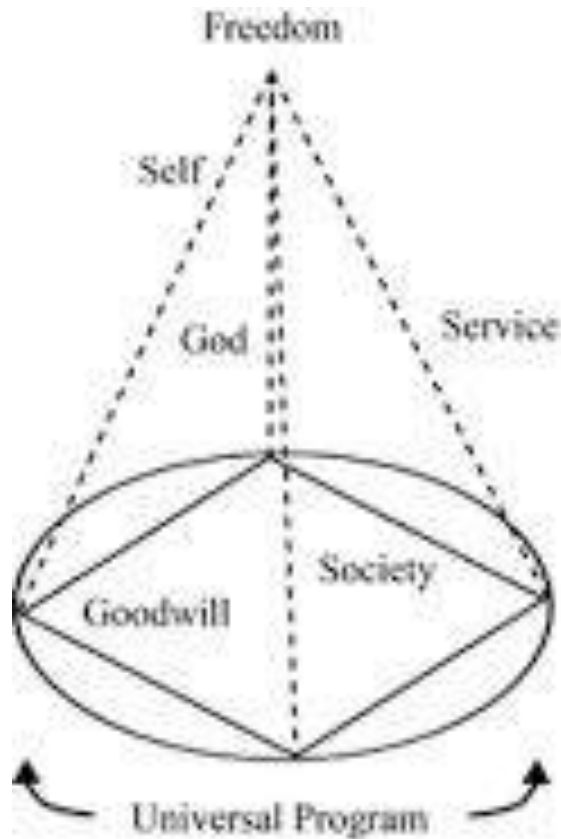


From the Ground Up

A Journey Through NA Service



Understanding NA Symbol



“It is the four pyramid sides that rise from the base in a three-dimensional figure that represent Self, Society, Service, and God. All rise to the point of Freedom. **All parts are closely related to the needs and aims of the addict who is seeking recovery, and to the purpose of the Fellowship which is to make recovery available to all.** The greater the base, (as we grow in unity in numbers and in fellowship) the broader the sides of the pyramid, and the higher the point of freedom.”

Basic Text, Our Symbol, pg xv

What is Service?

“We attend meetings and make ourselves visible and available to serve the Fellowship. We give freely and gratefully of our time, service, and what we have found here. The service we speak of in Narcotics Anonymous is the primary purpose of our groups. Service work is carrying the message to the addict who still suffers. The more eagerly we wade in and work, the richer our spiritual awakening will be.”

Basic Text, Step Twelve



Why Service Matters

“We keep what we have by giving it away.”

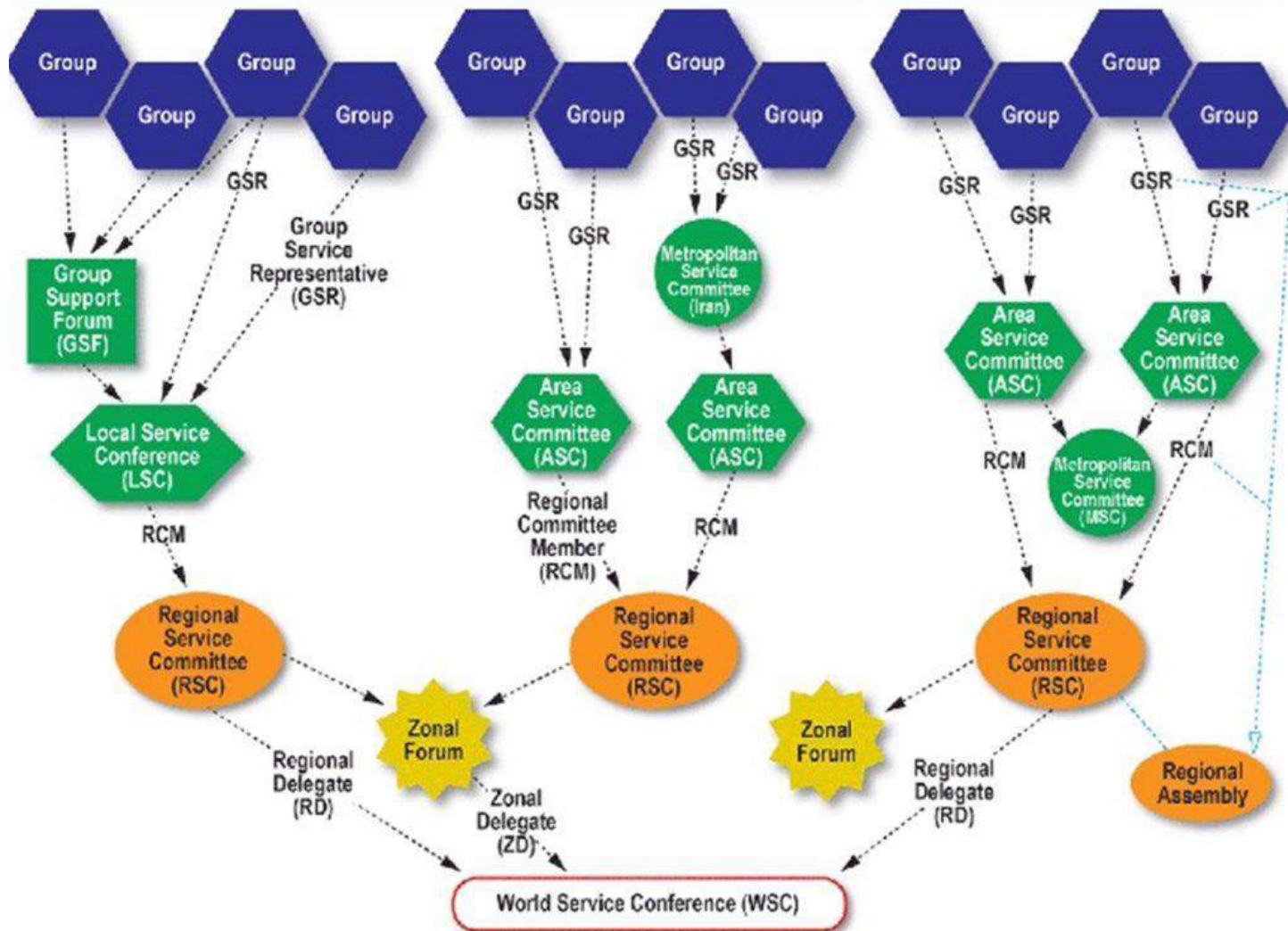
“The heart of NA beats when two addicts share their recovery.”

Basic Text, What is the Narcotics Anonymous Program?



Understanding the Framework

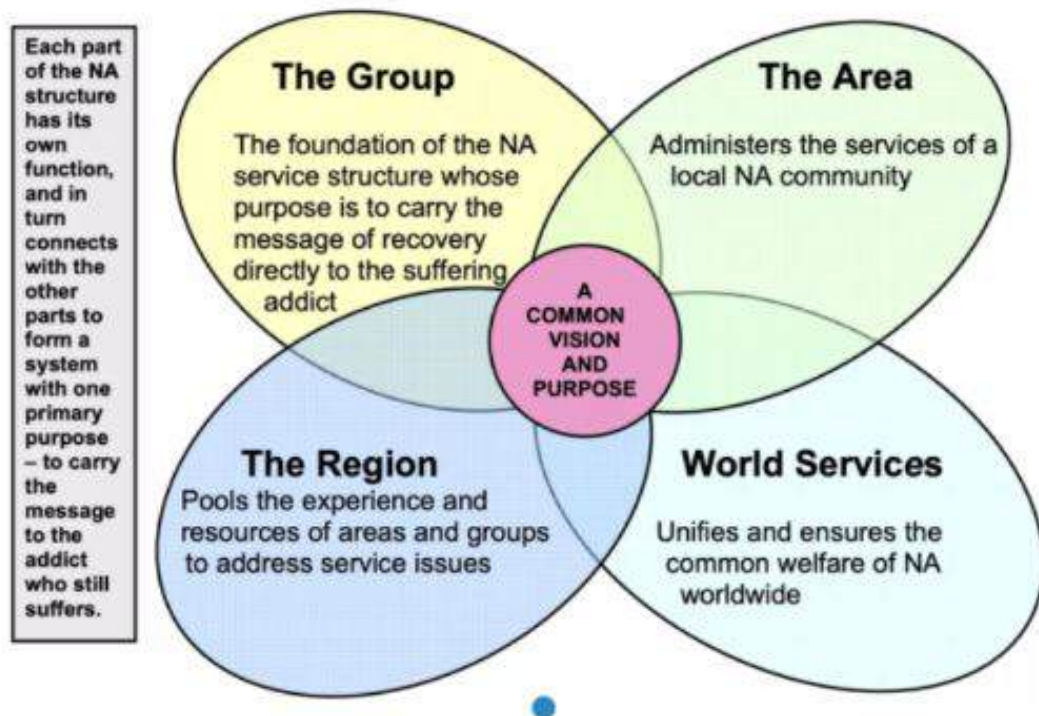
NA Service Structure *with possible options that can be combined*



Understanding the Framework

"Our service structure depends on the integrity and effectiveness of our communications." – Concept 8, GLS p.45

"Good leadership... comes from a foundation of service, spiritual growth, and willingness." – Concept 9, GLS p.46



Service: Working Together

“Everything that occurs in the course of NA service must be motivated by the desire to more successfully carry the message of recovery to the addict who still suffers. It was for this reason that we began this work. We must always remember that as individual members, groups and service committees, we are not and should never be in competition with each other. We work separately and together to help the newcomer and for our common good. We have learned, painfully, that internal strife cripples our Fellowship; it prevents us from providing the services necessary for growth.”

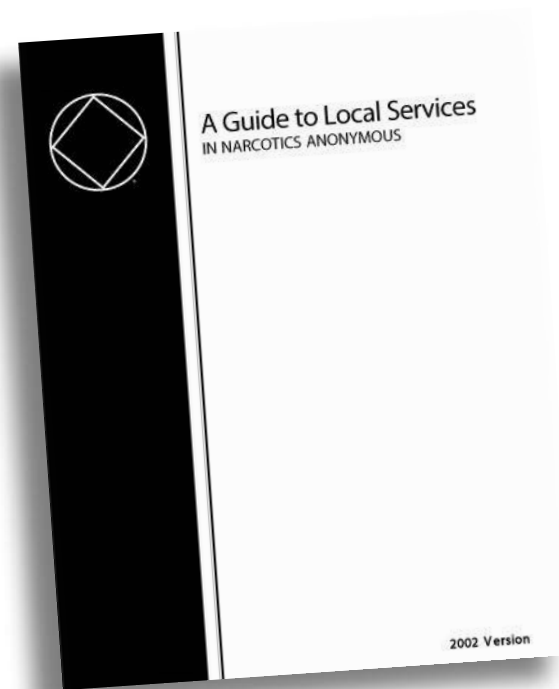
Basic Text, Introduction, pg xxvi

Most Important = The Group

"The group is the most important level of service in NA." – GLS p.1

"Our service structure depends on the integrity and effectiveness of our communications." – Concept 8, GLS p.45

"Good leadership...comes from a foundation of service, spiritual growth, and willingness." – Concept 9, GLS p.46



"CBDM rests on the fundamental belief that each member of the body holds a piece of the larger truth." – CBDM Basics

Experiencing Service Differently



Shift Focus from **Positions** to **Purpose**

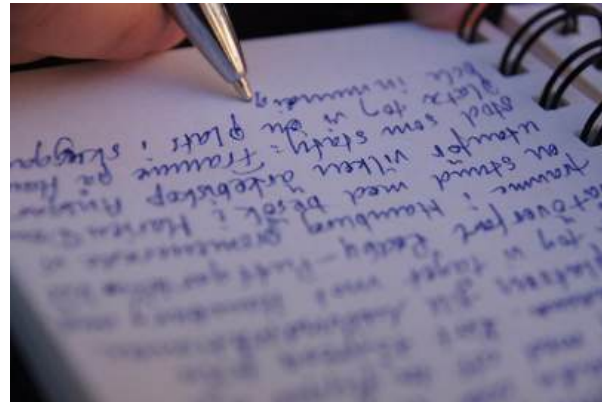
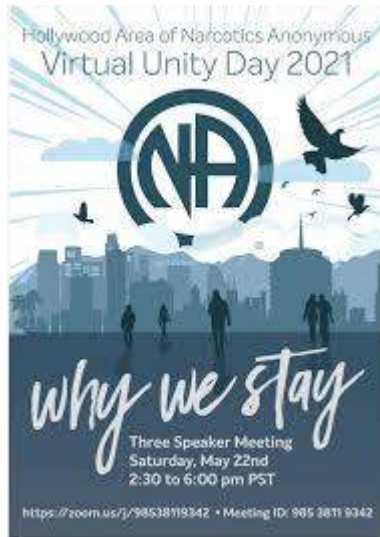
Task-Based Service



Definition: Short-term, informal, or one-time service opportunities that still support the primary purpose

NA Service Family Feud

Examples of Task-Based Service



What's something you could say yes to if it was short-term?

Internal & External Motivations

Internal Motivations:

- Sense of purpose
- Personal growth and transformation
- Spiritual connection and awakening (Step 12)
- Feeling helpful or useful
- Building confidence and learning new skills
- Deepening gratitude and humility
- Connection to a Higher Power and the fellowship

External Motivations:

- Fellowship recognition or encouragement
- Making friends and socializing
- Building a support network
- Practicing leadership in a safe space
- Resume building or work/life skills
- Opportunity to express creativity
- Avoiding boredom or isolation
- Participating in events or road trips

Skill-Based Service Resume

Instructions: Fill out the chart below with your own experience.
(Reflect on your strengths, passions, and skills. Then brainstorm how those might show up in service work.)

What I Like or Am Good At	How I Use This in My Life	How I Could Use This in Service

Examples: I love talking to people, I'm a good listener, I'm good at tech, I can lift chairs, I have good handwriting, I can drive, I love designing stuff, I make people laugh...

Building Our Legacy: Practical Next Steps

1. Research some open NA projects anyone can join (at multiple levels of service).
2. Develop ideas for NA task-based service in your community.
3. Encourage mentorship as a task-based service opportunity.
4. Share sign-up opportunities often and with everyone.

Thank you for showing up and serving together!