contents provides the same/similar information with automated page number accuracy. The Index/Glossary requires manual renumeration. SUPPORTED
- M2025-08-03: To add to Policy & Procedure pg. 24 under Duties and Responsibilities:
 Administrative Committee: "Responsible for the review of any resource submitted from a

service body or committee in the Arkansas Region, or by an RSC trusted servant, before presenting it to the RSC body."

- Intent: To create a point of accountability to streamline this process.
 SUPPORTED
- <u>M2025-08-04</u>: Add "Phoneline Orientation Packet" to the RSC website that has been created by the Communications Coordinator.
 - Intent: Make this resource available to the RSC in accordance with our Guidelines/Policies & Procedures for the Communications Coordinator role.
 REFERRED TO AREAS

ANNOUNCEMENTS - See attached fliers

- All events with flyers are attached separately (See August RSC Flyers)
- Regional Convention \$20 raffle for Room and Registration ends on August 16th, 2025.
- Submit any events and flyers to the regional website!
- New Beginnings Game Night, Aug 8th 8 PM-12 AM, 2nd Friday of the month
- New Beginnings World Unity Day Tye Dye Party, Sept 6th
- Therapeutic Value Speaker Meeting Last Tuesday of the month 7:00 PM
- New Life Speaker meeting and snacks 3rd Sunday of the month
- New Life 33rd Annual Light my Fire Campout October 3rd 5th.
- Living Clean Chicken Cook off is August 16th & Poker Run Sept 20th

◆ REVIEW OF INFORMATION GOING BACK TO AREAS

- Does your area want RSC to buy and mail a physical copy of the CAR Report t you?
 Bring back the November RSC Meeting. NOTE: The CAR will be printable and available to all online.
- **Election:** Secretary-in-Training Angie F. from FUACNA (see Service Resumes)
- Election: Treasurer-in-Training Crystal S. from NWAANA (see Service Resumes)
- **M2025-08-04:** Add phoneline orientation packet to the RSC website that has been created by the Communications Coordinator.
 - Intent: to make this resource available to the RSC in accordance with our Guidelines/Policies & Procedures. REFERRED TO AREAS
- Insurance Project has appointed a new point of contact (See Open Sharing Continued).
- A **phoneline workshop** will be presented at the November RSC Meeting on Nov. 1. This is training to be able to answer calls on the regional helpline.
- WSC Literature Review & Input needed:
 - H&I Basics (Treatment) Review and Input draft with cover memo. Subscribe to NAWS News to receive updates on this project.
 - IP #21 "Staying Clean in Isolation" is posted for review and input at https://na.org/naws-projects-and-surveys/revising-ip-21-the-loner-staying-clean-in-isolation/
- 2026 WSC May 3-9, 2026
- Oct 2025 SZF The next SZF Meeting is October 24 26, 2025 in Louisville, KY. You can attend by zoom; link can be found in the event calendar of the www.szfna.org
 website.

UPDATED TREASURER'S REPORT

Starting Working Balance: \$633.26

Area/Group Donations: (Total) \$1572.02

• ARVANA \$300.00

AWOL \$0.00

• CAASCNA \$0.00

CRANA \$0.00

• FUACNA \$0.00

NWAANA \$761.47

• ORACNA \$500.00

• New Beginnings \$10.55

Turnovers: (Total) \$0.00 Returns of Budget: (Total) \$99.09

Alicia A \$21.90

• Star M \$77.19

Budgets Given: \$200.00

• CWOD (Hosting) \$200.00

Reimbursements: \$0.00

Money Motions: (Total) \$300.00

• Alicia A (RSC Travel Request) \$300.00

Updated Final Balance: \$1804.37

Donation to NAWS (50%): \$902.19

Donation to SZF (40%): \$721.75

Travel Fund: \$180.43

Final working Balance: \$0.00

PLANS FOR NEXT MEETING

FUACNA, August 1-2, 2025

ARSCNA 1-YEAR ROTATION SCHEDULE

| November 2025 | FUACNA - flyer attached |
|---------------|-------------------------|
| February 2026 | NWAANA - flyer attached |
| May 2026 | ORANCA |
| August 2026 | ARVANA |

12:12PM END

End of Day 2

Closed with Serenity Prayer

Arkansas Delegate Team Handout - August 2025

RCMs: please share this page with your Area and give to GSRs

News from NA World Services (NAWS):

- WCNA 39? There will be no World Convention in 2027 and there have been a few suggestions discussed such as changing it to every 5 years, have registration for streaming (making Unity Day still free), capping registration or pre-registration to better financially plan for the number of attendees, and deciding the location on a case by case OR cycle by cycle basis. There will be more included in the CAR for the 2026 WSC.
- Annual events: https://na.org/naws-events/annual-events/
 - World Unity Day Unity Day this year is 6 September, and we want to celebrate with a marathon of togetherness. The World Board is organizing a 24-hour Unity Day celebration. During the Unity Day celebration, the board will host sessions on two of this cycle's Issue Discussion Topics—DRT/MAT as It Relates to NA: Helping Members Take Root and Gender-Neutral and Inclusive Language in NA Literature. We'll send more information as the plans for the day take shape.
 - SZF will host a section of this time and ARSCNA needs to provide video and photos by August 9th, 2025 so they can be compiled and formatted properly. Each Region in the SZF will have about a 3 minute video shown.
 - Sponsorship Day Sunday December 1, 2025
- Literature Review & Input needed:
 - H&I Basics (Treatment) Review and Input draft with cover memo. Based on the input from the 671 surveys received, we determined there was enough material to create substantial pieces on Corrections, Treatment, and Committees. Corrections review period has ended. This is the Treatment piece. The other piece of this revised material— Committees—will be posted for review in the coming months. Subscribe to NAWS News to receive updates on this project.
 - IP #21 "Staying Clean in Isolation" is posted for review and input at https://na.org/naws-projects-and-surveys/revising-ip-21-the-loner-staying-clean-in-isolation/
- Online Literature at www.na.org Information Pamphlets (IPs) are now available in both HTML and PDF format.
- **Serving on the World Level** for RBZ recommendations September 30, 2025 deadline https://na.org/wp-content/uploads/2024/09/RBZ-overview-2023-2026-9-24.pdf
- CAR Survey (aka "Literature Survey") -
 - Recovery Literature (both new literature and revisions to existing literature), Service Material (both new and revisions), and Issue Discussion Topics. Member responses were compiled and consolidated by the WB. Conference Participants received 2 rounds of ballots to prioritize the list. The list will be finalized during the Aug 2025 CP webinar and available in the CAR for fellowship vote prior to the 2026 WSC
- 2026 WSC May 3-9, 2026
 - February 28, 2026 Regional Reports due (RD will be compiling info from RCMs, Loner Groups, etc)
 - Conference Agenda Report (CAR) will be available November 3, 2025 (after the RSC meeting)
 - SZF (Southern Zonal Forum) is requesting approval for a date in November to have WB present at a virtual CAR workshop. Once I have that information finalized I'll send it out to everyone.
 - SEZF (Southeast Zonal Forum) will have a hybrid CAR workshop available Nov 8, 2025 at 8am CST
 - o Initial straw polls will be after April 18, 2026 if motions get 80% support or not in support during the straw poll, then that will be the final decision

News from the Southern Zonal Forum:

- Oct 2025 SZF The next SZF Meeting is October 24 26, 2025 in Louisville, KY. You can attend by zoom; link
 can be found in the event calendar of the www.szfna.org website.
 - Workgroups: Guidelines, Effects of Racism in SZF
 - Workshops: Atmosphere of Recovery/Service (Oct 24 6pm 7:30pm), Disruptive & Predatory Behavior (Oct 25 10am - 12pm), Mentorship & Training (Oct 25 2pm - 4pm)
- October 2025 SZF RD and AD will not be able to attend in person as the dates coincide with our Regional Convention. The RSC will need to determine how to proceed with representation at that meeting.
- Next 2 in person meetings are scheduled for Mississippi Region January 2026 and Red River Region July 2026
- **Discussion to begin meeting 1-2 times a year virtually:** SZF will meet in person in July 2025 & October 2025 will discuss meeting virtually January 2026 at the next SZF (has not happened yet more will be revealed)
- Volunteer Regional Convention November 28-30, 2025 in Memphis, TN for more info 2025.vrcna.org
- MZSSNA (Multi-Zonal Service Symposium) (October 1-4, 2026 in Wichita, KS) Planning committee meets
 the 3rd Wednesday of month at 6:30 pm on zoom. You can join the meeting by clicking on the link on the front
 page of the website https://mzssna.org
 - Some positions are still open and all committees are open so you can join in for the planning
- SZF Nominations/Elections (the rotation is off due to resignations and lack of nominations at the previous

Arkansas Delegate Team Handout - August 2025

Zonal Forum meeting):

- SZF Secretary Patsy P elected
- SZF Zonal Contact Ruben P elected for the term
- SZF AV/IT Lucy O NOMINATED need to vote
- SZF Nominations needed SZF Facilitator Steve S (appointed for Oct 2025 only)
- SZF finances, banking, and audit update -
 - Current SZF balance is \$19,393.90 with prudent reserve \$9,200 (not sure if this is actual bank balance or reconciled balance with outstanding deposits/checks).
 - The audit hasn't been completed yet. The new bank account is now open, and the previous SZF treasurer will be sending a cashier's check with the balance of SZF funds.
 - Moving forward the SZF Treasurer will have bank statements to accompany her report for transparency and accountability. She will also be tracking actual expenses vs budgets.
 - There are 2 signers on the bank account (SZF Treasurer & FD Coordinator). It is usually the Treasurer and Facilitator, but since the Facilitator position is now vacant the body agreed that the FD Coordinator would be an acceptable 2nd signer. The checks will only require 1 signature.
 - Agreed to purchase a dedicated laptop for the AV/Hybrid function for no more than \$500.
 - Arkansas RSC has not received the \$504.96 check from the SZF yet for the Basic Text for Jails project.
 This will be included in the financial audit conducted as we transition to a new treasurer.
- SZF Fellowship Development and Public Relations Coordinators have regularly scheduled meetings as well as training opportunities upon request. They are looking into how to get either more participation in their meetings or if there's a different approach that might be needed. Please join them to find out more.
 - FD meets the 3rd Sunday of the month at 10am CST.
 - PR meets the 4th Sunday of the month at 5pm CST. or contact Craig at pr@szfna.org
- **Sponsorship Behind the Walls (Show Me Region)** 5 women from Newport, AR contact the Show Me Region committee and 3 have started the step writing process with their "step guide".
 - Anyone can join their committee: next trainings are Aug 24th at 7pm and Sept 28th at 10am. Zoom Meeting ID 815 4497 0779 Password: 121212
- BMLT Update -
 - To see how many meetings Arkansas Region has listed visit BMLT meeting tally website https://meeting-tally.bmlt.app (select server named "Texas, Louisiana, Mississippi, Arkansas)
 - Published meetings count each occurrence of a meeting (ex: groups that meet 7 times a week will show up as 7 meetings).
 - Unpublished meetings refer to meetings that were active at one time and are currently not active.
 - The database has been cleaned up so that only temporarily unpublished meetings are stored. If a meeting had been unpublished for more than several months or we weren't aware that it was a temporary situation it was removed from the database. Meetings that have been removed can be added back at any time.

Other NA News:

- US Collab of Zones next meeting October 12, 2025 (https://usa-na.org)
 - Several task groups where any NA member can serve
 - National PR efforts
 - Mentorship
 - Outreach to Rural & Marginalized meetings/members (next meeting August 3rd at 11am-1pm CST & August 17th 11am-12pm)
 - A survey to the fellowship will be coming out of this workgroup to gather info from the fellowship

In loving service, Alicia A & Star M



Arkansas Delegate Team Handout - August 2025

Acronyms & Terms (alphabetical order):

- BMLT basic meeting list toolbox (where we update our meeting list)
- CAR conference agenda report (world service motions voted on by the fellowship)
- CAR SURVEY literature survey (prioritize literature projects by the fellowship)
- CP conference participant (NA members who participate at the WSC representing Regions or Zones)
- **DRT/MAT** drug replacement therapy/medication assisted treatment
- **FD** fellowship development
- IDT information discussion topics
- LONER GROUP group not affiliated with an Area (see Regional guidelines)
- MZSSNA multi zonal service symposium
- NAWS NA World Services
- **NESSNA** NE states service symposium
- **NEZF** NE Zonal Forum
- PR public relations
- RCM regional committee member
- RD regional delegate (included in "conference participants")
- RSC regional service committee
- **SEZF** SE Zonal Forum
- STRAW POLL voting mechanism used by CPs before the WSC
- SZF Southern Zonal Forum (Arkansas Region is a member of SZF)
- TWILIO service we use for our phone number
- US COLLAB OF ZONES comprised of all 7 US Zones https://usa-na.org/uszones
- **WB** world board (members elected to serve on the world level)
- WCNA World Convention of NA
- WSC world service conference (conscious of the fellowship and future plans for NA worldwide discussed)
- WSO NA world service office
- YAP software to route helpline calls
- ZONES group of regions https://na.org/naws-projects-and-surveys/zones/

WSR

WRITING STEPS FOR RECOVERY

A Show-Me Regional
Subcommittee that gives
recovering addicts an easy and
wonderful 12th step opportunity
to help incarcerated addicts work
the 12 steps of Narcotics
Anonymous.

WE NEED YOUR HELP

With
Subcommitee Members
&
Can always use more Step Guides

Join US

Come See What We Do !!!

August 24th @ 7pm or

September 28th @10am

ALL ARE WELCOME TO ATTEND

For More Info Contact:

Jessica F. (Chairperson)

636-428-1897

wsrshowmeregion@gmail.com







ZOOM PLATFORM

Meeting ID 815-4497-0779 Password 121212

we are not affiliated with this virtual platform

Arkansas Regional Service Committee Phoneline Orientation Package

(updated May 2025)



www.arscna.org

Arkansas Phoneline (888) 501-1607

Welcome to Phoneline service

Thank you for joining the Phoneline team, and welcome on behalf of the Arkansas Regional Service Committee. Phoneline (or helpline) service is often someone's first contact with Narcotics Anonymous. These calls matter—a simple conversation can help an addict take the next step toward recovery. That's why it's so important we respond with compassion, patience, and respect. Every caller should feel seen and valued. We encourage you to bring both your personal experience and an understanding of NA's public relations principles to this service. This guide isn't meant to cover every possible situation you might face on the Phoneline, but it will give you a strong foundation. Your coordinator will provide additional training on how to handle different types of calls.

Phonelines & Core Public Relations Principles Cooperation, Not Affiliation

Phoneline service helps build positive relationships with people and organizations outside of NA—like law enforcement, homeless outreach, and social service groups that work with addicts. When we cooperate with these groups, we help raise awareness of NA as a real solution for recovery.

We always follow our Traditions to guide how we serve. By keeping our focus on NA's primary purpose—helping addicts—we strengthen our unity and build trust in the community. When we act with integrity and stay consistent with NA's principles, people are more likely to refer addicts to us and share the local NA Phoneline number.

Attraction

Our actions speak powerfully to potential members, to professionals, and to the public. When we provide reliable, responsible, and consistent Phoneline services, we demonstrate our program of recovery in action. Small but consistent actions build our reputation, so it's important that our Phonelines operate as intended.

Offering a Phoneline number obliges us to make sure each call is answered, whether by an NA volunteer, an answering service, or an automated system. The important thing is that callers learn they can count on us and know that we care. We respond to messages promptly and return calls requesting help or information about NA. In all of these ways and many others, our Phoneline services provide opportunities to attract the addict who still suffers to our meetings.

Referrals

Phoneline calls often come from nonaddicts or potential members looking for help beyond what NA offers. It's important to keep a list of emergency numbers, including crisis lines for medical emergencies or suicide prevention. This helps ensure safety and avoids liability issues

You must read the disclaimer below to comply with our 6th tradition before giving out these numbers.

"We do not endorse and are not affiliated with these organizations, but as a courtesy we will give you their telephone number so you may call them if you choose"

When asked about detox or treatment centers, we can share a full list of local services—but we do not recommend or endorse any one place. Giving a full list avoids the appearance of affiliation. In the U.S., for example, the SAMHSA helpline is a good resource to include.

Loved ones of addicts may also call. Service bodies can choose to provide contact info for Nar-Anon, Families Anonymous, or similar programs. We don't give opinions or recommend one group over another—just the contact info. Not sharing this can hurt our relationship with the public and may prevent someone from finding NA. Service bodies may want to create a handout explaining why NA avoids endorsements (see www.na.org/phonelineresources). We share these resources in a spirit of cooperation—not affiliation.

Meeting Recommendations

NA is frequently contacted by potential members and professionals looking for meetings they believe will allow for identification. Many volunteers have been faced with the question: Do you know a meeting that would help this person? We know that our Traditions encourage a spirit of anonymity, and that anonymity allows us to meet equally as addicts. Yet we also know that first impressions count and that the principle of attraction is important to an addict's ability to hear the NA message, "we can stop using, lose the desire to use, and find a new way to live." Trusted servants can respect callers' requests and recommend meetings where they are likely to find addicts with whom they may identify. We do not, however, automatically assume that because someone is of a certain age, gender, ethnicity, or sexual identity, they will want a meeting recommendation.

If there are no common needs meetings in a service body but there are meetings where, for example, a larger population of young people regularly attends, then Phoneline volunteers can suggest these meetings to a caller asking for a recommendation. This may allow potential members to more easily identify and connect with NA. In making these recommendations, Phoneline volunteers can explain that many NA members feel a sense of unity within a very diverse fellowship, making it clear at the same time that any addict can attend any meeting regardless of how it is listed in the schedule; for example, in a young people's meeting, there may be older members there.

Professionals and students who wish to observe a meeting—whether as part of a university course or to better understand NA—should be respectfully guided to attend an "open" meeting. While we welcome their interest and presence, it's important to clearly explain that NA meetings are based on the spiritual principle of anonymity. We ask that observers refrain from taking notes during the meeting or sharing who they saw or what they heard, in order to preserve the safety and confidentiality of our members. Observers are welcome to listen quietly, but the sharing portion of the meeting and any financial contributions are reserved for NA members. We encourage observers to arrive early, introduce themselves to the group's trusted servant, and ask any questions before the meeting begins. If they still have questions afterward, they're encouraged to follow up so we can help them better understand NA while maintaining the safety of our recovery environment.

Phoneline Do's

- Answer professionally: "Narcotics Anonymous, this is [first name], and I am an addict. How can we help you?"
- Respond promptly: Always answer or return calls as quickly as possible.
 If you are unavailable or your number changes, contact the Phoneline coordinator immediately.
- 3. **Respect anonymity and safety:** Only use your first name. Never share personal info of other members. Confirm you're speaking to the person who requested help before mentioning NA.
- 4. **Be helpful, kind, and empathetic:** Treat every caller with compassion, regardless of their background, whether or not they are an addict.
- 5. **Listen and assess:** Ask respectful questions to understand what the caller needs. Stay present and attentive.
- 6. **Keep it brief and focused:** Stay on topic. Avoid therapy, war stories, or long conversations. We're not doctors or counselors.
- 7. **Use NA materials and resources:** Have meeting schedules, NA pamphlets, White Booklet, Twelfth-Step list (if applicable to your local service body), and a resource list.
- 8. **Use the team:** If you're stuck, ask another trained NA Phoneline volunteer or the Phoneline coordinator. It's okay to say, "I don't know, but I'll find out."
- 9. **Make appropriate referrals:** If needed, refer to treatment centers or hotlines **without giving personal names/numbers** of NA members or treatment staff. Ask a team member for help if unsure. Follow up if you've passed a call on.
- Stay in contact: Reach out to the Regions Phoneline point of contact if you experience any issues or unusual calls.

**Encourage NA service: Invite others NA members to volunteer and share about orientation opportunities.

Phoneline Don'ts

- 1. **Don't argue or debate:** Never argue with callers, especially about addiction, NA beliefs, or recovery approaches.
- 2. **Don't glorify addiction:** Avoid sharing "war stories" or any language that glamorizes drug use.
- 3. **Don't give personal info:** Never give out names, phone numbers, or addresses of NA members—or reveal who was at a meeting.
- 4. **Don't make commitments on NA's behalf:** Do not promise literature, speakers, or events without first contacting the Region/Area Phoneline coordinator or the appropriate PR contact.
- 5. **Don't give advice beyond your role:** Phoneline volunteers are not counselors or crisis workers. Stay in your role—refer instead.
- 6. **Don't use profanity or NA jargon:** Keep your language respectful and free of inside phrases like "get a sponsor" or "home group," which may confuse newcomers.
- 7. **Don't ignore difficult calls:** If a caller is triggering or upsetting, get their number and pass it to another team member for a callback. Never tell someone to use drugs.
- 8. **Don't provide treatment center info carelessly:** You may refer someone to treatment, but don't give out personal staff names or phone numbers unless it's an official public contact.
- 9. **Don't guess:** If you don't know the answer to something, say so. Offer to find out and follow up or pass it on to someone who can help.
- 10. **Don't give your personal opinion about MAT (medication-assisted treatment) or similar topics.** Let the caller know that anyone is welcome at an "open" meeting. Refer them to NA literature on the topic. **Note:** If they are expressing they've received a negative reaction before, remind them that individual opinions may not reflect NA as a whole.

**NOTE: It is imperative that a volunteer always remember to keep calls as brief as possible and report any issue to the Phoneline coordinator and/or an RSC committee member responsible for maintaining the Phoneline.

NA Website Address/Referrals

| Area/Region | Web Address | Locations/Information |
|--|--|--|
| Arkansas Region of NA | www.arscna.org | See service map (on website) |
| Southern Zonal Forum | www.szfna.org | Arkansas, Western Kentucky, Louisiana, Missouri, Mississippi, Southeast Oklahoma, Tennessee, and Texas |
| US Collaboration of Zones | https://usa-na.org | United States Zones |
| NA World Services | www.na.org | NA Worldwide |
| Nar-Anon Family Groups | https://www.nar-anon.o | 12 Step fellowship for family and friends of addicts. |
| Narateen | https://www.nar-anon.o | 12 Step fellowship for TEEN family and friends of addicts |
| Nar-Anon Midwest Region | https://www.naranonmi dwest.org | Arkansas, Illinois, Indiana, Kansas, Missouri, Wisconsin |
| Families Anonymous | Families Anonymous | FA is a 12 Step fellowship for the family and friends of those individuals with drug, alcohol, or related behavioral issues. |
| National Suicide Prevention | Lifeline (988lifeline.org) | National Resource |
| Suicide National Hotline | 800-784-2433 | National Hotline |
| Substance Abuse and Mental Health Services Administration (SAMHSA) | www.samhsa.gov 800-662-HELP (4357) TTY: 800-487-4889 | The National Helpline provides 24-hour free and confidential referrals and information about mental and/or substance use disorders, prevention, treatment, and recovery in English and Spanish |

Arkansas Phoneline flowchart

How do people find our phone number?

- In Community: Posters/flyer, Bus benches, Billboards, PSAs (videos/radio)
- Online: Websites & Social Media
- Referrals

Who calls the Phonelines?

- Addicts (both potential members and current NA members)
- Nonaddicts
- Family members and loved ones
- Professionals & Clergy

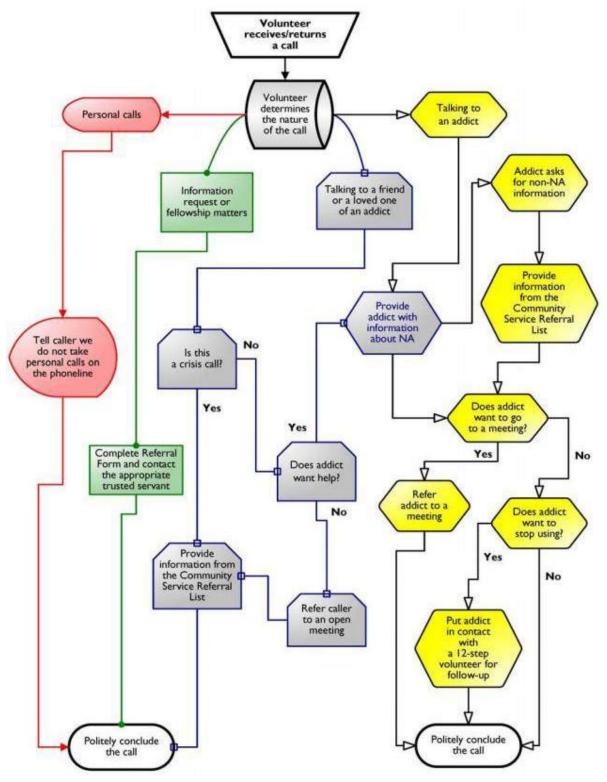
Why do people call the Phoneline?

- NA meeting or event information
- General information about NA
- Public Relations request (PR presentations, H&I meetings, etc)
- Referrals

How are calls routed for the Arkansas Region of NA?

- 1. Caller dials the Phoneline number.
- Calls are routed to our answering service. They have been provided with a <u>short</u> script used only to find out the nature of the call and location if they need to transfer the call.
 - a. Meeting or event information requests-answering service uses our website to locate the information and provides it to the caller.
 - b. New meeting/meeting update requests-answering service emails that information to meetings@arscna.org.
 - c. For PR or requests other than "talking to an addict"-answering service uses the RSC trusted servant list based on responsibility.
 - d. For "talk to an addict" requests-answering service calls volunteers listed on the patch list in the closest geographic area to the caller.
- 3. Answering service places the caller on hold to find a trained NA patch list volunteer who's available to accept the call (based on call type).
 - a. If no one is available, they ask to take a message for the NA volunteer who calls them back to retrieve the message.
 - b. They will attempt to call 2-3 volunteers before letting the caller know they can take a message and have someone call them back.
- 4. Volunteer talks to caller / Returns the call / Forwards the information to another trained NA patch list volunteer

SAMPLE Phoneline flowchart



**Arkansas Region Phoneline does not maintain a "12 step volunteer list". Refer to a meeting or see local resources.

How to Answer Phoneline Calls

| FIIOILE. KING! KING! |
|---|
| Volunteer : Narcotics Anonymous Phoneline, my name is I am an addict. How can we help? |
| We always first announce Narcotics Anonymous, then your name and last we say how can "we" help. The purpose of this statement is to ensure that the caller |
| understands who they have reached, let the caller know they are speaking with someone who can identify with them. Using the word 'we' emphasizes you are responding on behalf of our NA community and not yourself. |
| If returning a call anonymously (call backs) |
| Call Back: RING! RING! |
| Volunteer: Hello may I speak with |
| Person answering the call: They are not available at the moment; may I ask |
| who is calling? |
| Volunteer : Can you tell them that it is the Arkansas Region Phoneline Service. I am returning their call. |

This format must be used to ensure you are speaking to the correct person

as not to break someone's anonymity.

Volunteer: Yes, they do. Thank you

Person answering the call: Do they have your number?

Phone: DINCI DINCI DINCI

Be sure it is the caller you are speaking with before disclosing any information about the nature of your call. Do not use the name Narcotics Anonymous until you are sure that you are speaking with the person who called. This is to ensure that we protect that individual's anonymity, they could be calling from their job, or they may not want others to know they have contacted Narcotics Anonymous.

NOTE: You can use *67 to block your phone number when returning a call. You may need to call more than once for the person to realize it is a return call they are expecting.

How do we handle abusive calls?

Below are the Phoneline recommended actions. If you do not follow these recommendations we might not be able to take the action we deem necessary to protect our volunteers.

How do we handle profanity calls?

At any point during a call, you feel that profane language is used <u>at you personally</u> please advise the caller of the following:

"The Phoneline is a service available to assist addicts or those who believe they have a problem with drugs. Its volunteers are not required to listen to unprovoked profane language directed at them. If this language continues, I will have to end this call."

If the caller continues to use profane language, end the call, and record the time and the date that the call took place. Forward that information to the Phoneline Coordinator. They will record the number and if the instance happens, again they will take the appropriate action.

How do we handle sexually charged / illicit calls?

Sexually abusive calls are handled in the same manner. However, please use this language to end the call. "We have a record of your phone number. If necessary, we will file a complaint with your local law enforcement and will follow-up on the actions they recommend we take."

End the call immediately and forward the call information to the Phoneline Coordinator. The information must include the date and time of the call. If necessary we will contact law enforcement and provide them with the call along with the call information.

How do we handle crisis calls?

Be clear about where our responsibility ends. Phoneline volunteers are not counselors or crisis workers. Threats to commit suicide, a drug overdose, or talk about being a victim of violence are all examples of crisis calls. Refusing to refer such callers to qualified outside crisis agencies could have legal implications, depending on local laws.

Role play

Sample questions by potential members

1. I've been using (smoking pot) for three years and I'm not sure if I am an addict. Can NA help?

We suggest attending an NA meeting and speaking with some of the members there. Because NA meetings are a safe place, newcomers are encouraged to ask questions. Also, read some of our literature, which is available at most NA meetings, and decide for yourself. The informational pamphlet **Am I an Addict?** may help you in your decision making.

2. I am getting drug-tested by my parole officer; how long does cocaine stay in your system?

Narcotics Anonymous is a twelve-step fellowship for those who think they may have a problem with drugs. We are a self-help, recovery-oriented organization and employ no medical professionals. We do not give any medical advice or opinions, but we do help addicts find recovery through the NA program.

3. What should I expect when I go to my first NA meeting? Do I have to talk?

Typically, a chairperson will conduct the meeting. There is usually time for participation in which members share about their experience, strength, and hope with staying clean. You do not have to speak during the meeting if you don't want to. We encourage you to get there a little early so that you can speak with some of the members and pick up some literature before the meeting starts.

4. How much does NA cost? Do you take insurance? Are you counselors?

There are no fees or dues to be a member of NA. The only requirement for membership is the desire to stop using. We are not professional counselors; we are recovering addicts who share our experience to help each other stay clean.

5. I am a nurse by profession, and I want to get clean. Where can I find a nurses' meeting?

Some areas have common needs meetings than can provide another layer of identification, while others do not. Our area does not have a nurses' NA meeting. We can tell you, however, that recovering addicts from all types of professions attend our meetings.

6. I'd like to go to an NA meeting, but I don't have a car. Can you help?

We are sorry. That is a service we do not provide. There are many NA meetings that are hosted virtually if you don't have transportation to an in-person meeting.

7. I'm suicidal and I don't want to live anymore. What should I do? We strongly suggest contacting the suicide prevention number, which is 800-784-2433, 988 or call 911 to get immediate assistance.

Sample questions by loved ones

1. My boyfriend is using drugs, stealing, and cheating. What can I do to help him? Will you call him?

Because Narcotics Anonymous is a self-help program, addicts must have the desire to stop using. Once he is ready to stop using drugs, please have him call us so we can direct him to an NA meeting in his area. In the meantime, you may want to call Nar-Anon or Families Anonymous. Although we are not affiliated with these organizations, we are happy to provide their telephone numbers.

2. My son/daughter is using drugs and wants to stop taking drugs. Can I go with him/her to their first meeting?

You may attend an "open" NA meeting with your son/daughter. Open meetings welcome family members and the community at large. Closed meetings are for addicts only. Let me check our meeting list, so I can give you several choices of open meetings.

3. Will you call me if my son/daughter does not show up to meetings regularly?

No, we are not able to do that. Because this is a self-help and anonymous program, it is not our position to monitor an addict's willingness to attend meetings or report on anyone's attendance or participation in the meetings.

Sample questions by community members

1. I heard that my old friend, Jane Smith, is in NA. Can I have her phone number?

We are not at liberty to give out contact information for individuals who may or may not be members.

2. Drugs are being sold in my apartment complex. Can you come and arrest them?

Narcotics Anonymous is a twelve-step fellowship for those who think they may have a problem with drugs. We are a self-help, recovery-oriented organization and employ no law enforcement professionals.

How to sign up as a Phoneline volunteer

- 1 Year Clean time requirement
- Attend an orientation and let the Phoneline volunteer know your availability
 - <u>Must</u> attend a Regional Phoneline workshop every 2 years to qualify for the NA Phoneline volunteer patch list
- Contact the Phoneline coordinator for any availability changes (ie.vacation)

Resources to keep on hand

- White booklet / IP #1
- Referral List (see above)
- Websites (see referral list)
- Public Relations Handbook pg 2

"Narcotics Anonymous is a global, community-based organization with a multilingual and multicultural membership. NA was founded in 1953, and our membership growth was minimal during our initial twenty years as an organization. Since the publication of our Basic Text in 1983, the number of members and meetings has increased dramatically. Today, NA members hold nearly 67,000 meetings weekly in 139 countries. We offer recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings. The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle.

Our name, Narcotics Anonymous, is not meant to imply a focus on any particular drug; NA's approach makes no distinction between drugs including alcohol. Membership is free, and we have no affiliation with any organizations outside of NA including governments, religions, law enforcement groups, or medical and psychiatric associations. Through all of our service efforts and our cooperation with others seeking to help addicts, we strive to reach a day when every addict in the world has an opportunity to experience our message of recovery in his or her own language and culture."

Contact meetings@arscna.org for meeting updates/changes or concerns.

Contact pr@arscna.org for the Phoneline Coordinator.

CENTRAL ARKANSAS AREA CONVENTION OF NA

CAACNA



"I CAN'T, WE CAN"

AUG 8-10TH





SCAN HERE

HILTON GARDEN INN

10914 KANIS RD LITTLE ROCK, AR

PREREGISTRATION:

\$30

Registration is \$40 after 7/20.

HOTEL INFO:

Rooms at \$119/night. Call 501-227-4800, mention "CAACNA" before 7/20 to book.



Beefy Weiner Speaker Jam

August 23rd 2025

12-6

514 N. 11th St

Fort Smith Ar.



Auction, Raffle, And 50/50
Food And Fellowship
We Will Have T-Shirts And
Hats For
Sale All Proceeds Goes To
Arvana
Mens Retreat

Speakers Todd L. Fort Smith AJ D. Springdale Anthony C. Hot Springs

WSR

WRITING STEPS FOR RECOVERY

A Show-Me Regional
Subcommittee that gives
recovering addicts an easy and
wonderful 12th step opportunity
to help incarcerated addicts work
the 12 steps of Narcotics
Anonymous.

WE NEED YOUR HELP

With Subcommitee Members &

Can always use more Step Guides

Join US

Come See What We Do !!!

August 24th @ 7pm or

September 28th @10am

ALL ARE WELCOME TO ATTEND

For More Info Contact:

Jessica F. (Chairperson)

636-428-1897

wsrshowmeregion@gmail.com







ZOOM PLATFORM

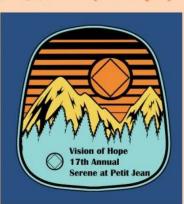
Meeting ID 815-4497-0779 Password 121212

we are not affiliated with this virtual platform





BACK OF T SHIRT



3PM BBQ BY EDDIE AND RJ

5PM 50/50 & AUCTION

8PM SPEAKER TBA.TBA

9PM RECOVERY COUNTDOWN

9:30PM CLEAN UP

11PM CAMPFIRE MEETING @

REGISTER @ PAVILION A OR MAIL TO 18 MACE CIRCLE CONWAY AR. 72032 RICKY @ 5013391549

KAREN G. 5012087148 CONTACT PETIT JEAN FOR CASH APP @ \$1027ALCA LODGING AND CAMPSITES @ 5017275441 ??'S JESSICA @ 5015481833



BURGERS & DOGS
PROVIDED
PLEASE BRING SIDE
DISH/DESSERT

Speaker: John D (Searcy, AR)
Food, fun, fellowship
Auction
Games
Dunking booth

\$10 registration
Baggo tournament \$10 per team
No addict turned away

For more Information contact: Jonathan M @ 501-322-9108 Angela M @ 501-605-4617 Brooks C @ 870-393-6935 WHAT A CHANGE MEETING 3 YEAR ANNIUERSARL

2ND ANNUAL BBQ



POT LUCK, KIDS ACTIVITIES, SPEAKER- KRIS H. MT. IDA, AR



BRING YOUR FAMILY & FRIENDS!

TOMPKINS BEND PAUILION
SHANGRI-LA RD MT. IDA

If you have any questions call Doug (818)489-7054

NEW FREEDOM PRESENTS:

3911-B Quonset Dr, Texarkana AR 71854



Doors open @ 5:30 p.m
Eating @ 6 p.m
Speaker Destiny B. From
Little Rock @ 8 pm
NO ADDICT TURNED AWAY

Jeanne D. 903-748-2572 Amy T. 430-610-9284. Steven K. 903-490-3006



SAVE THE TOTAL OCTOBER 3, 4, 5, 2025

CENTRAL ARKANSAS AREA ACTIVITIES' 41ST ANNUAL CAMPOUT ON PETIT JEAN MOUNTAIN AT THE LUTHERAN CAMP

More will be Revealed caractivitiesNA@gmail.com



Recovery on the Water

Hosted by FUACNA Activities Committee

Join us for a barge ride across Greers Ferry Lake Saturday, October 11, 2025 11am-3pm \$30 per person

Speaker meeting - Burgers/Dogs/Drinks/Desserts

Tickets must be purchased by October 1st Limited tickets available Arrive @ 10:30 - prompt departure at 11 am

Fairfield Bay Marina 4350 Hwy 330 S Shirley, AR

For Tickets, Contact
Jonathan M 501-322-9108
Angela M 501-605-4617
Prooks C 870-393-6935



Please enter your name & ROTW on the Cash App payment



arscna.square.site

1st 100 paid registrations get special SWAG!!

\$30 by Oct 10th \$40 after Oct 10th

CONTACT: CONVENTION@ARSCNA.ORG



Arkansas Regional Convention October 24-26, 2025 Eureka Springs, Arkansas

*NA is not affiliated with and does not endorse Best Western Inn of the Ozarks, Square, or any specific payment method

LOCATION: BEST WESTERN INN OF THE OZARKS

FUACNA

hosting

Regional Service Committee Meeting

November 1-2, 2025

509 East Race Street #5 Searcy, AR



Saturday

10:00 Workshop

11:30 Lunch provided (TBA)

1:00 RSC Meeting-Day 1

5:30 Dinner provided (TBA)

7:30 Regularly Scheduled Meeting

Activity to follow meeting (TRA)

Nearby Hotels

Best Western Plus

Hampton Inn

Holiday Inn Express & Suites

Microtel Inn & Suites

LaQuinta Inn & Suites

Quality Inn & Suites



For more information contact Angie F. 501-281-5440









