Arkansas Regional Service Committee of Narcotics Anonymous Minutes Day 1, November 1, 2025, Hosted by FUACNA

1:00pm - RSC meeting began:

The Twelve Traditions were read by David D., Twelve Concepts were read by James W., 1st 2 paragraphs of Tradition 2 were read by Angie F., Definition and Purpose of the Regional Service Committee was read by Violet A.

Roll Call: Quorum Met

RCMs or their Alternates		
ARVANA	Violet A.	Present
AWOL	James W.	Present
CENTRAL	Shanon A.	Present
CRANA	Candy S./Hollie T.	Present
FUACNA	Angie F.	Present
NWAANA	Crystal S./Heidi	Present
ORACNA	Aaron W.	Present
Administrative Committee Trusted Serva	<u>ants</u>	
Chair	Laurie S.	Present
Vice Chair	Jennifer D.	Present
Regional Delegate	Alicia A.	Present
Alternate Delegate	Star M.	Present
•		
Secretary	Amanda V.	Present
Secretary-in-training	VACANT	-
Treasurer	David D.	Present
Treasurer-in-training	VACANT	-
Standing Subcommittee Chairpersons		
Policy and Procedures	Wendy B.	Present
Convention Committee Chair	Chuck B.	Absent
Communications Coordinator	Jennifer B.	Present
Ad Hoc: Basic Text for Jails Project	Crystal S.	Present
Ad Hoc: Project insurance	Star M.	Present
Ad Hoc: Communications	Jennifer D.	Present

RSC REPORTS

Secretary Report -

Amanda V.

Old business, new business, open sharing, and elections from ARSCNA August 2025 Minutes were read. The information presented was supported.

Correspondence Report -

David D.

- 2 bank statements
- 3 donations; Simplicity Revealed and 2 from What a Change
- Letter from a woman in McPherson requesting a sponsor.
 - Alicia suggested pointing this individual to the "sponsorship behind the walls" committee from the Show Me Region.
 - The letter asked for a Just for Today book to be sent.
 - Laurie will send a book if Show Me does not send the book.
- 2 Address update notifications in virtual mailbox and UPS from the bank

Beginning Treasurer's Report - Ending Balance Last RSC \$0.00 Bills Paid	David D.
(Cleared) • 8/1 August Fee	\$5.00
 #1314 VOID Star M 	\$210.00
• #1315 VOID Star M	\$298.96
• #1317 Jennifer B	\$10.12
• #1318 CWOD	\$200.00
• #1319 Alicia A	\$300.00
• #1320 NAWA	\$902.19 \$704.75
• #1321 SZF	\$721.75
#1322 Jennifer B#1323 Amanda (Star) M	\$10.94 \$508.96
#1323 Amanda (Star) M8/7 YMC	\$143.00
9/1 September Fee	\$5.00
 D/C Anytime Mailbox 	\$109.99
D/C Notarize.com	\$25.00
• 9/8 YMC	\$143.00
 9/23 UPS Store 	\$13.39
 10/1 October Fee 	\$5.00
 10/7 YMC 	\$143.00
• 10/29 UPS	\$19.49
(Outstanding)	
 11/1 November Fee 	\$5.00
<u>Deposits</u>	
(Cleared)	* • • • • • • • • • • • • • • • • • • •
8/4 August RSC	\$1671.11
• 8/22 WAC Group	\$75.00
• 9/15 FUACNA	\$95.82 \$507.64
9/29 CAASCNA & WAC Group (Outstanding)	\$597.64
(Outstanding) ■ N/A	
Reconciled Bank Statement:	\$8929.33
Prudent Reserve:	(\$2333.75)
Accruals:	(\$5863.05)
<u>Travel Fund (Rolling total):</u>	(\$794.13)
Working Balance:	(\$61.60)

RD/RDA Report -

Alicia A.

(A change in the order of the day was supported by the body to receive Area reports prior to the remaining Administrative Committee reports)

See Below "Arkansas RD-AD Team Handout"

View a digital Conference Agenda Report (CAR) here.

Administrative Report -

Laurie S.

The Administrative Committee met and performed an audit of the RSC treasury in the interim time between RSC meetings. The following are the findings from this audit. David D. took over as RSC Treasurer in November of 2024. Prior to this, the treasurer was Yvonne S.

- David has a statement, minutes, checks, and a ledger to verify that someone said to spend it, that we have receipts, etc.
- Missing Receipts: 4 totaling \$271.97
 - 2 for \$216.15 (P&P for printing, 11/3/24)
 - 1 receipt for \$38.85 (NAWS, 11/17/24)
 - 1 receipt for \$16.97 (UPS, 4/22/25)
- One voided check (#1315 for \$298.96) is missing, pending its return from Star M.
- Bank statement fee went from \$5 charged and \$5 reimbursed to \$10 charged and \$5 reimbursed in December of 2024.
- Travel insurance was purchased and not returned in May of 2025 for \$. Why was travel insurance purchased at all? This was due to the AD's uncertainty in the ability to travel at the time and is not a normal occurrence.
- Twilio reimbursements to individual members who paid them on RSC's behalf should have a receipt and invoice attached.
- Final balance (pending outstanding items in August) matched between bank statements, ledger, and receipts. The Treasury was audited from August 2024 July 2025.

Audit Procedures will be edited by the Communications Adhoc Committee. Procedure that may need to be changed in the Audit Procedure within P&P:

- Was there a separate ledger? Needs to be changed in procedure.
- Procedure implied that meeting minutes were to be printed out for reference during the audit.
- Suggestion: Include what was included in deposit slips in the ledger or on deposit slips.
- Reimbursements to individual members who paid them on RSC's behalf should have had a Reimbursement/Reconciliation Form filled out.

AREA REPORTS

ARVANA -

Violet A.

Greetings from the Arkansas River Valley.

We currently have 11 member groups and one loner group in our area. We have 57 meetings each week. Upcoming events include the Thanksgiving, Christmas, and New Year's Marathon Meetings and meals at Straight Forward Group in Fort Smith and the Freeze Out January at Grateful Heads meeting house. The ARVANA Men's Retreat group is hosting A Night Under The Stars at 514 N 11th St in Fort Smith on November 8th. There is also Super Bowl Sunday Fun Day at New Way Group in Van Buren coming up as well. Straight Forward Group and RAW are both finally moving into their new location on New Year's Eve at 422 N Greenwood Avenue in Fort Smith. A lot of work has gone into the location and we are so excited to be in it finally. Other upcoming events include:

The 32nd Annual ARVANA Hanging in the Fort Convention in Fort Smith at the Wyndham Hotel on March 13-15, 2026 at the Wyndham Hotel in Fort Smith.

ARVANA Men's Spiritual Retreat on February 27-March 1st at 15458 Shepherd Springs Road at Lake Fort Smith State Park.

ARVANA Women's Spiritual Retreat will be held on April 24-26, 2026 at Lake Fort Smith State Park. They have a fundraiser coming up on January 3rd at SFG new building location. It will be a speaker and dinner.

We currently go into five treatment centers, one county jail, and bring meetings to several transitional living/clean/recovery living groups. We are working on several PI/PR events that are coming up and will be hosting a workshop on December 14th at Friends for Freedom on phone line service.

The Women's meeting at Monarch 61 has stopped meeting but our groups in Ozark, Waldron, and Greenwood are growing and would love support. Meetings are listed on the arscna website.

We have a \$300 donation. We are looking forward to all of the fun upcoming events in our region.

In Loving Service, Violet A

AWOL - James W.

- Groups: 1 group with 9 meetings
- Trusted Servants: James W RCO, Eric B RCMA
- H&I: Twice per month at Boone County Jail. Attendance is doing well and they are looking into Newton County.
- Birthday night is going well. We have a group chat but have made it an unofficial chat. Freedom Float will be happening in April 2026.
- Assets: Good meeting attendance at a strong group.
- Problems: Donation amounts are down
- History: Been at current location for approx. 20 years
- Plans: Freedom Float & Birthday Night
- Thanks, James W.

<u>CAASC -</u> Shanon A.

Greeting from Central Arkansas,

We currently have 11 homegroups actively participating in our area, with multiple meeting locations and times to facilitate the common goal of caring the message to any addict seeking recovery.

Activities - Our activities committee meets the second Sunday of the month at 2:30pm. The cost of registration for the Ozark Mountain High camp out was increased by \$5 per person due to rising costs. A report will be given at the next area meeting that will take place the 3rd weekend of November.

Convention Committee -The convention was a success! \$14,545.38 was raised. The committee returned the seed money of \$7,500 to the area. The remaining \$7,045.38 was donated back to the area. The committee is requesting that the seed money be increased to \$10,00 due to rising costs. This was taken back to homegroups to be voted on.

H&I - Hospitals and institutions meet on the last Sunday of every month at 1:30pm for H&I training. We have recently taken on 2 new facilities bringing the total number of facilities served to 14 facilities.

Literature committee - Literature can be purchased at Recovery Central where a surplus is in stock to provide for all local and surrounding areas needs.

Outreach - a Facebook page has been created to keep all who wish to be involved in the know. They have visited multiple meetings in the area to grow support.

Public Relations - The billboard is still running. It has been changed to have the local website and the regional phone line with the goal of serving those in need of information. The committee attended 7 events in between September and October. They meet the second Sunday of every month at 1:30pm at Recovery Central.

- CAR Report We would like an electronic copy only
- Get a sponsor, be a sponsor workshop was held on October 19, 2025

As this report shows, the Central Arkansas area is very busy in all areas. Our subcommittees work hard to serve our area. The area feels at this time that the number of available sponsors and members actively benign of service is in need. The committee felt bringing awareness to the area was best addressed by the workshop held on the 19th. Our next area meeting is 11/16/2025. More details on elections will be available at that time as well as updated area activities and workshops.

In Loving Service, Shanon A

- CRANA 7 Groups
 - Service Reelection Seats filled on 10/19/25 at our last area meeting held at Primary Purpose. All positions filled but RCM and RCM Alt holding 3 positions each. Attendance at the last area meeting was 4/6 groups. Never Alone Never Again, Walnut Ridge and Try Not High, Pocahontas absent.
 - Primary Purpose has a new address and times. The new address is 2222
 Spence Circle, Jonesboro M,T,T,F @ 7pm, except last Friday monthly @ 8pm.
 - Asking for a Group Starter Kit to start a new group in Trumann, AR.
 - Clean & Serene, Blytheville has launched a small PR Campaign in their city which consists of handing out flyers and white books to Healthcare professionals and law enforcement.
- Area Events Past: Freedom Fest was held on July 8th at Crawley Ridge State Park
 where burgers and hot dogs were served, 50/50 raffle and auction. Was told it was a
 huge success but the activities chair at that time has yet to turn anything in and has
 since relapsed.
- Area Events Upcoming: Unity Retreat to take place in January at Crawley Ridge State Park. Plan to have an Activity Planning Meeting in December. Flyers etc. will be made soon and sent out to everyone.
- Despite the issue from Freedom Fest, we would like to make a \$916.22 Donation to Region.
- GRANA reports no problems at this time, just concerns with RCM & RCM Alt holding 3 positions each for area plus positions with their home group.
- H&I: Orientation Mandatory Meeting held on 10/16/25. 19 members present, 10 members absent, 8 new members added. Area H&I still holds a panel of 5 that go to NEARRC Treatment Center in Jonesboro every Wednesday night at 7.
- We would like to make known there are 2 new ACC Approved Transitional Houses in Jonesboro through Divine Intervention and they are both active in local NA groups

FUACNA - Angie F.

Hey everyone.

The Foothills Unity Area currently has six groups: County Line Recovery near Pleasant Plains. Point of Freedom in Batesville. Vision of Hope in Batesville. Recovery Connection in Searcy. Ties That Bind - absent last 2 Area meetings (Zoom meeting only). Seeking Serenity in Heber Springs (Loner Group). Altogether, that gives us 20 meetings a week.

Area Service Committee - Here's our current lineup:

- Facilitator: Danie M.
- Co-Facilitator: Laurie S.
- Secretary: Sheran G.
- Treasurer: Vacant (Laurie S. is filling in for now)
- RCM: Angie F.Alt. RCM: Sam S.
- Subcommittees:
- Oubcommittees.
- Activities: Jonathan M.
- H&I/PR: Lauri H.
- Outreach: Tony B.

What's Going On: We're really excited about our Winter Convention, coming up January 16–18 at the Red Apple Inn in Heber Springs. The deadline to book a room is December 19th. Last year was our first time hosting it there, and it turned out fantastic — we had the whole country club to ourselves!

The Activities Committee has been meeting every two weeks to plan the convention. Our last event was a Regional Convention fundraiser, but attendance was very low. Even so, we were able to donate \$36.08 to the Convention Committee.

H&I continues to bring a panel meeting into Arisa, a treatment center in Searcy, every Friday at 6:00 p.m. PR keeps the IP racks stocked at the police station, DHS, health department, and Arisa. Outreach has been doing a great job visiting home groups across the Area, including our loner groups.

Area Updates; We're still seeing low attendance at Point of Freedom, Vision of Hope, and Ties That Bind (Zoom). County Line, our newest group, is still looking for a permanent meeting spot. The last update we got is that they're meeting at a rest area near Pleasant Plains.

Overall, our Area is doing well — we're carrying the message, showing up for newcomers, and our members continue to step up and serve.

In loving service, Angie F.

NWAANA -

Crystal S.

- Donations
 - NWA Area Donation Total: \$141.68
 - Check 1509 \$141.68
 - New Beginnings Group Donation Total: \$54.59
 - Check 179 \$54.59
 - o Total: \$196.27
- Meetings
 - o 32 meetings a week
 - o 10 groups
 - 1 New Group No Fronts Rogers M 7-8
- Trusted Servants
 - o Chair Charles N
 - Vice Chair Glenn B
 - o Treasurer Crystal W
 - Treasurer in Training Tommy S
 - Secretary Lindsey N
 - o RCM Crystal S
 - o RCMA Heidi B
 - o Activities Chair Nikki F
 - o HIPPR Alicia A
 - Convention Liaison Judy J
- H&I Meetings
 - H&I in 1 local rehabs
 - Washington Co Jail and other rehabs possibly
- PR
- o IP Racks
- Poster Hanging Day TBD
- Activities
 - New Beginnings Game Night 2nd Friday of the month Nov 14th 8 PM-12 AM
 - No events set for the holidays yet.
- Problems or Situations
 - New Beginnings (Bentonville): "We are honored to host the area's clean time birthdays. However, since this is our only meeting each week, we kindly ask that those who are not home group members receive a tag only, rather than taking a cake, medallion, or extended sharing time. This is a newcomer-focused meeting, and we want to keep the primary message centered on recovery and support for

the newcomer. Please know this is not directed toward any birthday that has already been celebrated — it's simply a clarification of our group's format and intention moving forward."

- Webservant Position eliminated to hire special worker
- Assets/Strengths
 - o Area is going great, all positions are currently filled
 - New members showing interest in service in the area..

ORACNA - Aaron W.

- Groups: 7 groups with 35 meetings
- Trusted Servants: Aaron W RCM
- H&I: 4 panels 2 treatment facilities and garland county jail
- PR: Some flyers and IP racks. Grouped in with H&I
- Other Activities: SPRH Fall Ball tonight. Genesis holiday party. Revised guidelines are
- written and will be sent to groups this month. H&I sub committee meeting first Sunday 3:30 @COR
- Assets: Willingness to learn and serve. Seeing some rotation in area service positions
- Problems: Nothing new, COR building for sale
- History: TNOR has added Mondays 7pm-8pm
- Plans: Continue to grow in numbers and serve. Host RSC in May

SUBCOMMITTEE REPORTS

Convention Committee

Chuck B.

Hello family! Last weekend we held the Arkansas Regional Convention of NA in Eureka Springs, Arkansas.

We are still sorting out numbers and the experience that was had. We had many positive reports from attendees and one of the main speakers said that it was the best convention he'd ever been to. While that is a subjective comment, a good time seemed to be had by all. There were speakers from all over the country and a wealth of experience, strength, and hope was shared

Early projections show that we have the seed money plus \$2,000-\$3,000 – this is a conservative estimate, but we are still waiting for final numbers from the hotel and convention center.

One of the most positive experiences was being able to connect with the local NA community and some of those rehab centers. A meeting was held at the local rehab center on Friday morning with members of Narcotics Anonymous before the convention and we had another rehab facility reach out to us about attending the convention on the Thursday of the week of the convention. Being able to share the message of Narcotics Anonymous with so many newcomers is undoubtedly why we do this and in my humble opinion was the best part of this convention.

A full report is forthcoming for the February RSC. In loving service, Chuck B

Policy and Procedures

Wendy B.

Wendy provided the Appendix D to RSC members for them to add to their Guidelines/Policies & Procedures binders. Every quarter the amended Policies have been posted on the website. Once annually the Revised P&P replaces the amended version on the website. Wendy has worked with the Communications Subcommittee to overhaul many aspects of the policies and procedures. A revised version will not be printed for all RSC members until after this project is complete.

Communications Coordinator

Jennifer B.

<u>Website:</u> There is a link so that any group, campout, or service body can "submit an event" directly at <u>www.arscna.org</u>. Please use this link even if you don't have all the details or a flyer yet. It will help other Areas to show support by not scheduling several events on the same date when possible.

<u>BMLT</u>: All meetings have been updated that were received. The BMLT has been cleaned up and most unpublished meetings have been removed.

<u>Phoneline:</u> Updates to the patch list have been completed to include the members present at the last 3 phoneline workshops held virtually on zoom, in Crowley's Ridge, and Northwest Arkansas Areas. We have a Phone Helpline training workshop today, November 01, 2025 @ 10AM in Searcy, Arkansas for the November Regional Service Committee. This workshop will provide RSC members with the opportunity to review the newly created orientation packet for feedback as we await to hear back from the Areas for approval to add to the listed phoneline resources on our Region website. **All phoneline volunteers must meet the 1-year clean-time requirement and have phoneline training every 2 years.** The NA Screens have been updated as well.

Calls per Area received: Below is a list of the calls received by the answering service, as recorded.

- 7/18/25-Caller was a representative of Whova App and was patched through to Convention Chair. The chair responded to the caller multiple times.
- 7/29/25-Caller was from House of Hope homegroup and was transferred to a helpline volunteer. Homegroup is requesting more "study books".
- 8/6/25-Caller is asking for information on an upcoming event in Central Arkansas. Caller ended up hanging up after being transferred to 4 different volunteers' voicemails. A helpline volunteer returned the call and provided information.
- 8/23/25-Caller needed to speak with a member and was patched to a helpline volunteer.
- 9/3/25- Caller needing to speak to someone in the CRANA area regarding local meetings. The caller was transferred to 2 members' voicemails before the call was returned by a helpline volunteer.
- 9/29/25-Caller requesting information on starting a new group in the Arkadelphia area. The answering service provided the requested information to the caller.

<u>Twilio:</u> I have added my personal address and debit card to get our phone line back in operation. Our Region Treasurer has reimbursed me in the amounts of \$10.94 for August and \$10.66 for October. The RSC Treasurer and I are getting together this weekend to try and add our new virtual address to our Twilio account in hopes of resolving this issue.

<u>Social Media:</u> I am including our links, but do not currently have access to our Facebook or Instagram pages. (*Jennifer B. was later granted access to both Facebook and Instagram during the RSC meeting*) https://www.facebook.com/arscna/

https://www.instagram.com/arkansasnarcoticsanonymous/

Thank you for entrusting me, Jennifer B.

Basic Text for Jails Project Ad Hoc

Crystal S.

The Adhoc committee met on September 28, 2025, with an attendance of 6 people. Their goal is to have this project completed by the May 2026 Regional Service Committee Meeting. The committee extrapolated a possible 60 jails throughout the state to send Basic Texts to.

- 33 of the 60 still need to be researched
- 23 of the 60 have not yet been contacted
- 8 need follow-ups
- 24 jails will be receiving NA Basic Texts with the first round of this project.
 - o 23 jails will allow us to send in soft-cover

- 1 wants it shipped from a distributor
- 5 of 23 allow virtual books. All but 1 of these will allow physical books as well.
 The Basic Texts for Jails POA is requesting \$400 to ship the first round of books to jails. Next meeting is 11/23/25 at 5pm and is virtual.

Insurance Ad Hoc Star M.

Recovery Connection's insurance agent referred me to a commercial insurance specialist who has provided quotes. I've asked him a couple of times to try harder, but so far the lowest quote—based on an average of 1,000 annual attendees—is \$3,020 per year. We can get certificates for events and similar needs, as needed, at no additional cost.

For comparison, Recovery Connection pays \$600 per year for one group at one location. I copied the regional meeting list and, with the help of my friends ChatGPT and Excel, determined that we have 85 locations hosting around 300 meetings.

I also reached out on the US Zones of NA Slack to see what other regions are doing and paying. I got a couple of leads, but I haven't been able to reach either of them after making a few attempts.

lls, star

Communications Ad Hoc

Jennifer D.

Hi family, We held two meetings to review the regional guiding documents. As we were looking at the communication pieces, we took the opportunity to do a full review for other changes with the goal of making them easy to understand, easy to follow, and truly workable. Rather than just present them as a whole for your approval, I wanted to host a "working" workshop for us to review them, see if there are other changes that need to be made, and allow a holistic approach to approval before we present in motion.

Some of the major changes made include:

- Combining into one document putting like material together, removing duplicative, or inconsistent statements
- Removed the social media materials into its own handbook
- Removed some of the treasury stuff into a treasury manual
- Additionally, the rest of the material was streamlined, updated, consolidated, and cleaned up unnecessary or unused language.

The document has "tracked changes" turned on, so you will be able to see all the changes that were made. However, we also cleaned up the spacing, fonts, margins, and numbers for consistency (e.g., there were many statements with a 1 or A, but no 2 or B so the numbering was removed). Those changes won't be marked as it would have made the document almost unreadable. Lastly, while we removed the index, a full index will be added to the end before final publishing.

If the body is amenable to a workshop to review these for approval, we can set a date today before adjournment. This would be a Zoom meeting so all who wish to attend are able. Additionally, the drafts will be sent out after this meeting, so you have plenty of time to review before we meet.

If the body does not wish to continue with these changes, then I will submit a list of specific changes with regards to communications.

In loving service, Jennifer D.

(The RSC decided to set a date and time for a workgroup to meet and discuss changes to the Policies regarding communication prior to approving them).

- January 11, 2026 @ 4:00pm Communications Workgroup (to review guidelines changes)
 - https://ualredu.zoom.us/j/84253424663?pwd=Fs6bpFqDbs4StxHpa4FF3OFJdPtTUa.1
 - Meeting ID: 842 5342 4663, Passcode: 914046

OLD BUSINESS

- <u>M2025-08-04</u>: Add "Phoneline Orientation Packet" to the RSC website that has been created by the Communications Coordinator.
 - Intent: Make this resource available to the RSC in accordance with our Guidelines/Policies & Procedures for the Communications Coordinator role.
 SUPPORTED

ELECTIONS

- Policies and Procedures Chair: Wendy B. Elected
- Communications Coordinator: Jennifer B. Elected
- Secretary-in-Training: Angle F. Elected
- Treasurer-in-Training: Crystal S. Elected

OPEN SHARING

- Star M. brought up struggling areas possibly having been unseated because of the service structure working from the bottom up. It was suggested to review the unseating/reseating policy in the Policy Manual to account for RSC serving the Area and Group, rather than the other way around. Alicia pointed out that the requirements are only detailed under the "Election of Trusted Servants" section.
- Wendy B. has Policy binders for the newly elected SIT and TIT, along with additional new members of RSC.

5:05PM END

End of Day 1

Arkansas Regional Service Committee of Narcotics Anonymous Minutes Day 2, November 2, 2025, Hosted by FUACNA

RSC meeting Resumed - November 2, 2025, @ 10:03am with Serenity Prayer

Roll Call: Quorum Met

RCMs or their Alternates		
ARVANA	Violet A.	Present
AWOL	James W.	Present
CENTRAL	Shanon A.	Present
CRANA	Candy S./Hollie T.	Present
FUACNA	Angie F.	Present
NWAANA	Crystal S./Heidi	Present
ORACNA	Aaron W.	Present
Administrative Committee Trusted Servants		
Chair	Laurie S.	Present
Vice Chair	Jennifer D.	Present
Regional Delegate	Alicia A.	Present
Alternate Delegate	Star M.	Present
Secretary	Amanda V.	Present
Secretary-in-training	Angie F.	Present
Treasurer	David D.	Present
Treasurer-in-training	Crystal S.	Present
Standing Subcommittee Chairpersons		
Policy and Procedures	Wendy B.	Present
Convention Committee Chair	Chuck B.	Absent
Communications Coordinator	Jennifer B.	Present
Ad Hoc: Basic Text for Jails Project	Crystal S.	Present
Ad Hoc: Project insurance	Star M.	Present
Ad Hoc: Communications	Jennifer D.	Present

NEW BUSINESS

- Budgeted Request: \$400 from Fellowship Development to cover Basic Texts to Jails books and shipping.
- Budgeted Request: FUACNA \$179.22 for hosting November RSC.
- Budgeted Request: Alicia A \$80.81 for CAR printing.
- Budgeted Request: Jennifer B \$49.63 for Communications printing (Phoneline Workshop).
- Budgeted Request: Jennifer B \$10.66 Twilio reimbursement.
- Budgeted Request: Jennifer B \$10.94 Twilio reimbursement.
- At this time the Treasurer gave an updated balance of \$502.13.
- M2025-11-01: For ARSCNA to purchase liability insurance with coverage up to \$1,000,00.00 from Berryhill Insurance Group, quoted at \$3020. Due to quote age (30+ days), please approve amount not to exceed \$3500. Policy to cover all AR Region groups and meeting locations; certificates to cover events available upon request at no additional charge. Insurance will cover events in close proximity to Arkansas.
 - INTENT: More and more, meeting locations are requiring groups to obtain liability insurance. In accordance with the 11th Concept which states: "NA funds are to be used to further our primary purpose, and must be managed responsibly.", a regional policy allows ARSCNA to meet this growing need in a cost-effective way, reducing the financial burden on groups so they can better focus on carrying the message.
 - Policy Change Information: Will add a budget line item. Will be added to definition of ARSCNA. Will be added to Treasurer's duties.

 Additional Context: Several groups are already required to provide coverage with policies ranging from \$300 - 600/year. Other groups have mentioned looking for a new location and finding that they will be required to provided coverage.

REFERRED TO AREAS

- Wendy B passed out binders to several RSC members.
- Annual Budget discussion was guided by David D. The 2026 RSC budget was approved by consensus. (See attached)

ANNOUNCEMENTS - See flyers below



- All events with flyers are attached
- **Communications Workgroup** (to review guidelines changes) January 11, 2026 @ 4:00pm
 - https://ualredu.zoom.us/j/84253424663?pwd=Fs6bpFqDbs4StxHpa4FF3OFJdPtTUa.1
 - o Meeting ID: 842 5342 4663, Passcode: 914046
- 12/31/25 New Year's Dance Fort Smith
- 1/17/25 Grateful Heads Annual Freeze Out Speaker Jam Fort Smith
- 1/24/25 Friends for Freedom Anniversary Russellville
- 2026 WSC May 3-9, 2026 in Van Nuys, CA

◆ REVIEW OF INFORMATION GOING BACK TO AREAS ◆

- M2025-11-01: For ARSCNA to purchase liability insurance with coverage up to \$1,000,00.00 from Berryhill Insurance Group, quoted at \$3020. Due to quote age (30+days), please approve amount not to exceed \$3500. Policy to cover all AR Region groups and meeting locations; certificates to cover events available upon request at no additional charge. Insurance will cover events in close proximity to Arkansas.
 - INTENT: More and more, meeting locations are requiring groups to obtain liability insurance. In accordance with the 11th Concept which states: "NA funds are to be used to further our primary purpose, and must be managed responsibly.", a regional policy allows ARSCNA to meet this growing need in a cost-effective way, reducing the financial burden on groups so they can better focus on carrying the message.
 - Policy Change Information: Will add a budget line item. Will be added to definition of ARSCNA. Will be added to Treasurer's duties.
 - Additional Context: Several groups are already required to provide coverage with policies ranging from \$300 600/year. Other groups have mentioned looking for a new location and finding that they will be required to provided coverage.

REFERRED TO AREAS

- CAR (Conference Agenda Report)
 - JANUARY: Send feedback on discussion topics to RD/AD
 - February: RCMs bring motion votes back to RSC
 - Workshops:
 - November 8, 2025 @ 8am CST
 - Southern Zonal Forum
 - Zoom Meeting ID: 834 9495 6063 (no password)
 - November 15, 2025 @ 10am CST
 - Arkansas Region
 - Zoom Meeting ID 836 3700 4323, Passcode 008800
 - December 7, 2025 @ 10am CST
 - Arkansas Region
 - Zoom Meeting ID: 834 9495 6063 (no password)
 - Motions and Discussions here

IIDDATED TREASURER'S REPORT

EASURER'S REPO
(\$61.60)
\$1637.49
\$0.00
\$0.00
\$0.00
\$916.22
\$0.00
\$141.68
\$400.00
\$54.59
\$125.00
\$0.00
\$0.00
\$1831.26
\$80.81
\$179.22
\$49.63
\$1000.00
\$10.66
\$10.94
\$500.00
\$0.00
\$0.00
(\$255.37)
\$3500.00
(\$3755.37)
\$0.00
\$0.00
\$0.00
(\$3755.37)

PLANS FOR NEXT MEETING NWAANA, February 7-8, 2026

Address from the original flyer has changed, see below

ARSCNA 1-YEAR ROTATION SCHEDULE

February 2026	NWAANA - NEW flyer attached
May 2026	ORANCA - flyer attached
August 2026	ARVANA
November 2026	AWOL

12:00PM END

End of Day 2 - Closed with Serenity Prayer

2026 ARKANSAS BUDGET Amount Feb 2026 May 2026 Aug 2026 Nov 2026 (Amounts budgeted based on Budgeted Actual Actual Actual Actual Total Remaining expected quarterly expenses = 2026 Spent Spent Spent Spent Spent Balance annual budgeted amount (\$)/4) \$50.00 \$50.00 Secretary \$0.00 RD(CAT/CAR PRINTING) \$0.00 \$1,200.00 \$1,200.00 Rent/Hosting SZF(Travel x 3 Zonal Meetings) \$3,000.00 \$3,000.00 HIPR \$350.00 \$350.00 Phoneline (Answering Service) - Autodraft ACH Monthly \$1.800.00 \$1.800.00 Twilio Phone # - Autodraft Debit \$150.00 \$150.00 Policy and Procedure \$300.00 \$300.00 \$25.00 \$25.00 Treasurer UPS Store Mail Forwarding \$160.00 \$160.00 Starting Kits \$600.00 \$600.00 Fellowship Development \$1,000.00 \$1,000.00 SZF(Hosting/Event Programming) \$0.00 \$0.00 Communication Coordinator \$400.00 \$400.00 Inmate Correspondence \$300.00 \$300.00 TOTALS \$9.335.00 \$9,335.00 PRUDENT RESERVE \$2,333.75

ANNUAL ACCRUALS							
	ACCRUALS - Budget 2026 Totals	Feb 2026 Starting Balance	Feb 2026 Spent/Add ed	May 2026 Spent/Add ed	Aug 2026 Spent/Add ed	Nov 2026 Spent/Add ed	Total Accrual Balances
RD WSC Travel (Dispersed Feb 2026 - budgeted annually) - \$500 quarterly (Maximum = \$3000.00)	\$0.00	\$2,500.00					\$2,500.00
RD WSC Travel (SPENT)							
RD Alt WSC Travel (Dispersed Feb 2026 - budgeted annually) - \$250 quarterly (Maximum = \$3000.00)		\$3,000.00					\$3,000.00
RD Alt WSC Travel (SPENT)							
Website (Paid Feb RSC) - \$57.75 quarterly	\$231.00	\$195.05					\$195.05
Website (SPENT)							
UPS Box Rental (Paid Feb RSC) - \$27.50 quarterly	\$110.00	\$168.00					\$168.00
UPS Box Rental (SPENT)							
Insurance (Paid Feb RSC) - \$875.00 quarterly	\$3,500.00	\$0.00					\$0.00
Insurance (Spent)							
TOTALS	\$3,841.00	\$5,863.00	\$0.00	\$0.00	\$0.00	\$0.00	\$5,863.00
QUARTERLY ACCRUAL	\$960.25						

Arkansas Delegate Team Handout - Nov 2025

RCMs: please share this page with your Area and give to GSRs

News from NA World Services (NAWS):

- WCNA 70th Anniversary There is planning underway for the next World Convention to be in <u>Europe in 2028</u>.
 The location is not set, but they are exploring 3 potential cities (Dublin, Frankfurt, Lisbon) more will be revealed
 One motion in the CAR relates to the future of WCNA
- Annual events: https://na.org/naws-events/annual-events/
- Literature Review & Input needed:
 - Group Business Meetings Service Pamphlet has been revised to include new sections on Consensus
 and on Delegation. The draft is posted for a 90-day review (<u>na.org/revising-group-business-meetings</u>).
 - H&I Basics Revision The third component, Committees, will be available for review and input soon (na.org/revising-HI-basics).
 - Updated PR pamphlets 2024 Membership Survey (and a PowerPoint with more of the data!), NA: A
 Resource In Your Community, and Information About NA. Posted in English with translations to follow at
 na.org/pr.
 - o IP #21 "Staying Clean in Isolation" approval draft is in the 2026 CAR
- Online Literature at <u>www.na.org</u> Information Pamphlets (IPs) are now available in both HTML and PDF format.
- Beginning January 1, 2026, most materials in our inventory will increase in price by 15%. Several items, including The NA Survival Kit and In Times of Illness will remain at their current price and a few items, such as Guiding Principles, will increase very slightly. Pricing on the complete poster set and Group Starter Kit is increasing more than 15% but is still less than the total value of the bundled contents. Additionally, some special editions and bundles will be offered at stable or reduced prices. We have posted the updated 2026 price list.
- 2026 WSC May 3-9, 2026 "Our Common Welfare" 50 years of the WSC 1976 2026
 - Conference Agenda Report (CAR) is available to view and download at www.na.org/conference
 - 3 WB motions; 2 Regional motions, CAR survey; Discussion Topic survey (less motions = more discussion)
 - ARSCNA CAR workshops <u>Sat, Nov 15, 2025 at 10am CST</u> & <u>Sun, Dec 7, 2025 at 10am CST</u> (see flyer) in person workshops for your Area or Loner Group are available upon request!!
 - SEZF (Southeast Zonal Forum) will have a hybrid CAR workshop available Nov 8, 2025 at 8am CST
 - SZF (Southern Zonal Forum) will have a virtual CAR workshop on Nov 22, 2025 at 9am CST.
 - February 28, 2026 Regional Reports due (RD will be compiling info from RCMs, Loner Groups, etc)
 - Initial straw polls will be after April 18, 2026 if motions get 80% support or not in support during the straw poll, then that will be the final decision
- CAR Survey (aka "Literature Survey") -
 - Recovery Literature (both new literature and revisions to existing literature), Service Material (both new and revisions), and Issue Discussion Topics.
- Discussion Topics (included in the survey & explained in the CAR) https://na.org/naws-projects-and-surveys/
 - o Gender-Neutral and Inclusive Language
 - o DRT/MAT in NA: Helping Members Take Root

News from the Southern Zonal Forum:

- Decided that **all Winter SZF** will be virtual until decided otherwise, and **all Fall SZF** will be held at MZSSNA when it happens in the same year (meeting briefly ahead of MZSSNA virtually).
 - Fall 2025 SZF The recent SZF Meeting was held October 24 26, 2025 in Louisville, KY. Star and I were not able to attend due to prior commitments for the Arkansas Regional Convention.
 - Winter 2026 SZF will be held virtually January 24th 9am until?
 - Summer 2026 SZF will be held in Red River Region July 24-26, 2026 (Sherman, TX 1 hour north of Dallas)
 - Fall 2026 SZF will be held during MZSSNA during the weekend of October 1-4 in Wichita, KS.
- MZSSNA (Multi-Zonal Service Symposium) (October 1-4, 2026 in Wichita, KS) Some positions are still open and all committees are open so you can join in for the planning
 - The main workgroup committee meets the 3rd Wednesday of month at 6:30 pm on zoom. You can join the meeting by clicking on the link on the front page of the website https://mzssna.org
 - The programming committee will start meeting the 2nd Wednesday of month at 6:30 pm on zoom.
- SZF Fellowship Development and Public Relations Coordinators have decided to combine their regularly scheduled meeting dates and times TBA

Arkansas Delegate Team Handout - Nov 2025

Other NA News:

- US Collab of Zones next meeting October 12, 2025 (https://usa-na.org)
 - Several task groups where any NA member can serve
 - National PR efforts
 - Mentorship (working with Outreach task group on initial survey see below)
 - Outreach to Rural & Marginalized meetings/members Progress Report to the Collaboration –
 October 2025



- At the request of the US Zones, our task team was formed to explore and support efforts that increase access to Narcotics Anonymous (NA) services in rural and marginalized communities. Our goals are to:
 - o **Expand awareness and accessibility** of NA services in rural areas.
 - <u>Increase awareness and accessibility</u> in marginalized communities, especially by identifying who may be missing from our fellowship.
 - Strengthening mentorship opportunities and tools that improve consistency in service delivery and help identify members in need of mentorship.
 - Build recognition of the <u>US Collaboration as a trusted resource</u> that members know about and reach out to for mentorship.
- To support these goals, we developed a fellowship-wide survey (Survey Deadline: March 8, 2025): https://www.surveymonkey.com/r/JDBYMWK (see flyer)
- Outreach to Rural & Marginalized meetings/members collecting existing resources and identifying current projects aligned with the goals of the task groups (see flyer)

In loving service, Alicia A & Star M

Acronyms & Terms (alphabetical order):

- BMLT basic meeting list toolbox (where we update our meeting list)
- CAR conference agenda report (world service motions voted on by the fellowship)
- CAR SURVEY literature survey (prioritize literature projects by the fellowship)
- CP conference participant (NA members who participate at the WSC representing Regions or Zones)
- DRT/MAT drug replacement therapy/medication assisted treatment
- **FD** fellowship development
- IDT information discussion topics
- LONER GROUP group not affiliated with an Area (see Regional guidelines)
- MZSSNA multi zonal service symposium
- NAWS NA World Services
- NEZF NE Zonal Forum
- PR public relations
- RCM regional committee member
- RD regional delegate (included in "conference participants")
- RSC regional service committee
- SEZF SE Zonal Forum
- STRAW POLL voting mechanism used by CPs before the WSC
- **SZF** Southern Zonal Forum (Arkansas Region is a member of SZF)
- TWILIO service we use for our phone number
- US COLLAB OF ZONES comprised of all 7 US Zones https://usa-na.org/uszones
- WB world board (members elected to serve on the world level)
- WCNA World Convention of NA
- WSC world service conference (conscious of the fellowship and future plans for NA worldwide discussed)
- WSO NA world service office
- YAP software to route helpline calls
- ZONES group of regions https://na.org/naws-projects-and-surveys/zones/



A Night Under The Stars

Mens Retreat Fundraiser

Food, Fellowship
Auction Raffle 50/50 All
Proceeds Goes To
Support Mens Retreat

Speakers Tommy S. Springdale Torg L. Ft. Smith

514 N. 11th Ft. Smith Ar November 8th 5pm-9pm

\$3 A Person \$5 A Couple No Addict Turned Away SHUFFLE UP & DEAL FOR CAACNA 38!

SPADES TOURNAMENT

\$10/PERSON (ENTRY) | \$20/TEAM (TOURNAMENT)



SPEAKER, RAFFLES, FOOD, FELLOWSHIP ARKANSAS VS LSU ON THE BIG SCREEN

SATURDAY, NOVEMBER 15, 2025 11:00 AM DOORS, 2:00PM START

LEVY UNITED METHODIST

701 W 47th ST, NORTH LITTLE ROCK, AR NO ADDICT TURNED AWAY!





Speaker Greg S. from Fort
Worth at 5:00 PM
50/50, Raffle, and Auction



25th Annual TOGETHER WE DINE

Together We Can Annual Thanksgiving Dinner For NA Fellowship



where: Recovery Central 1305 W. Markham, Little Rock AR 72201

when: 6:00 pm Tuesday November 25, 2025

WE APPRECIATE ANY HOMEGROUP THAT WANTS TO PITCH IN AS WELL AS INDIVIDUALS THAT CAN BRING

DRESSING, VEGETABLE SIDE DISHES or DESSERTS

TURKEY WILL BE PROVIDED

There will be a potluck sign-up list in kitchen at Recovery Central, please sign up for what you are bringing.

WSR

WRITING STEPS FOR RECOVERY

A Show-Me Regional
Subcommittee that gives
recovering addicts the
opportunity to help incarcerated
addicts work the 12 steps of
Narcotics Anonymous.

WE NEED YOUR HELP

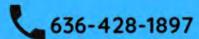
YOU WILL NOT NEED TO COME TO REGION TO BE AN ACTIVE PARTICIPANT

Join Us for 1 or both

Nov. 23rd @ 5pm Dec. 28th @ 7pm

ALL ARE WELCOME TO ATTEND

For More Info Contact: Jessica F / WSR CHair



wsrshowmeregion@gmail.com







ZOOM PLATFORM

Meeting ID 815-4497-0779 Password 121212

we are not affiliated with this virtual platform





FUACNA ACTIVITIES

PRE-CONVENTION HOODIE FUNDRAISER

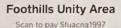
Deadlines to pre-purchase Hoodies will be December 5, 2025.

Hoodies are \$40 each

See Dawn M. or Tony B. Or you can Cashapp at \$fuacna1997 and leave



Your hoodie size in the notes.

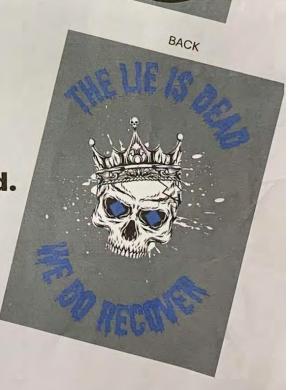


There will be no extras ordered.

These are pre-ordered only so

Get yours while the getting's

good.



FRONT LEFT POCKET

This is a FUACNA Activities fundraiser for our Winter Convention. Be a part of!!



WSR

WRITING STEPS FOR RECOVERY

A Show-Me Regional
Subcommittee that gives
recovering addicts the
opportunity to help incarcerated
addicts work the 12 steps of
Narcotics Anonymous.

WE NEED YOUR HELP

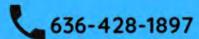
YOU WILL NOT NEED TO COME TO REGION TO BE AN ACTIVE PARTICIPANT

Join Us for 1 or both

Nov. 23rd @ 5pm Dec. 28th @ 7pm

ALL ARE WELCOME TO ATTEND

For More Info Contact: Jessica F / WSR CHair



wsrshowmeregion@gmail.com







ZOOM PLATFORM

Meeting ID 815-4497-0779 Password 121212

we are not affiliated with this virtual platform





Arkansas Regional Service Committee of Narcotics Anonymous

That no addict seeking recovery need ever die from the horrors of addiction without knowing that there is a better way of life

www.arscna.org (888) 501-1607

210 S. Thompson Street, Ste #6 #531, Springdale, AR 72764

Policy Manual-Communications







JOIN VIA ZOOM





JANUARY 16-18, 2026

Fellowship Speakers/workshops
Saturday night speaker:
Doug P-Wakefield, NE
Saturday dinner
Auction/50/50 raffle

Red Apple Inn 305 Club Rd Heber Springs, AR

All rooms \$95/night 501-362-3111

Must ask for Jennifer & mention FUACNA for room reservation Deadline to reserve room is December 19, 2025 For more Information, contact Jonathan M. 501-322-9108 Brooks C. 870-393-6935



Preregistration \$35, ends 1/1/26, then \$40 Mail registration to FUACNA Activities PO Box 1034 Searcy, AR 72143

PO Box 1034 Searcy, AR 7214	-3
Name	
Clean Date	
Amount enclosed	
Newcomer donation	Foothills Unity Area Scan to pay \$fuacna1997





Mail checks to 1505 13th Ter Barling Ar 72923 Cashapp \$ArvanaMensRetreat

NAME	HOME GROUP
ADDRESS	CLEAN DATE
	EMAIL
	PHONE
	10
T-SHIRT SIZE: { S } { M }	{L} {XL} {XXL}

If You Need A bigger Size Shirt Just Let us Know When You Register

ARVANA'S 32ND ANNU намсти т NA CONVENTION "WHY WE STAY March 13th, 14th, & 15th

Speakers, Merchandise, Fellowship, Hospitality, Registration All @ The Wyndham Hotel!!!

700 Rogers Avenue Fort Smith, AR 72901

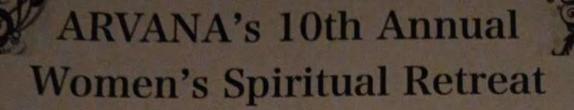
Mail Check or Money Order To: P.O. Box 5631 Fort Smith, AR 72913

Pre-Registration is \$40 Until January 1st which includes a t-shirt, lanyard,badge,and baq!!!

Chair:Natalie M.479	9–223–7288	FEEL FREEE TO CONTACT
Registration:Trista	B.479-979-5506	THE WYNDHAM HOTEL

그래요!! 그는 뉴스에 가장 이렇게 되었다. 그는 사람이 보고 있었다. 그는 그들은 그는 그를 가는 그를 가지 않는데 그렇다 보다.	79–979–5506 THE WYNDHAM HOTEL
NAME:	FOR SPECIAL PRICING OR
SHIRT SIZE:	USE QR CODE BELOW!!!
CLEAN DATE: /	
PHONE #:	
Address: & Go	odwill /sº
Amount Enclosed:	

Home Group:



When: April 24th-26th

Where: Lake Fort Smith State Park

arly Registration: \$65.00 NOW until February 25th

Registration after February 25th: \$75.00

egistration includes: 2 night stay in Lodge and 5 meals (Bring your own bed linens and toiletries)

T-shirts may be purchased with registration for \$20.00

Mail check/money orders to;

ARVANA's Women's Retreat c/o Shelby Hendrix

3439 Kibler RD Unit B

Van Buren, Arkansas

72956

OR Venmo;

Shelby Hendrix

@hendrix2023

ıll name:	
dress:	
none #:	

RSCIN

375 W GRAND AVE HOT SPRINGS, AR

MAY 2-3

ORACNA



SERVICE WORKSHOP

Topic TBD

GENESIS GROUP NA MEETING

Regularly Scheduled Meeting





RSC MEETING DAY ONE

Finish no later than 5:20pm

RSC MEETING DAY TWO

Admin 9A RSC 10A





MORE INFO:

AARON W. 9186986727

We're Building a New Resource Page on



usa-na.org

Help us strengthen our fellowship by sharing your experience, tools, and projects!

We are collecting materials to highlight resources and current efforts that:

- Expand NA in rural areas
- Reach marginalized communities (Who's missing?)
- Provide mentorship & training for consistent service

We're also looking for current projects already underway that align with our focus areas of rural communities, marginalized communities, and mentorship.



Together, we can create a fellowship-wide resource hub that inspires, supports, and strengthens NA services across the U.S.



outreach@usa-na.org



WE MEET VIRTUALLY MONTHLY VIA ZOOM 3RD WEDNESDAY OF MONTHLY @ 6:30P CST

Open Service Positions:



CO - FACILITATOR CO - TREASURER HOST CITY MERCHANDISE INFORMATION TECHNOLOGY PR FOR PROFESSIONALS

VISIT WWW.MZSSNA.ORG/DOCUMENTS FOR MORE INFO



US Collaboration of Zones Outreach Rural Project Survey

Your Voice Matters: Help Us Identify the Needs and Define the Future of the Outreach — Rural Support and Mentorship Projects

Who is missing from our meetings or Area Service Committee? Are you a member with experience in or needing assistance with Groups or Area Service Committees in Rural/Remote Communities, Marginalized Populations, or Mentorship, Training?

Your insights are crucial as we work to understand and better serve all groups, members, including those experiencing isolation.

Please take a few minutes to complete our survey. Your input will shape the future of NA service!

Click the link below or scan to Take the Survey



https://www.surveymonkey.com/r/JDBYMWK

