

Arkansas Regional Service Committee of Narcotics Anonymous Minutes
Day 1, May 4, 2024, Hosted by NWAANA Area

1:30pm - RSC meeting began:

The Twelve Traditions, Twelve Concepts, 1st 2 paragraphs of Tradition 2, Definition of Regional Service Committee, and Purpose of Regional Service Committee were read.

Roll Call: Quorum Met

RCMs or their Alternates

ARVANA	Violet A.	Present
AWOL	James W.	Present
CENTRAL	Destiny P./Amanda V	Present
CRANA	Kim B./Tina C.	Present
FUACNA	David C	Absent
NWAANA	Crystal S.	Present
ORACNA	Aaron W.	Present

Administrative Committee Trusted Servants

Chair	Laurie S.	Absent
Vice Chair	J.R S.	Present
Regional Delegate	Glynn W.	Absent
Regional Delegate Alt	Alicia A.	Present
Secretary	Ashley L.	Present
Secretary-in-training	VACANT	
Treasurer	Yvonne S.	Present
Treasurer-in-training	David D.	Present

Standing Subcommittee Chairpersons

Policy and Procedures	JR S. (appointee)	Present
Convention Committee Chair	VACANT	Absent
Communications Coordinator	Jennifer B.	Absent
Ad Hoc: Inmate Correspondence	Crystal S.	Present
Ad Hoc: Basic Text for Jails Project	Alicia A.	Present
Ad Hoc: Project RSC Inventory	Wendy B.	Present
Ad Hoc: Project insurance	David C.	Absent

RSC REPORTS

Secretary Report -

No opposition, was supported

Ashley L.

Correspondence Report -

No opposition, was supported

Yvonne S.

Beginning Treasurer's Report

Ending Balance Last RSC \$0.00

Bills Paid

(Cleared)

2-5 UPS \$16.25

2-7 YMC \$143.00

#1236 Alicia A \$400.00

#1235 Jennifer D \$194.95

#1237 Yvonne S \$99.81

2-20 Twilio \$11.40

#1238 Recovery Connection \$250.00

#1239 NAWS \$3315.27

3-7 YMC \$143.00

#1234 SZF (Literature) \$504.96

#1240 SZF (Donation) \$2652.29

4-5 UPS \$172.25

4-8 YMC \$143.00

4-18 Twilio \$11.03

5-3 UPS \$16.25

(Outstanding)

N/A

Deposits

(Cleared)

2/2 \$2606.39

2/6 \$8547.93

5/3 \$165.37

(Outstanding)

N/A

Beginning Reconciled Bank Statement \$6078.64

RD/RDA Report - requested to move to Day 2 agenda

SUBCOMMITTEE REPORTS

Policy and Procedures

J.R. S.

No report given

Communications Coordinator

Jennifer B.

Website: All events that have been received are posted on the Regional website. There is a link so that any group, campout, or service body can "submit an event" directly at www.arscna.org. Please use this link even if you don't have all the details or a flier yet. It will help other Areas to show support by not scheduling several events on the same day/weekend when possible. There is a new feature that will allow you to subscribe to the event calendar and automatically get any events posted to your own calendar. It only works for iPhone at this time.

BMLT: All meetings have been updated that was received.

Phoneline: Update to the patch list will be done to include the members (that meet the TBD clean time requirement) that were present at the last phoneline workshop held at Cope Without Dope in Jonesboro on March 16, 2024. Thank you to CRANA for asking the phone line coordinator to be of service and hosting. There were 9 members present at this workshop. Speaking of clean time requirement for phone line volunteers, I noticed that there isn't a suggested clean time requirement in our guidelines. Neither I nor the former Communications

Coordinator could locate a clean time minimum for members wishing to be on the phone line. A copy of the outdated Phoneline Guide could not be located either. I suggest that we vote on and add a clean time requirement to our Guidelines since it is one of the first questions asked in training. We had a charge of \$10.05 for the cost of using the phone number in addition to the monthly charge of the answering service that totals \$426.15 for the quarter (includes March, April, & May).

Ongoing: Breakdown by County - a project to be continued to create a way for people to find meetings per county Calls per Area received: Below is a list of the calls received by the answering service, recorded and call log emailed.

- 8/11/23 - Central Ark area – Patched to Communications Coordinator after voicemail left with Area contact
- 9/03/23 - Referred to CAASCNA - Meeting information was provided
- 9/09/23 - Referred to CAASCNA – Meeting information was provided
- 9/19/23 - Patched to ARVANA
- 12/29/23 - Patched to CRANA
- 12/31/23 - Referred to CRANA – West Memphis meeting information requested
–Referred to the website

Social Media: <https://www.facebook.com/arscna/>
<https://www.instagram.com/arkansasnarcoticsanonymous/>

Basic Text for Jails Project

Alicia A, Amanda V, Violet M

A letter has been created to send to the jail contacts around the state. This project is still in process. Return any jail contacts to Alicia A.

Insurance

David C.

No report given.

Inmate Correspondence

Crystal S.

A letter template has been created by this committee and was read to the RSC. Report was read and accepted. Motion to accept will be drafted upon amendments (New Business).

RCMs or Alternate Reports

ARVANA - Todd L.

ARVANA – RCM Report for ARSCNA 05/04/2024 to 05/05/2024 ARVANA is doing well overall. Poteau Hard Core has left our area for Eastern Oklahoma Area and we wish them well. We have lots of events coming up and are very busy carrying the message in the River Valley. Currently, we have the following nine groups hosting 46 meetings per week that are seated within the Arkansas River Valley Area of Narcotics Anonymous: Easy Does It – Meetings are held weekly on Mondays and Fridays at 7pm. Mostly newcomers and people with a year or less clean time. Looking for people with longer term recovery to attend meetings and to sponsor. Meetings are held at Project Church at 312 W Main St, Clarksville. Speaker meeting the last Friday of the month with food starting at 6pm. They are hosting 9th Annual Speaker Jam on Saturday, June 15, 2024 at Cline Park in Clarksville from 12-6pm. Friends for Freedom – Meetings are held weekly on Thursdays and Sundays at 6pm at Shiloh Baptist Church in Russellville. Attendance is good currently. Grateful Heads Group – Daily meeting at noon and 630pm. Birthday night and fellowship is every second Sunday of the month with a monthly theme and food with chips following. Meetings are held at 1321 Knoxville St in Fort Smith. The Freak Out is scheduled for later this month at Cherokee Landing at Lake Tenkiller May 31-June 2, 2024. The ReFreeze in March was a success and a fun time for all. New Start – Monday

night literature study at 7pm and Tuesdays at 7pm and Thursdays at 8pm at 209 Union Street in Dardanelle. Recently stopped hosting the noon meetings. New Way – Good attendance and support. Meetings are being held on Sundays, Tuesdays, and Thursdays at 7pm at 23 N 20th St, Van Buren in the VFW building. First Sunday of the month is birthday night. Super Bowl Sunday Fun Day went well and was fun for all. Jasper Better Together – Meetings are held at Newton County Public Library in Jasper on Thursdays at 630pm. They asked to be seated at the April ARVANA group conscience. They are requesting donation of a literature rack with pamphlets and support from area members. RAW Group – Meetings are Monday, Wednesday and Thursday nights at 6pm. These are informal literature study meetings and Thursdays are dedicated to step working time. Meetings are located at 514 N 11th St in Fort Smith. Their 11th Anniversary Speaker Jam will be held at a location TBD in Fort Smith on July 13, 2024. Straight Forward Group – Daily meetings at noon, and 8pm. 7am meetings are only on weekends now. Professionals in Recovery closed NA meeting being held on Saturdays at 2pm. Birthday night is the last Friday of the month and speakers are every other Friday night. Thursday night is literature study. Meetings are located at 514 N 11th St in Fort Smith. The Unity Day games will be held Memorial Day Weekend at Ben Geren park. Bring your home group to compete, win and fellowship. Yellow Frogs Resurrection – The group currently has weekly meetings on Tuesday and Saturday nights at 6pm and Saturday night at 10pm. Meetings are located at 514 N 11th St in Fort Smith. They are struggling with meeting attendance. There is a group that is still trying to gain traction in Mulberry, at the Memaw's Café on Sundays at 5pm. There has been some recent interest to start a meeting up in Ozark again. H&I/PR Committee is currently going into the People Inc Juvenile/Youth center, Sebastian County Detention Center, Crawford County Detention Center, Sebastian County Juvenile Detention Center, Johnson County Jail, Lake Point Treatment Center, Pope County Jail, Gateway Treatment Center, and Harbor House with H&I meetings. There has been a hard time with recent changes at our jails with getting enough members who are qualified to go regularly. We are getting literature into the hands of the inmates though. We're changing some guidelines for members with DRT, MAT, narcotics prescription holders, and medical marijuana card holders being involved. We have been asked to go into a new Treatment Center called Stepping Stones of Arkansas in Hartman AR. We've also been approached by a transitional living center in Booneville about bringing meetings to their participants starting later this summer. The 2024 Men's Spiritual Retreat was held the last weekend in February 2024. Registration is open until January 1st, 2025 for next year's. It will be located at Lake Fort Smith State Park again. Registration amount is unknown at this time. The 2024 Women's Spiritual Retreat is scheduled for May 3-5th, 2024. It's being held now. Women are invited up for tonight for free at Lake Fort Smith with speakers at 4pm and 8pm. Hangin in the Fort was held in March 2024 and was a success at The Bakery District. We are grateful for all the support from everyone. Can't wait for next year. Cove Lake, "Let's Spend the Night Together," is scheduled for October 11-13th, 2024. This is their 31st annual campout. Registration is \$40 before September 1st and \$45 afterwards or day of event. This is the ARVANA Fall campout that will be held at Cove Lake near Paris, AR. As an area, we have not donated to region in 2 prior sessions. As a result, I'm making a \$50 cash donation today. I hope that I did not leave anything out at this time and appreciate the patience of all in our region as I continue learning about this position. Todd L will be attending the next ARSCNA in August while I'm out of the country . In loving service (if somewhat quiet and tired looking) Violet A.

AWOL - James W. RCM

- 9 weekly meetings from 1 group
- H&I is now in Boone County Jail twice per month - Have been struggling with room capacity. Looking into bringing a panel into the Newton County Jail.
- Regularly held activities are Birthday night, Friday night dinners, and The Freedom Float

CENTRAL - Destiny B

Hello from Central Arkansas,

We currently have 14 Home Groups that are a part of our Area. Saturday July 6 from 2-7pm What Can I Do is having their Annual Speaker Jam at Recovery Central with a BBQ Dinner, FREE Raffle, and a few great speakers! The Joy is In the Journey Campvention is May 17-19 in Tumbling Shoals, AR. The Convention Committee has an upcoming Spring Fling fundraiser on June 8th which will include recovery jeopardy, BBQ, and a bake sale. This committee had a very successful Superbowl Chili Cookoff to raise money for this year's area convention. They have also put down a deposit for the hotel and bought plane tickets for the Saturday night speake and are gathering NA merch for the auction. We have a new Literature Chair and he is learning the ropes of how to provide this service to our area's NA meetings. Our new H&I Chair is doing his best to organize and fulfill the needs of the facilities, but they are still needing more support from our Area's NA Members. We are currently taking 10 panels into 9 facilities. The PR Subcommittee has been very busy, posting NA flyers about the area, distributing IP's to a few different facilities, and having their regularly scheduled committee meeting. They also had a workshop in February where members familiarized themselves with the PR Handbook. They have also recently visited a new NA meeting at Shorter College and provided information about complying with NA's Twelve Traditions. During open sharing the H&I Chair brought up the need for a chair-person workshop so our Area had that workshop April 13th. Our area PR chair also hosted a workshop on April 28, 2024, on Dealing with Disruptive and Predatory Behavior. Thank you for your support and for allowing me to be of service.

CRANA - Kim B.

Good morning family. We have seven active home groups in our area. We have 7 groups in our area and 32 meetings a week. Cope without dope made 7 days a week Monday through Sunday at 7:00 p.m. Monday through Saturday at noon Sunday at 1:00. The Lana group in leachville meets on Tuesdays and Fridays at 7:00 p.m....The clean Air group in Paragould meets at 8:00 p.m. every Saturday. The clean and Serene group in Blytheville Arkansas mates on Monday Wednesday Friday Saturday and Sunday at 7:00 and then Tuesday night at 8:00 p.m.. they try not high group in Pocahontas meets Monday Tuesday Friday and Saturday at 7:00 p.m. primary purpose mates at 7:00 p.m. on Tuesday and Thursday and 8:30 on Friday. Freedom fighters in Paragould meets on Monday at 6:00 and Tuesday at 7:00. There has been a new meeting started in our area although they are not seated with us yet the name is the greatest escape they will meet in Osceola at 200 Diane drive at 6:00 p.m. every other Monday. The daily reprieve group and the no matter what group has decided to leave our area and go to the Tennessee area. We have H&I in our area we are currently active in one facility NEARRC there are 20 active members. H&I goes into this facility once a week. Activities in our area are as follows: cope without dope has recovery on the ridge May 10th 11th and 12th, we will have a memorial Day cookout on May 27th, we will have our 40th year anniversary sometime in June the date is TBA. Freedom fighters will have their annual float Trip on August 10th. Pocahontas try not high will have peace in the park on September 14th. Our area is looking into PR at this time to see if this may be something that we're interested in as an area and what all that entails. We recently got a new vice chair Chris B. We also elected a new secretary Sandy N. We recently got a new activities chair Mikey m he has chaired one event since being nominated and elected. The event went well.

FUACNA - David C.

No report given

NWAANA - Wendy B.

- 8 groups// 31 meetings/week

- -New Life, Alano Club, Fayetteville = noon M/W/F
 - -No Matter What, Eureka Springs = 2 locations, high in newcomers
 - -NEW! Resentmentville at Alano Club, Fayetteville = noon T/Th
 - -Peaceful Dozen (P12), Rogers = men's 10am Sat.
- Donations: check # 1480 \$768.16 NWAANA
 - 137 46.26 New Beginnings
- Trusted Servants: Chuck B. = elected interim chair (following two ASC led by RCM and one by Treasurer); vice-chair remains open.
- HIPPR:
 - -H&I: NWACCC, Women, Monday 7:30; panel member brunch 4/20/24
 - -Phoneline: Training via RSC Comm. Coord. TBD
 - -Public Relations: "It Takes a Village" booth 3/30/24
 - -Strategic Planning: consensus to develop mini workshop series for trusted servant development
- Activities:
 - - Beaver Roundup: June 28-30, 2024; Buffalo Point, Yellville = "InTents Recovery"
 - -Southern Zonal Forum: October 25-27, 2024; Hyatt Place, Rogers = see flyer
- Projects:
 - -separation of ASC Guidelines and Policy and Procedure ongoing; overlapping with update and review
 - -review of resources and electronic accounts commenced; accessibility via process not person goal
 - -ARSCNA Regional Convention 2025 bid
- Votes: #2=P; #3=P/O1 *audit final financials; #5=P/O1

ORACNA - Aaron W. RCM and Thorin S. RCMA

- 27 meetings by 6 groups
- 5 H&I panels at 4 facilities
- Assets: Willingness to serve, growing experience, and a strong H&I presence
- Genesis Group campout May 16-19
- SOS Float for Hope May 31-June 2
- What a Change 2nd Anniversary cookout June 22
- Area cookout August 31

Old Business

- **Motion2024-02-02:** Author Alicia A. Seconded by David D. Motion: to remove "Host City" from 1.4 Convention Committee- for convention policy Intent: to Clarify that these responsibilities of the committee as a whole and not just the host city **PASSED**
- **Motion2024-02-03:** Author Kim B Seconded by Ashley L Motion: Increase seed money from \$7000 to \$10,000 for Regional Convention Intent: Costs of Goods have gone up and the hotel Rates are higher. **PASSED**
- **Motion2024-02-05:** Author Kim B Seconded by Ashley L Motion: to determine on a quarterly basis whether we have a 1 or a 2 day meeting Intent: to help with area Area expenses, instead of two motel rooms nightly, hotels cost more now, and food costs for two people. Since the RSC meeting only last 3.5 hours on each day typically. **FAILED**

Open Sharing

- Destiny B. asking if there is a GSR Report Format available. Alicia A. directed her to NA.org for the GSR basics and orientation information. Aaron W. stated that has one from another member that he would share. Crystal S. directed Destiny to the NWS GSR Report Form on the NWA website.
- Destiny B. asked for suggestions on what to do if area subcommittees are fundraising in a gambling-adjacent way. Amanda V. added that their area has a guideline against this type of activity. Destiny presented a NAWA bulletin that advises us on this. Much discussion followed.
- Wendy B. brought up that NWAANA has started a passwords and logins inventory. She went on to ask who has access to all the regional accounts. She suggested that RSC perform a similar inventory and that she will write a motion regarding this.
- Following the morning workshop, the group decided that RSC should move toward CBDM. A motion will be written to carry this out.
- Wendy B. asked if the phone line use was worth the cost we are paying as a region. The cost is \$1700 annually. Crystal S. stated that this is a new phone number, which could be contributing to the lack of use currently. She suggests that we act as a regional to publicize the phone number. It was stated that, when the switch happened, many quotes were considered. The region had multiple reasons to use the current company for phone line services.

Convention Bids

Order of the day was changed to allow convention bids at this time

- NWAANA presented RSC with a bid to host the 2025 Regional Convention from their area. This was the only bid returned by areas.
 - NWAANA bid was accepted and bids were closed
 - Nominations for Convention Chair were requested to be brought back.

END

End of day 1

Closed with 3rd Step Prayer

Arkansas Regional Service Committee of Narcotics Anonymous Minutes
Day 2, May 5, 2024, Hosted by NWAANA Area

RSC meeting Resume - May 5, 2024, @ 10:00 am with Serenity Prayer

Roll Call: Quorum Met

RCMs or their Alternates

ARVANA	Violet A.	Present
AWOL	James W.	Present
CENTRAL	Destiny P./Amanda V	Present
CRANA	Kim B./Tina C.	Present
FUACNA	David C	Absent
NWAANA	Crystal S.	Present
ORACNA	Aaron W.	Present

Administrative Committee Trusted Servants

Chair	Laurie S.	Absent
Vice Chair	J.R S.	Present
Regional Delegate	Glynn W.	Absent
Regional Delegate Alt	Alicia A.	Present
Secretary	Ashley L.	Present
Secretary-in-training	VACANT	
Treasurer	Yvonne S.	Present
Treasurer-in-training	David D.	Present

Standing Subcommittee Chairpersons

Policy and Procedures	JR S. (appointee)	Present
Convention Committee Chair	VACANT	Vacant
Communications Coordinator	Jennifer B.	Absent
Ad Hoc: Inmate Correspondence	Crystal S.	Present
Ad Hoc: Basic Text for Jails Project	Alicia A.	Present
Ad Hoc: Project RSC Inventory	Wendy B.	Present
Ad Hoc: Project insurance	David C.	Absent

RD/RDA Report - Report was given and is attached separately

New Business

- M2024-05-01: To approve template letter for inmate correspondence response, with amendments approved by RSC on 5/5/24, with no more than \$150 for supplies mailed each quarter. INTENT: Provide consistency and expediency for responding to inmate mail. **SUPPORTED WITH AMENDMENTS**
 - Multiple copies of "Reaching Out" will be sent as well.
 - This will be an automatic response from Treasurer, who will be provided with a list of facilities that allow literature.
 - \$150 quarterly to purchase supplies (stamps and envelopes)
 - Basic Text will be sent from NAWS
- M2024-05-02: Inventory RSC resource accessibility (i.c. bank accounts, phone, mail, et.al.) INTENT: Ensure fellowship resources are available via process not person-dependent. **REFERRED TO ADMIN**
- **M2024-05-03:** Add clean time requirement for phone line volunteers of 1 year clean. INTENT: currently not outlined in the guidelines. **BACK TO GROUPS**
- M2024-05-04: Add phone line training materials or list of recommended materials to the addendums of the policy (for reference). INTENT: Consistent resource lists. **REFERRED TO COMMUNICATIONS**
- M2024-05-05: Create a workgroup for PR for Professionals presentation being given during the October 2024 SZF meeting. Membership for the workgroup should be open to all members of the region. INTENT: Have statewide presence at the event and to invoice professions. **SUPPORTED**
- M2024-05-06: Implement CBDM strategies at RSC (as a way to further our understanding of the principles) for a period of 1 year. An evaluation at the end of that 1 year will be done to either continue the learning process, move toward full

implementation, or revert back to old ways. INTENT: Give the RSC a safe place to try a new way to provide services to the region. **OUT OF ORDER**

- M2024-05-07: Hotel rental for Travel Fund (JR) \$384.71. **SUPPORTED**
- M2024-05-08: Travel reimbursement for Yvonne & David. INTENT: to reimburse Yvonne and David for the hotel and gas in the amount of \$372.02. **SUPPORTED**

Nominations (back to Areas/Groups):

RSC Vice Chair: JR S. (CAASCNA)

- Service Resume
 - Previous service commitments completed: Area Chair, Chair, Outreach Chair, GSR, GSRA, Treasurer, Area Treasurer, and RSC Vice Chair
 - Other service commitments: RSC Vice Chair
 - Service positions vacated by resignation or impeachment: Treasurer in training-due to treasury issues within RSC
 - Experience in area of service for which nominated: Current Vice Chair
 - Clean Date: 04/15/09
 - Why nominee can and wants to serve the fellowship: To learn more and be involved with service to the region

RSC Secretary: Amanda V. (CAASCNA)

- Service Resume
 - Previous service commitments completed: Interim Group and Area Secretary, Area Chair, Area Vice Chair, Area Activities Chair, GSR, GSRA, H&I Panel Leader
 - Other current service commitments: RCMA
 - Service positions vacated by resignation or impeachment: N/A
 - Experience in area of service for which nominated: Interim work as Group and Area Secretary
 - Clean Date: 10/04/14
 - Why nominee can and wants to serve the fellowship: To use my experience to serve the Arkansas Region.

Treasurer: Yvonne S. (CAASCNA) AND David D. (CAASCNA)

- Service Resume - Yvonne
 - Previous service commitments completed: Activities Chair, H&I Chair, Group Treasurer, Area Treasurer, Area Vice Chair, RCM, Regional convention vice chair and program chair.
 - Other current service commitments:
 - Service positions vacated by resignation or impeachment: None
 - Experience in area of service for which nominated: Present Regional Treasurer
 - Clean Date: 7/16/88
 - Why nominee can and wants to serve the fellowship: To freely give back to the fellowship
- Service Resume - David
 - Previous service commitments completed: Group secretary from 2019-2023
 - Other current service commitments: Area Treasurer, H&I Secretary, H&I Panel Leader
 - Service positions vacated by resignation or impeachment: None
 - Experience in area of service for which nominated: Treasurer of college fraternity, Area Treasurer 2 years to current.
 - Clean Date: 01/27/19

- Why nominee can and wants to serve the fellowship: I <3 NA, too! I've always been told to never deny a reasonable request.

Treasurer in Training: David D. (CAASCNA)

- See service resume above

RSC Policy and Procedures: Wendy B. (NWAANA)

- Service Resume
 - Previous service commitments completed: Group secretary, treasurer, GSR, and GSRA. Area H&I Chair, Ad Hoc Chair, and RCM. Regional RCM and Ad Hoc Chair.
 - Other current service commitments: RCM-term ending in November
 - Service positions vacated by resignation or impeachment: H&I Chair, 2013; life restructuring
 - Experience in area of service for which nominated: Deeply experienced in taking thorough notes and creating concise reports, managing deadlines and connecting support networks both in NA and my worklife.
 - Clean Date: 11/22/2007
 - Why nominee can and wants to serve the fellowship: 1 <3 NA! I have witnessed the importance of "effective leadership" and believe I can give back what I have been taught in the Secretary position (Wendy was previously nominated for the secretary position). It would allow me to increase my organization and computer skills.

RSC Communications Chair: Jennifer B. (CAASCNA)

- No service resume provided - Current position holder

RSC Chairperson: Lauris S. (FUACNA)

- No service resume provided - Current position holder

Nominations open for Regional Convention Chairperson

Updated Treasurer's Report

Beginning Working Balance:	\$6078.64
Area Donations: (Total)	\$2028.44
ARVANA \$0.00	
AWOL \$0.00	
CAASCNA \$684.77	
CRANA \$0.00	
FUACNA \$0.00	
NWAANA \$768.16	
ORACNA \$500.00	
New Beginnings (Total)	\$75.51
\$29.25	
\$46.26	
Turnovers: (Total)	
Returns of Budget: (Total)	
Updated Balance:	\$8107.04

Announcements - See attached fliers

Review of Information going back to Areas

- **M2024-05-03:** Add clean time requirement for phone line volunteers of 1 year clean. INTENT: currently not outlined in the guidelines. **BACK TO GROUPS**

- **Nominations for voting:**
 - Vice Chair: JR S.
 - Chair: Laurie S.
 - Treasurer: Yvonne S. AND David D.
 - Treasurer in Training: David D.
 - Secretary: Amanda V.
 - Policies and Procedures: Wendy B.
 - Communications: Jennifer B.
- RSC Inventory - Return completed RSC Inventory Sheets to Wendy B. at August Meeting
- **Nominations open for Regional Convention Chairperson**

Final Treasurer's Report

Starting Final Balance:	\$8107.04
ARVANA Donation:	\$50.00
Final Starting Balance:	\$8157.04
Budgets Given:	\$870.00
{RD/A - SZF Travel}	
Deductions:	\$3165.00
{Increase Convention Seed Money}	
Reimbursements:	
Money Motions: (Total)	\$756.73
{JR \$384.71 - travel}	
{Yvonne \$372.02 - travel}	
Updated Final Balance:	\$3365.31
Prudent Reserve:	(\$2421.25)
Accruals (\$340xQ#):	(\$669.05)
Balance over prudent and accruals:	\$275.02
Donation to NAWS (50%):	\$137.51
Donation to SZF (40%):	\$110.01
Travel Fund:	\$27.50
Final working Balance:	\$0.00

Plans for next meeting

ORACNA, August 3-4, 2024, Flyer attached

ARSCNA 2025 ROTATION SCHEDULE

February 2025	AWOL
May 2025	CAASC
August 2025	CRANA
November 2025	FUACNA

12:00pm - end of meeting

MAY 2024 RD Report to RSC

World Convention of Narcotics Anonymous www.na.org/wcna

Information Discussion Topics www.na.org/idt

- Dealing with Disruptive and Predatory Behavior
- DRT/MAT as It Relates to NA: Helping Members Take Root
- Gender-Neutral and Inclusive Language in NA Literature (plus [FAQ!](#))
- Reimagining and Revitalizing Service Committees

World Service Conference (WSC)

Important WSC dates:

- November 28, 2024 – Interim CAR/CAT released
- February 28th & March 1st 2025 – Interim WSC

WSC 2023 inventory/survey ([survey results](#))

Resources

NAWS has several resources available on their website. I've linked many of them below.

- FD Resources <https://www.na.org/fd-resources>
- Media Resources <https://www.na.org/media>
- Basic Text audio versions <https://www.na.org/audio>
- NAWS Videos are great for workshops and events <https://www.na.org/videos>
- NAWS News - April 2024 available (www.na.org/nawsnews)
- A Guide to World Services in NA 2023–2026 ([English](#))
- New NAWS Brochure ([Screen version](#) | [Printing locally](#) | [Posters](#))
- NAWS Update – January 2024 ([PPT](#) | [PDF](#) | [Notes](#))

New Meeting Finder is LIVE! (<https://www.na.org/meetingsearch>) - you will now be directed to the local Region's website for more up to date meeting info.

SZF Fellowship Development project update: Arkansas Basic Text for jails

- 90 letters were sent, 8 responses were received, and SZF FD has followed up with 3 so far that will be receiving a Basic Text. The other 5 will be contacted for more follow-up and next steps.
- The type of tablet software in Arkansas isn't consistent across the state in detention centers and jails; this is presenting us an additional challenge that we are working on.
- SZF is working to stay within the original scope of the project as a Zonal body and support the Arkansas Region with anything beyond that scope.
- The Arkansas Region is working to create a list of Area contacts and develop relationships with the facilities that are already being served in those counties. This will be the best launch pad for more of the colder contacts.

MAY 2024 RD Report to RSC

- There is a plan to draft a new letter for follow-up for the facilities we haven't heard back from yet. We are hoping that a more direct approach will create a better outcome.
- We need contact names/info for any of the jails on our list from the Areas and their subcommittees (if you have them).

NEZF (Northeast Zonal Forum) in collaboration with members from several zones has a longstanding **YouTube channel** full of webinars, instructional videos, and materials across many important topics. You can find "NA Video Tools and Virtual Outreach" YouTube Channel at <https://www.youtube.com/@NAVirtualOutreach> (If you have materials you would like to submit for us to post or any requests, Please email them at na.virtual.outreach@gmail.com)

Future SZF Dates:

- Summer SZF 2024 - Louisiana Region hosting in **New Orleans**
 - **Workshop:** "Reaching out the newcomer from treatment to recovery" (Greg & Lee)
 - **Workshop:** "Concepts and Etiquette" (Kristin & Scotty)
 - **Nominations for Secretary - NEEDED**
 - Fall SZF 2024 - Arkansas Region hosting in **Rogers, AR**
 - The Arkansas Region is excited to host the SZF October 25-27th, 2024 in Rogers Arkansas.
 - We will be working with Craig G. to plan a PR event for Friday. We have a flyer with all the information including local meetings. Peaceful Dozen meeting of NA will be hosting their annual Halloween Bash & Costume Contest the Friday evening of SZF weekend.
 - **Workshop:** Reimagining and Revitalizing Service Committees (Alicia & Russ)
 - **Workshop:** DRT/MAT as it relates to NA (Kevin D. & Bryan)
 - **Workshop:** "Unity" (Cindi B.)
 - **Submit SZF T Shirt design ideas before May 2024 RSC - submit to Alicia A.**
 - Winter SZF 2025 - **fully virtual** (to save money for the SZF)
 - Summer SZF 2025 - Lone Star Region hosting (**possibly in Texarkana**) - continue the discussion about changing the format to 1-2 per year 100% virtual
 - Fall SZF 2025 - Kentuckiana Region hosting
 - Bluegrass Appalachian Region - removed from rotation
-

MAY 2024 RD Report to RSC

Make a Difference (how to get involved/stay connected):

- SZF Email list (mailchimp): <http://eepurl.com/gcMJUL>
 - SZF Social media: www.facebook.com/NASouthUS
 - SZF meetings (hybrid): www.szfna.org/events
 - Participate in the
 - Participate in the Collaboration of US Zones efforts (www.usa-na.org)
 - SZF Volunteer form www.szfna.org/volunteer
 - SZF Workgroups: Communication, Mentorship, Effects of Racism
-

USA Based Service Symposiums (virtual attendance options at most)

- Western Service Learning Days (<https://wsld.org/>) **October 18-20, 2024** in Tucson, Arizona
 - Florida (<https://naflorida.org/fss>) **March 2025** in Tampa, FL / Orlando, FL
 - Northeastern States Service Symposium (<https://nesssna.org>) **April 25-27, 2025** in Greater Philadelphia
 - Multi Zonal Service Symposium (www.mzssna.org) - Hosted by Plains States, Southern, and Midwest Zonal Forums of NA - **September 2025** in Plains States Zonal Forum
-

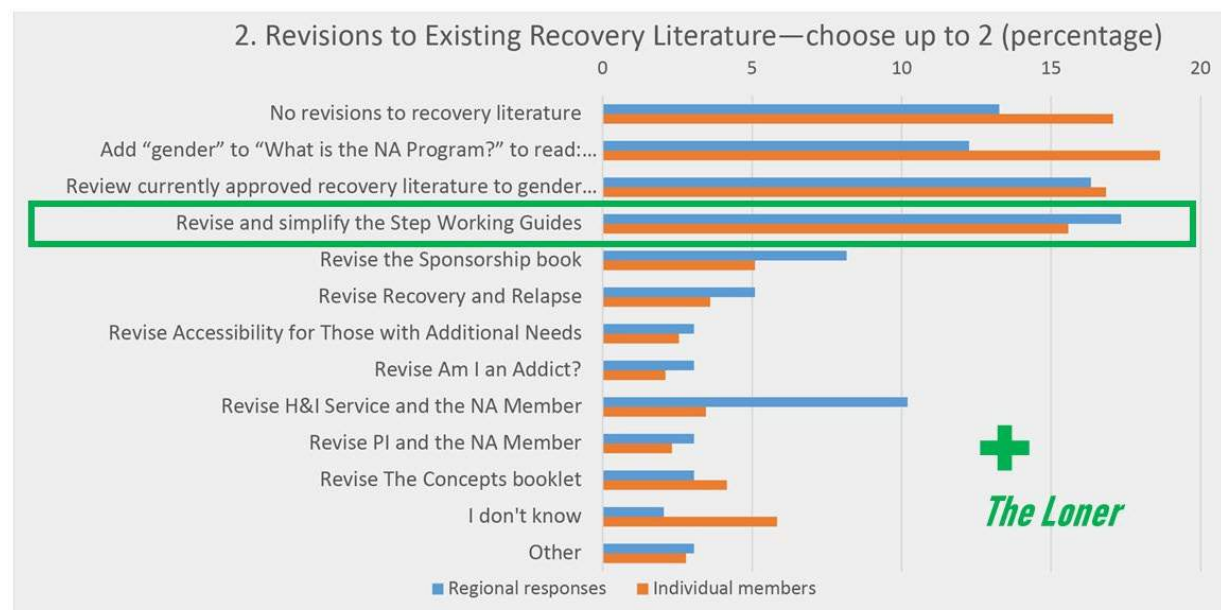
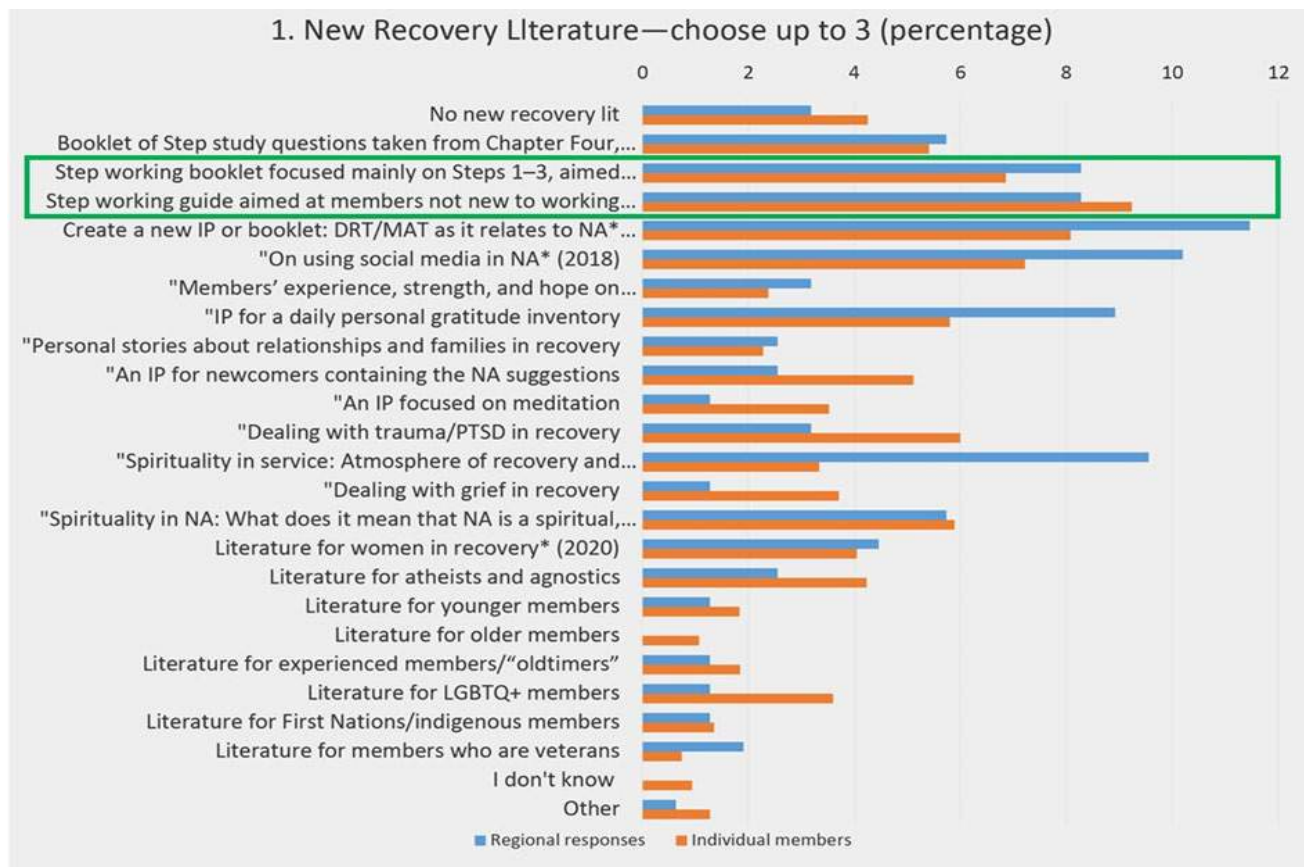
Other Upcoming Dates:

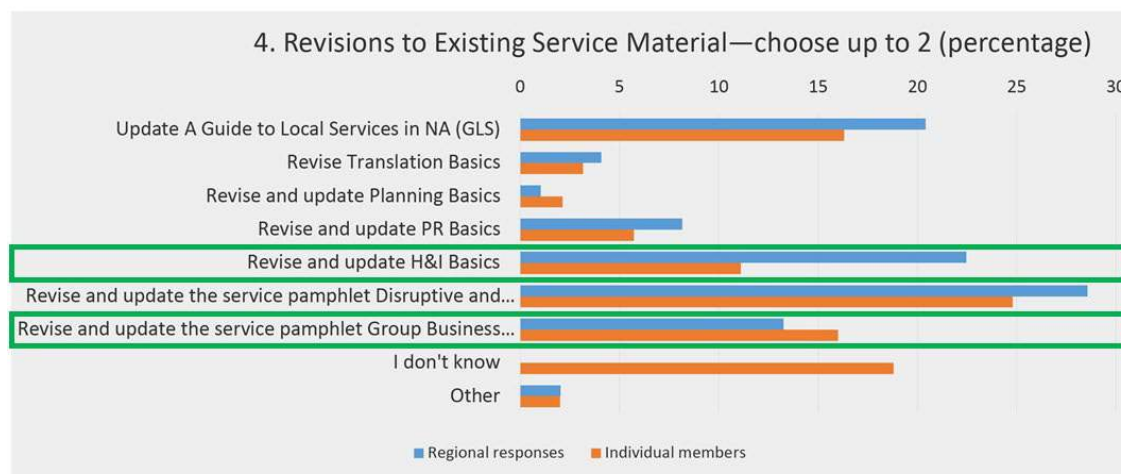
- SZF PR monthly meetings (supporting ALL Regions in the Zone): Next PR meeting **every 2nd Tuesday at 7:30pm CST on Zoom** (varied topics for each meeting)
 - SZF Fellowship Development monthly meetings (supporting ALL Regions in the Zone): Next FD next meeting **every 3rd Thursday 6:30pm CST on Zoom** fellowshipdevelopment@szfna.org
 - SZF PR training workshop: **April / May (TBA)**
 - Texarkana Area hosting PR and FD training - **May 18th (more will be revealed)**
-

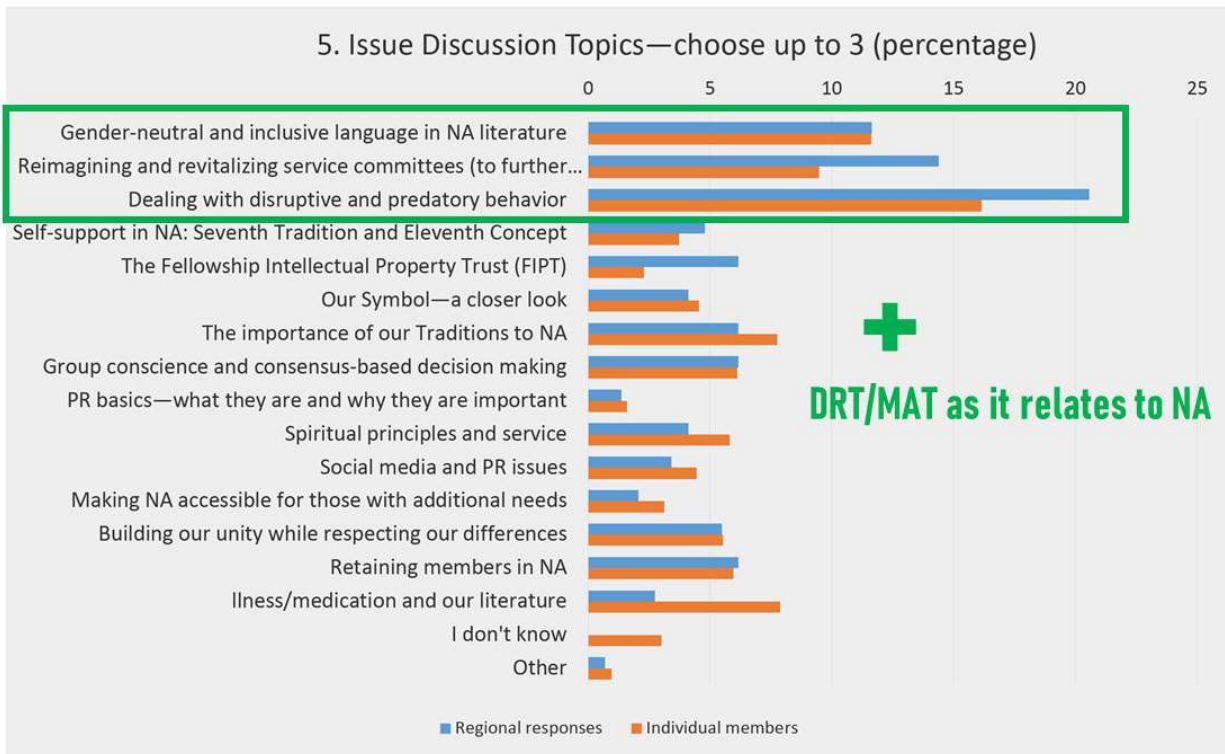
In loving service,
Alicia A., Arkansas AD

APPENDIX G: CAR SURVEY RESULTS

The board's recommendations for project plans are bracketed in green.







Are there any other External Factors not on the list that are prevalent in your service body?

- Correctional Facilities
 - Prison Reentry
 - Unable to get into any jails & prisons since Covid.
 - Increased security not allowing H&I members to come in to facilities (2)
 - Change of leadership in institutions. That is, when the leadership changes, the attitude towards the community may change.
- Transportation & Distance
 - Transport system based only on highways. Demanding more time and financial resources. Affecting to some extent NA Long Range and Development services in more distant cities. (2)
 - Jungle territory-geography-conditions of public order-distances.
 - High homeless population with limited access to vehicles to get to meetings
 - Situations within the country that make the mobilization and security of members difficult to attend in-person groups.
 - Territorial division within the region.
 - Long distances and remoteness of cities from each other. (2)
- Cultural & Societal
 - Social stigma of addiction.
 - Many differences in urban and rural areas
 - Language barrier (4)
 - The differences between race
 - Sanction for some country
 - Cultural values as gender issues
 - Social issues, giving impact to gangs or consumer groups.
 - Dominance of bureaucracy, not accepting other opinions
 - Global capitalism pervades everything everywhere.
- Financial
 - Drug addiction and jail make people poor
 - Lack of affordable housing forcing addicts back to the streets (could be part of increasing financial/gov't policy)
 - Need for liability insurance
- Facility Use
 - Meeting location availability.
 - Lack of affordable and available meeting spaces.
 - Need for storage
- Public Relations
 - Lack of understanding and knowledge about NA among the public and professionals (5)
 - Medical advancements - Understanding of Addiction. Misinformation.
 - PR tools are outdated.
- Opioid Crisis
 - Inability to deal with the fentanyl crisis and overdoses. (3)
- Harm Reduction Models
 - Don't see the importance of NA when busy with other parts of recovery
 - Just so many alternative programs and their information coming into our rooms
 - We are overwhelmed with outside recovery places and their models coming into NA and suboxone (DRT)
 - Long term DRT & MAT with no plan to quit
 - Maintenance drugs

- COVID and all of its impacts
- Alternative Programs to Recovery
 - Clubhouses that host NA and AA meetings dilute the NA message when members from other fellowships cross-attend.
 - People working on AA literature and promoting it at NA meetings
 - Multi-Fellowship members not carrying a clear NA message (4)

Are there any other Internal Factors not on the list that are prevalent in your service body?

- Generational
 - Resistant to change for the better
 - there seems to be a big gap in clean-time from newcomer to old-timer. A lot of newcomers want to recover their own way and aren't staying clean, they are dying.
 - Have new folks always ignored oldtimers or not wanted to learn the NA ways? The fellowship seems less teachable now, but I only have my experience as I remember it.
- Redundancy and lack of cohesion
 - Elected politicians out of touch with the reality of the areas they are to represent!
 - Dis-unity amongst our own communities
 - Lack of collaboration/consolidating (3)
 - The lack of involving NA members in the decision and development of the fellowship in the way we organize the downward structure.
 - Less participation in groups and area service
 - Certain positions seem to be outdated. Literature, PR, Outreach. Locally don't seem to be enough of a priority anymore with easier routes to communicate or accomplish these areas independently for groups.
 - Communication between layers of service
 - Service structures represented in the same service body struggling to act, think and plan as a unity (such as groups in a area service committee or different areas, board members and service representative on region basis)
 - Closedness of NA world services
- Development of TS
 - Apathy in service, lack of willingness to serve (14)
 - Lack of mentorship (4)
 - COVID reduced number of trusted servants;
 - Communication breakdown
 - Lack of understanding & experience among members. Including practicing NA Traditions and Concepts. (7)
 - Related to developing trusted servants, little accountability for trusted servants somehow despite a hostile service culture.
 - Rotation of services for example people with years within CSR turning in each service
 - Creation of content for a toolbox on flows, processes and service systems.
- Safety, welcome, inclusion
 - Being kinder to each other.
 - Servants with good will
 - Very disruptive behavior and undermining based on the background of a service servant.
 - Antagonism, fighting, ego-based service, meanness, and fault-finding
 - Predatory Behavior
 - Meeting Format issues affect unity

- Addicts who encourage participation in pyramids and illegal schemes.
- Not being able to handle sexual predators, mainly on newcomer women (2)
- Rise of virtual NA
 - The shift from F2F to virtual and its' impact on numbers of servants (4)
 - Our area would like a way to contribute via electronic method rather than cash. We can do this per meeting, but we don't have a systemized way that I am aware of.
 - With online meetings our region has developed more efficient and effective communication, both internally and externally.
 - Anonymity issues particularly with Facebook,
 - A lot of new people we were getting from probation and rehab pretend they're doing online meetings to fill requirements, don't get introduced to local community
- Bottleneck of funds
 - Closed mindedness around money and or fellowshipping. Money helps us reach the addict that still suffer.
 - We have some members who don't believe that our zonal service body is a part of the flow of funds
- Accessibility
 - Lack of facilities well suited for deaf, blind, disabled. Lack within our own fellowship of special needs so we can provide an all-inclusive environment. Another thing is the possibilities that comes with the virtual explosion of mtgs and fellowship since the pandemic. How can we include the experience in our planning process, how can we be a fellowship worldwide, all inclusive, all informative and thrive? That's our joyful exploration this cycle I believe...
 - Enable sign language, braille, accessible entry/exits for disabled individuals (2)
 - Bilingual meetings/members/literature
- Other
 - Rise of splinter groups.
 - To little focus on our purpose and the values that inform our purpose. The danger of specialization on the cost of collective participation in activities delivering on our vision and purpose
 - Expand identification approaches. new experiences in literature.
 - Authorities who use the social dependence of others dependent on them influence the opinions of groups
 - "Authoritative" members of the community create a split with their statements through social networks and letters of appeal to the community, as well as by organizing events.
 - Rigidity in interpretation of NA's approach to treating addiction contributes to individual members being unequipped to have nuanced conversations about topics such as MAT, gender, religion, etc. *outside* of meetings (i.e. 1-on-1)

This issue of *NAWS News* is bursting with information and celebration. Our struggles to rebuild, revitalize, and fund services after the losses we experienced in the pandemic are far from over, but we are grateful for the sunshine we see in so many areas now. We can't wait to share it all with you.

WORLD CONVENTION OF NA (WCNA)

www.na.org/wcna

Are you registered yet? It's going to be an unforgettable experience, and it's unlikely that there will be another World Convention in the United States before 2030—so don't miss this! There is a benefit to registering sooner rather than later: Pre-registration merchandise is only available until 30 April, and seating at main meetings and ticketed events is determined by when you register.

There is a lot to see in DC, and we've contracted with a tour company to give WCNA registrants a discount. We've lined up more free (with registration) musical events. There are still plenty of hotel rooms. The celebration keeps growing. Check it all out at www.na.org/wcna.

After considering a variety of options for Saturday night, we decided that we wanted a PARTY for all of us. DC's own Go-Go band Proper Utensils will be throwing down in the main space for a dance party. Go-Go is to DC as Zydeco is to New Orleans—a local invention that changed music everywhere. But if it's not your thing, The Classic Rock Experience will be covering hits from Led Zeppelin, Queen, Pink Floyd, and more in the coffeehouse to spread the joy. Both these events are included in the WCNA registration price, rather than requiring an extra ticket. We want to add value where we can for conventiongoers, and add unity where we can, in celebration. We are so grateful to be clean and free, to be alive and together again, and to be back in DC after 39 years—let's dance!

HOSPITALS & INSTITUTIONS/ PUBLIC RELATIONS (H&I/PR)

We have big, good news. The Federal Bureau of Prisons has asked us to make a presentation to the wardens of all 122 federal institutions in the US. This is unexpected and is happening soon. Following this presentation we hope that many prisons that have not previously had NA meetings will be interested. If there is a federal prison in your service area, get ready! We want to ensure that we can maximize our reach while this window is open.

**Help us get to
25,000 followers.
We're almost there!**



NARCOTICSANONYMOUS

Reaching Out (www.na.org/reachingout), the publication for members who are incarcerated and those who care about them, is back in print and picking up steam. The Ohio corrections department has requested 20 copies for every institution in Ohio—500 total—every quarter. We are so glad that they see the benefit for their incarcerated addicts, and so grateful our members inside are getting another chance to hear the message of Narcotics Anonymous.

The *Revitalizing H&I Service* webinar on 23 March was a great success, as well. Members shared inspiring and useful experience bringing H&I service back up and carrying the message in some challenging circumstances—including members in Ukraine who are still getting it done. The meeting was simultaneously interpreted into Arabic, Farsi, Hebrew, Hungarian, Italian, Portuguese, Russian, Spanish, and Ukrainian. Audio and reports from the latest webinar are always posted at www.na.org/webinar and there's a great archive here: www.na.org/webarchive.

The H&I Basics survey that had been posted since August 2023 came down at the end of March. Participation was strong and amazingly diverse. We are a worldwide fellowship. Creativity and technology increasingly allow us to collaborate worldwide on projects that matter to our members. We received responses from 1,297 members in 43 countries. The survey was posted in twelve languages! Work will start on revising *H&I Basics* soon, and your input will guide that project as it goes forward.

WEBINAR FOR SERVICE DAY

Our next open webinar will be an early celebration of Service Day, which is every year on 1 May. Tune in on 27 April, 11:00 am–12:30 pm PDT, to hear experience and share your ideas

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and find other news**



about virtual services—both delivering services virtually and in a hybrid format, and how virtual groups are connecting to the service system. We're taking a hybrid approach to this webinar—in concert with the Northeastern States Service Symposium (NESSNA). There will be small-group discussions both online and in the room at NESSNA. This is new for us, and this topic seems to be the perfect opportunity to try something different. Participants in person and online will have an opportunity to learn, share, and contribute to the virtual service tools we continue to create.

Let's celebrate
SERVICE DAY
with a webinar about
**Service on the Screen:
Getting Connected and
Staying Clean**
After some members present successes,
small group discussions will help guide
future service material on virtual services.
Webinar ID: 860 5057 8648 Passcode: 1953
Spanish and Portuguese translation provided.
Contact wb@na.org if you require other interpretation.

CONTRIBUTE

www.na.org/give

If you're reading *NAWS News*, we can guess a few things about you: You're an interested member who cares about Narcotics Anonymous. You have a commitment to seeing that the message is carried to addicts who suffer, in your community and beyond. The importance of direct contributions has been understood since World Services' inception, and the pandemic underscored the vital importance of funding our services by consistent contributions, rather than literature sales. Growing direct contributions has been a focus for the World Board for many years, and we hope you will consider joining us in this effort if you haven't already. After all, established members with cleantime and some security probably have all the books already. Of course you're coming to the convention—smiles. Making regular contributions is one way to participate in our self-support, ensuring that those of us who are most able carry more of the weight of service provision. Direct contributions help create a more stable, consistent, and predictable fund flow so services don't have to be interrupted or curtailed when hard times come.

Most of our recurrent contributions go through Donorbox, which now allows members to contribute in 48 different types of currency. We have also added Venmo as an option for one-time contributions.

Please go to www.na.org/give for more information on how to participate in this effort. We are grateful for your interest.

FINDING IN-PERSON AND ONLINE MEETINGS

www.na.org/meetingsearch

Getting an addict to a meeting might be the most important service work we do. But in some ways, it can be the most challenging. Many of our efforts locally and globally share this simple goal—whether members are working with their local PR committee helping to raise awareness, carry meetings into institutions, or keep their local meeting list current, we know this work saves lives.

With more than 72,000 meetings worldwide, keeping the database at NAWS up to date had been a losing battle. The last thing anyone wants is for an addict to get to a place and find no meeting there. So we changed our approach: Instead of trying to list every group and track every change in location or time, we now link to local meeting lists, phonelines, and websites. In this way we can ensure the most current information and the greatest likelihood of helping an addict find a meeting.

If you're looking for an in-person meeting, you can enter a location in the textbox or click on your current location; pins on the map will connect you to the nearest service body with a meeting list or phoneline; there's also a list of websites available to connect to a meeting list. It's a couple more steps for those of you used to using the old NAWS meeting finder, but *much* more accurate—and that's a worthwhile trade-off.

If you're looking for a meeting online, www.virtualna.org now goes to our virtual meeting search. Here you will find meetings listed by time and date—converted automatically to the time zone from which you're searching.

The launch has had a few hiccups as the technology went live. One of the most disturbing was that in our efforts to make the information more accessible to members, we also made it more accessible to Zoom bombers. We have modified the page to make it more difficult for them to mass copy the data. If you're looking for a meeting, just select a language from the dropdown menu to see your options.

Thanks for working with us through this launch. We hope you'll report any issues or inaccuracies you find to nadata@na.org—and that you get to a meeting!

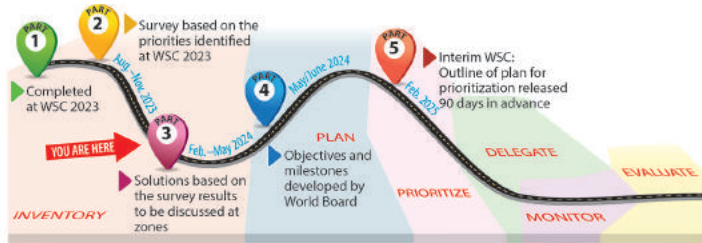
ISSUE DISCUSSION TOPICS (IDTs)

www.na.org/idt

Workshop materials and surveys for all four Issue Discussion Topics are now posted: Reimagining and Revitalizing Service Committees is the newest in the collection. This workshop helps members, groups, and service bodies think about how to carry the message more effectively, how to adapt to changes wrought by the pandemic, and how to do more with less.

At some level this is about planning. Planning helps us be creative. It may sound dull at first, but it's exactly the opposite: planning together helps us imagine new approaches and create the opportunities to put them into action. It strengthens our unity and makes us more effective.

The other IDTs this cycle are Dealing with Disruptive and Predatory Behavior; Gender-Neutral and Inclusive Language in NA Literature; and DRT/MAT as it Relates to NA. Each IDT has a survey form to collect results at www.na.org/survey. Whether you're doing these workshops with your home-group, area, zone, or at an event, please take the time to send us your results. These surveys help us to hear and collate your experience, your wisdom, and your concerns, and advance the discussion to lead to future discussions and tools.



PLANNING

Planning is on our minds. We're more than halfway through Part 3 of the new NAWS planning process. It's been intense! We've been running workshops with conference participants from around the world—mostly on Zoom but also in person at some events, including the Latin American Zonal Forum, European Delegates Meeting, and the Asia Pacific Forum. The workshops have gone well, and we've heard lots of great feedback from participants. Results from each workshop are being posted for conference participants as we go; the World Board will discuss the results in June and determine next steps. One thing is clear: virtual meeting technology is allowing us to be more inclusive and more collaborative with conference participants than ever before. We are grateful to everyone who is participating in this unprecedented process.

NA WORLD SERVICES TRAVEL

We have had much success participating in events and service bodies virtually over the past several years, delivering NAWS updates and facilitating workshops online. But we have also been on the road again with recent trips to the American Corrections Association in DC, the World Service Offices in Canada and Europe for the first time since pre pandemic, the European Delegates Meeting, the Asia Pacific Forum, and the Florida Service Symposium. We do our best to maximize the value of these trips. We are still trying to economize and do what we can by connecting virtually, and so we hope those requesting board participation will consider including us via virtual connection when possible.

NEW TRANSLATIONS

We now have a full complement of translations staff, and the results are reverberating around the world. There is so much work being done—in the last months we have been supporting local translation committees in more than 40 communities. The newest language we're working with is

Sinhala, spoken in Sri Lanka, where members are developing their glossary and translating IP #1.

The Translations Team is also working with the FD committees of the Asia Pacific Forum (APF) and the European Delegates Meeting (EDM) to help new and existing local translation committees progress in their efforts. We're developing a new translations workshop with the EDM FD Committee that will happen virtually in May. We have held several with them and they have all been different and productive.

Some of our latest publications include: *Guiding Principles* in Italian and Brazilian Portuguese, *It Works: How and Why* in Dutch, *PR Basics* in Swedish, *The Group Booklet* in Italian, IP #21 in Tamil, IP #30 in Polish and Russian, and the *Group Trusted Servants* service pamphlet in Turkish.

Addicts can be welcomed at NA meetings with white key-tags in 65 languages: www.na.org/admin/include/spaw2/uploads/media/web/KeytagLegendPoster_Mar24.pdf

HUMAN RESOURCE PANEL (HRP) REPORT

Hello to all from the HRP. Here is a short update on our work and reminders of upcoming dates. We continue our work this cycle, meeting regularly via online meetings. We look forward to getting together with conference participants at the CP webinar scheduled for 11 am (PDT) 18 May 2024. You may recall that we will be talking about *leadership identification* as it applies to the RBZ Recommendation process (www.na.org/?ID=HRP-Info8). And forward from there, we will offer workshop resources to conduct your own sessions. We will begin collecting RBZ recommendations 1 October 2024, with a deadline twelve months later, on 30 September 2025. You may want to review our report from the January 2024 NAWS News for a more complete perspective on all of our activities this conference cycle.

IMPORTANT DATES & DEADLINES

- **February–May:** Planning sessions at zones
- **27 April:** Webinar open to all—Service on the Screen: Getting Connected and Staying Clean
- **1 May:** Service Day
- **18 May:** Conference participant web meeting on leadership identification
- **First full week in June:** PR Week
- **28 November:** Interim CAR/CAT for decision in 2025
- **As soon as possible, no later than 60 days before the interim meeting:** Translated Interim CAR/CAT
- **28 February & 1 March 2025:** Interim WSC meeting
- **3–9 May 2026:** World Service Conference 2026

We welcome your ideas and input: worldboard@na.org