

Arkansas Regional Service Committee of Narcotics Anonymous Minutes
Day 1, February 7, 2026, Hosted by NWAANA

12:30pm - RSC meeting began:

The Twelve Traditions were read by Marshall S., Twelve Concepts were read by David D., 1st 2 paragraphs of Tradition 2 were read by Angie F., the Definition of the Regional Service Committee was read by Wendy B., and Purpose of the Regional Service Committee was read by James W.

Roll Call: Quorum Met

RCMs or their Alternates

ARVANA	Amber M.	Present
AWOL	James W.	Present
CAASCNA	Shanon A./Chad M.	Present
CRANA	Candy S./Hollie T.	Absent
FUACNA	Angie F.	Present
NWAANA	Crystal S./Heidi B.	Present
ORACNA	Aaron W./Robert W.	Present

Administrative Committee Trusted Servants

Chair	Laurie S.	Present
Vice Chair	Jennifer E.	Present
Regional Delegate	Alicia A.	Present
Alternate Delegate	Star M.	Absent
Secretary	Amanda V.	Present
Secretary-in-training	Angie F.	Present
Treasurer	David D.	Present
Treasurer-in-training	Crystal S.	Present

Standing Subcommittee Chairpersons

Policy and Procedures	Wendy B.	Present
Convention Committee Chair	Chuck B.	Present
Communications Coordinator	Jennifer B.	Present
Ad Hoc: Basic Text for Jails Project	Crystal S.	Present
Ad Hoc: Project insurance	Star M.	Absent
Ad Hoc: Communications	Jennifer E.	Present

RSC REPORTS

Secretary Report -

Amanda V.

Old business, new business, open sharing, and elections from ARSCNA August 2025 Minutes were read. The information presented was supported. A thank you letter submitted by Laurie S. was also read to the RSC body and is as follows:

Dear Arkansas Region,

I am truly honored to have been recommended by you for the Region, World Board, Zone (RBZ) process. Your confidence in my potential to serve our fellowship on the World Board has meant more to me than I can fully express and I am humbled by the trust you've placed in me.

Regardless of the outcome, the process itself has been beneficial for me. It required deep reflection and personal inventory of my experience in service. The RBZ process expanded my knowledge of our service structure and amplified appreciation for those who serve, particularly at that level! Did you know that World Board members are expected to spend 30-40 days away from home in service each conference cycle and 10-20 hours per week in Board-related responsibilities? Can you imagine? Our

fellowship depends on the willingness of its members to serve-to give our time, attention and resources. It's remarkable that it works at all. I might say miraculous, but what I'm really talking about is that Greater Power and spiritual awakening in each of us. I stand in awe and gratitude on the path of those who've come before, and I pray to leave it clear and enlightened for those who follow.

Thank you, thank you! Love in Service, Laurie S.

Correspondence Report -
Mailbox Report

David D.

- 3 Bank Statements
- Check from SZF
- 1 address update to new virtual mailbox for the Convention Account (at VMB)
- Return of inmate mail
- Flyer from PA
- World receipt for 2025 total donations
- What a Change Donation
- Seeking Solutions Donation

Beginning Treasurer's Report -
Ending Balance Last RSC

David D.
(\$3755.37)

Bills Paid
(Cleared)

- | | |
|------------------------------------|----------|
| ● 11/1 Nov Fee | \$5.00 |
| ● 12/1 Dec Fee | \$5.00 |
| ● 1/1 Jan Fee | \$5.00 |
| ● #1324 Alicia A (CAR Printing) | \$80.81 |
| ● #1325 FUACNA (Hosting) | \$179.22 |
| ● #1326 Jennifer B (Communication) | \$49.63 |
| ● #1327 VOID Crystal S (BT4J) | |
| ● #1328 Jennifer B (Aug Twilio) | \$10.94 |
| ● #1329 Jennifer B (Oct Twilio) | \$10.66 |
| ● #1330 CAALCNA (BT4J) | \$924.00 |
| ● #1332 CAALCNA (Starter Kits) | \$500.00 |
| ● #1333 CAALCNA (BT for Inmate) | \$14.00 |
| ● #1334 Jennifer D (Webhosting) | \$230.95 |
| ● 11/7 AP Your Message Center | \$143.00 |
| ● 11/8 DC USPS (Inmate Mail) | \$8.41 |
| ● 12/3 DC UPS Store | \$19.49 |
| ● 12/5 DC Anytime Mailbox | \$12.10 |
| ● 12/8 AP Your Message Center | \$143.00 |
| ● 1/5 DC Anytime Mailbox | \$5.10 |
| ● 1/7 AP Your Message Center | \$143.00 |

(Outstanding)

- | | |
|--------------------------|---------|
| ● 2/1 Feb Fee | \$5.00 |
| ● #1331 Crystal S (BT4J) | \$76.00 |

Deposits

(Cleared)

- | | |
|-----------------------|-----------|
| ● 11/3 Nov RSC | \$1637.49 |
| ● 11/17 CAASCNA & SZF | \$852.86 |
| ● 1/5 | \$587.54 |

(Outstanding)

● 2/3 CAASCNA	\$54.82
Reconciled Bank Statement:	\$9496.73
Prudent Reserve:	(\$2333.75)
Accruals:	(\$1889.40)
Travel Fund (Rolling total):	(\$794.13)
Working Balance:	\$4479.45



RD/RDA Report - Alicia A.

See Below "Arkansas RD-AD Team Handout"

RD also asked a series of survey questions brought forth from the SZF regarding area and regional business.

[View a digital Conference Agenda Report \(CAR\) here.](#)

AREA REPORTS

ARVANA - Amber M.

- Meetings: 8 groups (2 loner groups)
- Trusted Servants: RCM-Violet M, Chair-Terry B
- H&I: 5 panels
- Activities:
 - 2/8/26 New Way Superbowl Chili Cookoff
 - 2/21/26 Women's Retreat Fundraiser
 - 2/27-3/1/26 Men's Spiritual Retreat
 - 3/13-15/26 ARVANA Hangin' in the Fort Convention
 - 4/24-26/26 Women's Spiritual Retreat
- No donation at this time

AWOL - James W.

- Meetings: 9 weekly meetings
- Trusted Servants: RCM-James W., RCMA-Eric B.
- H&I: 2 times month Boone County looking into getting volunteers to get in women's pod and Newton County
- PR: Has a chairperson now
- Activities: Lots of holiday parties and birthday night celebrations
- Problems: None at this time
- Strengths: Good strong numbers
- History Update: None
- Plans for Upcoming Year: Freedom Float
- Proposed Ideas and Projects for WSC: None at this time
- Thanks, James W.

CAASCNA - Shanon A.

Greeting from Central Arkansas,

We currently have 13 homegroups actively participating in our area with multiple meeting locations and times to facilitate the common goal of caring the message to any addict seeking recovery.

Donations - Area brought a donation of \$54.82 to the RSC today.

Activities - Our activities committee meets the second Sunday of the month at 2:30pm. They will hold a "Fat Saturday" Cajun cook off and speaker meeting on February 21st from 6pm -10pm at The Natural State Outpatient building, 924 Main Street, Little Rock, AR 72202.

Convention Committee - Our area voted to increase the seed money for next year's convention to \$10,000.00. They will be hosting the "Recovery Bowl" Sunday February 8th from 4pm-9pm.

\$20 registration includes a square. Additional squares available for \$10. Tee shirts \$20 and limited edition hoodies are available for \$45. They will also be hosting a Recovery after Dark at the Natural State Outpatient building located at 924 Main Street on May 23, 2026, from 4-9. \$15 donation at the door and no addict turned away.

H&I - Hospitals and Institutions meets on the last Sunday of every month at 1:30pm for H&I training at Recovery Central. We are working on 1 new facility bringing the total number of facilities served to 15 facilities. Sarah E was voted to be our H&I chair. At this time all panel leader positions are filled, and we have many members involved in carrying the message Literature Committee - Literature can be purchased at Recovery Central where a surplus is in stock to provide for all local and surrounding areas needs.

Outreach - a Facebook page has been created to keep all who wish to be involved in the know. They have visited multiple meetings in the area to grow support.

Public Relations - PR plans to set up a booth next month on Saturday, February 14th at a Sweetheart Ball put on by a new women's house in North Little Rock. In December, the PR subcommittee members conducted an extensive flyer hanging event in Little Rock.

Subcommittee members posted NA Hotline Flyers at a number of locations throughout the city. PR subcommittee members plan on doing outreach at local high school counseling offices and will provide informational pamphlets as needed.

As this report shows, the Central Arkansas area is very busy in all areas. Our subcommittees work hard to serve our area. The area feels at this time that the number of available sponsors and members actively being of service is in need. The committee felt bringing awareness to the area was best addressed by the workshop held on the 19th.

In Loving Service, Shanon A

CRANA - Absent

FUACNA - Angie F.

Hey everyone,

The Foothills Unity Area currently has six groups:

- County Line Recovery near Pleasant Plains (1 meeting)
- Point of Freedom in Batesville (4 meetings)
- Vision of Hope in Batesville (2 meetings)
- Recovery Connection in Searcy (9 meetings)
- Altogether, that gives us 16 meetings a week.

Area Service Committee:

- Facilitator: Laurie S
- Co-Facilitator: Angela M.
- Secretary: Dawn M.
- Treasurer: Sheran G.
- RCM: Angie F.
- Alt. RCM: Vacant

Subcommittees:

- Activities: Jonathan M.
- HIPR: Dani M.
- Outreach: Tony B.

We had a fantastic turnout at our Winter Convention last month. Our next annual event will be Serenity on the Lake Campout on Memorial weekend at Old Highway 25 Campground in Heber Springs. H&I continues to bring a panel meeting into Arisa, a treatment center in Searcy, every Friday at 6:00 p.m. PR keeps the IP racks stocked at the police station, DHS, health department, and Arisa. Outreach continues doing a great job visiting home groups across our Area, including our loner groups that are not seated in our Area. Recovery Connection is

thriving and continues to see many newcomers. Several are staying and coming on a regular basis. Recovery Connection is celebrating 40 years this year, and plans to have an event to celebrate. More will be revealed about that. We're still seeing low attendance at Point of Freedom, Vision of Hope, and County Line Recovery, but continue to maintain, and show up at ASC business meetings. County Line Recovery, our newest group, continues to meet at the Salado Creek rest stop on Highway 167 between Pleasant Plains and Batesville. Overall, our area is doing well. We're carrying the message, showing up for newcomers, and our members continue to step up and serve.
In loving service, Angie F.

NWAANA -

Crystal S.

- Donations: \$905.52 (Check #1512-\$158.78, Check #1515-\$746.74)
- Meetings: 8 groups, 2 loaner groups, 32 weekly meetings
- Trusted Servants: Chair-Charles N, VC-Glenn W, Treasurer-Crystal W, T.I.T-Tommy S, Secretary-Lindset N, RCM-Crystal S, RCMA-Heidi B, Activities Chair-Nikki F, HIPPR-Alicia A
- H&I: 1 local treatment center; possibilities for more
- PR: IP Racks, Poster Hanging Days, Intro to NA for drug court bi-monthly
- Activities: 2nd Friday of every month 8PM-12AM New Beginnings Game Night, Feb 14 - Valentines Days event - Peaceful Dozen, June 26-28 Beaver Round Up- Area Event, Oct 2-4 Light My Fire - New Life
- Problems or Situations: No Matter What, Therapeutic Value and Peaceful Dozen are experiencing many new corners and have requested help carrying the message. Peaceful Dozen's Saturday Men's Meeting has been dissolved. No Matter What is doing coffee and games after the Saturday meeting. New Life is requesting suggestions for their Speaker Jam.
- Assets/Strengths: Area is going great. All positions are currently filled. New members are showing interest in service in the area.

ORACNA -

Aaron W.

- Meetings: 8 groups with 37 weekly meetings
- H&I: 3 panels - Covenant Recovery, Harbor House, and Garland County Jail. Harbor House SWS program no longer has an H&I panel.
- Trusted Servants: RCM-Aaron W., RCMA-Robert W.
- PR: Limited, lumped in with H&I
- Activities: NOR/Simplicity Revealed Super get-together on 2/8 at 4:30pm and the Genesis Love Party on 2/14 at 4:30pm. Area NA and Tailgates events, Denby Point Campout, and Spring Fling upcoming as well.
- Problems: COR building has been sold (allegedly). The keys are to be turned over 3/31/26. More will be revealed.
- Strengths: Spirit of rotation is active, Spots in the ASC are being filled willingly.
- History Update: None
- Plans for Upcoming Year: Continue to grow and serve

SUBCOMMITTEE REPORTS

Convention Committee

Chuck B.

Hello family! Registration: We had great participation in pre-registration offering swag. We had a few hiccups with getting registration setup on Friday, we were a little late getting started, but once we were set up, everything ran smoothly. We had members registered from AR, OK, MO, FL, IL, NE, MN, CA, TX, IA, KY, ID, and OR. Attendees from 4 different local treatment centers. We had 140 pre-registrations and 193 on-site

registrations for a total of 333 total registered attendees. There was a total of 2,916 years, 1 month, and 23 days of clean time reflected in registration numbers (1,065,101 days of clean time). For future consideration: We found that people appreciated smaller swag bags with fewer quality items to use over high quantity items that people throw away. (I'm sure many people still threw away items). We also suggest to have a backup or contingency plan for redundancy in everything involving registration. We could have been more prepared for setting up registration – we made the mistake of heavily leaning on one member to get it set up and we originally planned to do some training for that redundancy but failed to execute. This is why we were late getting set up for registration Friday.

Financials: We had budgeted at \$19,820.00 for this convention. We were over our budget on Entertainment (\$108.49), Hospitality (\$265.91), the Saturday Night Banquet (\$790.33) and the Hotel Expenses (\$1,007.50). (Note: coffee for the meeting facilities were listed under Hotel Expenses). We were under budget on Registration (\$40.50), Programming (\$251.81), Merchandise (\$206.88), and Serenity Keepers (\$121.66). In total we were over budget \$1,254.34.

- Total Income was \$28,372.27.
- Total spent was \$22,932.65.
- We netted \$5,439.62.
- These numbers do not include the \$10,000.00 seed money.

The last time the account was reconciled was 01/07/26 and we have the seed money of \$10,000.00 plus the \$5,439.62 for a total of \$15,439.62 in the account.

I would like to submit a proposal to this body to raise the seed money to \$12,000.00. Through fund raising efforts, we received \$9,105.68 in both functions and donations from member groups and areas. Another \$3,994.19 came in through pre-registration. We as a committee felt that this was a large burden on the committee and the member groups and member areas. Raising the seed money will help to lessen that burden.

It is outlined in the Policy for ARCNA-CONVENTION, for the ARCNA Treasurer to prepare quarterly reports for the RSC. We would like to reiterate the importance and value of this and request that future Convention Treasurers reconcile each quarter prior to those reports. And that the report be made available prior to regularly scheduled RSC quarterly meetings and reviewed and discussed in the RSC Administrative Committee.

The Convention bank account address was updated to reflect the RSC mailing address and 100 checks were ordered for the next convention committee.

NOTEWORTHY: Roughly, May/June 2025: Debit card was compromised – we had dozens of fraudulent charges – we changed all passwords and recouped – the majority of charges were declined, but reminder to maintain diligence in checking both contact information and online accounting.

Programming: Overall, there was a variety of programming and speakers and there were no complaints we received about the content of the workshops or speakers.

Some noteworthy comments from members were:

- 1) For the future, maybe only two workshops at a time. We received several comments that our convention may not have been large enough for more than two workshops at a time.
- 2) We received positive feedback on scheduling in four main speaker meetings as opposed to the typical three main speaker meetings we've had in the past.
- 3) We had workshop speakers from Oklahoma, California, Missouri, Illinois, Iowa, and Kentucky, and all those workshop speakers came on their own dime. The takeaway is that we can get a ton of experience from outside our state to come share their experience, strength and hope without paying for travel.

Entertainment: Maybe have more than one option each night for entertainment. For example, it

was suggested that we could have had the dance and the comedian at the same time providing an alternative from which to choose. Some enjoyed the comedian, while others absolutely did not. Friday night we had multiple activities and Bingo was a big hit!

Future takeaway: provide multiple options for entertainment each evening. (options that required more participation from the members were reported as more enjoyable, (i.e. spades, dominoes, and especially Bingo!)

Merchandise: All feedback we received regarding the variety of colors and styles of shirts was positive. We had a unique style of Mugs, quantity 50, and we sold out, with the exception of some that were broken in transit. I did not have the merchandise available at the time of this report to determine how many shirts were left, but it was minimal.

Hospitality: Pizza, taco bar and breakfast were all positive experiences and feedback.

For future notes:

1) Budget more than you think you need (lots of intangibles to adjust for like ice, coffee, running out of snacks, etc.).

2) Consider a larger quantity of volunteers so that volunteers can rotate and enjoy the convention.

Overall, we had positive reports from the hospitality room.

Serenity Keepers: The Serenity Keepers were awesome for us! The volunteers were present, available, recognizable, and helpful. We do have the vests to pass on to the next convention committee so there should not be any expenses involved in the future.

Saturday night meal – This ended up being a big hit! We spent roughly \$3,290.00 to feed between 250-275 people. A banquet for 250 people at the hotel would have cost us \$10,000.00 for a limited menu at the hotel.

We received lots of positive feedback about this meal, but there were some that reported it would have been nice to have had it at the hotel. Again, it would not have been possible for the budget and seed money we currently have.

A few more notes: We arranged to have main speakers and invited workshop speakers to come on Thursday evening. We collectively attended the local meeting and had reservations at a local restaurant where we shared a meal. The attendance at the local meeting encouraged more local members of NA to attend the convention that weekend per feedback received from several local members. On Friday morning, a number of us were able to go to the local recovery center and bring in a meeting that was reminiscent of an H&I panel meeting. There were roughly 15 of our speakers and committee members in attendance there and I think there was over 300 years of clean time for those roughly 15 people. I was one of the least in clean time with 16 years. The NA message was carried in a powerful manner at this meeting. There was a positive experience for their residents, and many came to our convention as a result where new relationships between those attendees and experienced members continued.

After the local recovery center meeting, most of us went to the church where the Saturday night meal was held and set up the tables and chairs for the meal to happen the next evening.

The shared comradery that developed over these events on Thursday evening and Friday was palpable and provided an opportunity for unity to develop before we all hit the hectic, sometimes frenzied schedule that follows for a committee. It was an incredible experience for those of us on the committee getting to know and be of service with each other and the speakers.

I would highly recommend and encourage future convention committees to plan something similar. Banners and treasury items (such as reports and check books) are with Alicia and merchandise is with Chuck.

In loving service, Chuck B.

Policy and Procedures

Wendy B.

I wholeheartedly endorse this revised policy. When the Arkansas Region was created over 40 years ago, we still used typewriters, landlines, and snail mail. Amendments and revisions to our

Guidelines/Policy and Procedure have been like generational add-ons to the original family homestead. It is time to rebuild.

Our true guidelines are the 12 Steps, the 12 Traditions, and the 12 Concepts. Our policy provides transparency and reference for the ways we accomplish our Regional Services. The handbooks and appendices provide procedure for continuity through trusted servants. Many thanks to Jennifer D. for applying her skill set to this daunting project. Through numerous one-on-one and group collaborations, she was able to strip repetitive and obsolete language, apply consistent formatting, and arrange information for a more intuitive flow. While this living document shall remain a work in progress, the updating and streamlining should free us to more actively provide real services to our members.

Wendy B., Policy Chair

Communications Coordinator

Jennifer B.

Website: There is a link so that any group, campout, or service body can “submit an event” directly at www.arscna.org. Please use this link even if you don’t have all the details or a flyer yet. It will help other Areas to show support by not scheduling several events on the same date when possible.

BMLT: All meetings have been updated that were received. The BMLT has been cleaned up and most unpublished meetings have been removed.

Phoneline: Updates to the NA Screens will be submitted to the answering service, to include the new members of the RSC. All trainees from the helpline training workshop held on November 01, 2025, in Searcy, Arkansas have been added to the Patch List. All phoneline volunteers must meet the 1-year clean-time requirement and have phoneline training every 2 years.

Calls per Area received: Below is a list of the calls received by the answering service, as recorded.

- 11/4/25-Caller inquiring about starting a new meeting in Broken Bow, OK. The caller was transferred to 2 RSC members before a 3rd member was able to assist the caller.
- 11/15/25-Caller hung up before any information could be gathered.
- 11/22/25-Caller needed some meeting information and was patched to NWA-Rogers phoneline volunteer for assistance.
- 11/25/25-Caller hung up before any information could be gathered.
- 11/28/25-Caller wanted to speak to someone in the CRANA area. The caller was transferred back and forth between 2 volunteers before the call was returned by the answering service and the caller’s questions answered.
- 12/10/25-Caller has a question about the meetings in the NWA-Rogers area. Patched to phoneline volunteer in NWA area.
- 12/18/25-Caller was seeking to add more meetings in the Springdale area. The call was patched to a phoneline volunteer.
- 1/15/26-Caller is reporting a meeting closure in Greenbriar and is seeking information on how to start a new meeting. The communications Coordinator assisted the caller.
- 1/29/26-Your Message Center noticed a correction needing to be made on the meeting list website. An email was sent to the Communications Coordinator, and it was then forwarded to our web servant for review.
- **Secretary’s Note** 70 total incoming calls were recorded for this quarter.

Twilio: I have asked our Area Treasurer to reimburse me in the amount of \$10.66 for December 2025. The RSC Treasurer and I still need to meet to add the ARSCNA debit card to our Twilio Account.

Social Media: I am including the links to our social media accounts and have posted the ARSCNA Regional Committee Meeting flyer to our Facebook page.

<https://www.facebook.com/arscna/>

<https://www.instagram.com/arkansasnarcoticsanonymous/>

Thank you for entrusting me, Jennifer B.

Basic Text for Jails Project Ad Hoc

Crystal S.

(BTFJ Ad Hoc Chair requested to move this report to the second business day of RSC.)

- Budget
 - November RSC
 - Requested \$76.00
 - Packaging \$31.50
 - Remaining Balance \$44.50
 - February RSC
 - Requested \$200.00 (shipping costs)
 - Total for shipping \$244.50
- Meetings
 - 11/23/26 - Virtual
 - Attendance: 7 members
- Current Status
 - 66 paperback Basic Texts received
 - 24 packaged
 - Remaining books scheduled to ship next week
 - 33 jails need to be followed up
- Next Steps
 - Complete outreach to the remaining 31 jails
 - If you would like to get involved, please contact me
 - Package and ship remaining books before the May RSC
 - Complete report and project by May RSC

Project Insurance Ad Hoc

Star M.

This Ad Hoc Committee was dissolved, as a final motion was sent back to areas in November of 2025.

Communications Ad Hoc

Jennifer E.

The Communications Committee met virtually twice as well as hosted a workshop on January 15, 2026. Another workshop was conducted prior to the Day 1 of the RSC meeting. We have decided to put forth a proposal to send the Policy Manual out for approval from areas. We are aware that some portions of the policy will still need revision in the future. However, we would like to send the following documents to areas so they are able to be in use after one final look from the committee chair: Policy Manual, Social Media Manual, and the Treasurer's Manual.

OLD BUSINESS

- M2025-11-01: For ARSCNA to purchase liability insurance with coverage up to \$1,000,00.00 from Berryhill Insurance Group, quoted at \$3020. Due to quote age (30+ days), please approve the amount not to exceed \$3500. Policy to cover all AR Region groups and meeting locations; certificates to cover events available upon request at no additional charge. Insurance will cover events in close proximity to Arkansas.
 - INTENT: More and more, meeting locations are requiring groups to obtain liability insurance. In accordance with the 11th Concept which states: "NA funds are to

be used to further our primary purpose, and must be managed responsibly.”, a regional policy allows ARSCNA to meet this growing need in a cost-effective way, reducing the financial burden on groups so they can better focus on carrying the message.

- Policy Change Information: Will add a budget line item. Will be added to the definition of ARSCNA. Will be added to Treasurer's duties.
- Additional Context: Several groups are already required to provide coverage with policies ranging from \$300 - 600/year. Other groups have mentioned looking for a new location and finding that they will be required to provide coverage.

SUPPORTED

- CAR #1 Approve the revised IP #21, Staying Clean in Isolation, contained in Addendum A, as Fellowship-approved recovery literature to replace the current IP #21, The Loner—Staying Clean in Isolation
 - **SUPPORTED**
- CAR #2 To adopt the collaboratively created 2026–2029 NA World Services Strategic Plan contained in Addendum B.
 - **SUPPORTED**
- CAR #3 To hold the World Convention of Narcotics Anonymous (WCNA) every 5 years, beginning in 2028. The location to be determined by the World Board based on fiscal and geographic considerations that lend themselves to, at minimum, a revenue-neutral event.
 - Possible Amendment #1 - alter to every 3 years
 - Possible Amendment #2 - split into 5-year rotation schedule and fiscal/geographic considerations
 - **SUPPORTED preferring 5-year rotation**
- CAR #4 To direct the World Board to create a project plan for consideration at WSC 2029 to research and explore the opportunities and obstacles of providing booklength pieces of literature to the incarcerated, on tablets, in addition to the IPs and audio version of the Fifth Edition Basic Text that already exist on inmate tablets.
 - **SUPPORTED**
- CAR #5 To direct the World Board, to implement artificial intelligence (AI) interpretation solutions for WSC meetings (both in-person and virtual) to replace the current human live language interpretation.
 - Proposed Amendment - Changes from immediate implementation to researching, piloting, and providing optional language interpretation tools.
 - **ARSCNA supports amending the previously proposed amendment (above) to include a private AI server for piloting or conducting research into building a private large language model.** New amendment to be crafted by RD and Vice Chair.

OPEN SHARING

- Wendy B asked for follow up information regarding previously distributed flyers.
- Laurie S reminded RSC members that volunteers are needed to facilitate basic texts being mailed out following Day 1.

4:15PM END

End of Day 1

Arkansas Regional Service Committee of Narcotics Anonymous Minutes

Day 2, February 8, 2026, Hosted by NWAANA

RSC meeting Resumed - February 8, 2026, @ 10:15am with Serenity Prayer

Roll Call: Quorum Met

RCMs or their Alternates

ARVANA	Violet A.	Present
AWOL	James W.	Present
CAASCNA	Shanon A./Chad M.	Present
CRANA	Candy S./Hollie T.	Absent
FUACNA	Angie F.	Present
NWAANA	Crystal S./Heidi B.	Present
ORACNA	Aaron W./Robert W.	Present

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Secretary	Amanda V.	Present
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Treasurer	David D.	Present
Treasurer-in-training	Crystal S.	Present

Standing Subcommittee Chairpersons

Policy and Procedures	Wendy B.	Present
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Communications Coordinator	Jennifer B.	Present
Ad Hoc: Basic Text for Jails Project	Crystal S.	Present
Ad Hoc: Communications	Jennifer E.	Present

NEW BUSINESS

- Budgeted Request: \$20.66 to Jennifer B. for Twilio reimbursement
- Budgeted Request: \$200 to Basic Texts for Jails Ad Hoc Committee for mailing costs
- Budgeted Request: \$100 of the hosting fees paid directly to PEARL (meeting site)
- Budgeted Request: \$100 of the hosting fees paid to Crystal S. for lunch reimbursement
- Budgeted Request: \$660 to Star M. for SZF travel
- Budgeted Request: \$951.54 to Alicia A. for SZF travel
- Budgeted Request: \$3775.40 to Alicia A. for WSC travel
- Budgeted Request: \$1400.00 to Star M. for WSC travel
- M2026-02-01: To reimburse Jennifer B for mileage in the amount of \$29.82.
 - INTENT: To utilize our travel funds to support our trusted servants.
 - **SUPPORTED**
- M2026-02-02: Increase seed money for Arkansas Regional Convention from \$10,000.00 to \$12,000.00.
 - INTENT: To provide ample funds to fulfill the mission and purpose of the Convention Committee, which is to plan, coordinate, and conduct the biennial Arkansas Regional Convention of Narcotics Anonymous, given the rising costs of all products and services related to conducting said convention.
 - Policy Changes: 1.28 Convention Proceeds Disbursements, 1.a. Convention Seed Money is \$10,000.00.

- Additional Context: The 2025 Regional Convention Budget was \$19,820.00; actual expenses were \$22,932.65; gross revenue was \$28,372.27. \$12,000.00 is far short of what is needed, but moves us in the appropriate direction.
 - **BACK TO AREAS**
- M2026-02-03: To adopt the ARSCNA Policy, Social Media Policy, and Treasurer's Policy as part of the Ad Hoc Communications Project adopted from M2025-05-04.
 - INTENT: To update, modernize, and clarify the policies of the ARSCNA.
 - Additional Context: Was work shopped with the regional service committee members on January 15th and February 7th, 2026. A marked up copy and a clean copy are provided.
 - **BACK TO AREAS**
- M2026-02-04: Add the attached "acronym & terms (alphabetical order)" list as reference material on the website arscna.org.
 - INTENT: add reference material that clarifies acronyms commonly used in regional services
 - **SUPPORTED**
- M2026-02-05: Remove "Sub-committee chairpersons are elected by a simple majority vote from those attending the subcommittee meetings." and COMBINE "Duties and responsibilities of the convention will be selected by the RSC and the subcommittee chairperson will be selected by the chosen area or loner group. Areas must meet the requirements for committee membership."
 - INTENT: Remove conflicting language and keep the language that best aligns with current practices and allows the chosen area or loner group to decide how those chair people are selected within the subcommittee.
 - Policy Changes: Convention Policy - 1.16 Sub-Committee Chairpersons
 - **SUPPORTED**
- M2026-02-06: To create an Ad Hoc Committee to review and revise the Convention Policy.
 - INTENT: To ensure we have up-to-date, accurate, and workable policies for the convention.
 - **SUPPORTED**
- ARCNA 2027 Convention Bids:
 - NWAANA brought TWO convention bids for 2027. These bids are attached within the same document, NWA 2027 Proposals for ARCNA, which have only a date and room rate difference.
 - **BACK TO AREAS**
 - There was discussion regarding the lack of announcement to return bids during the last RSC Meeting in November 2025. Other areas/group either stated no intention to submit a bid or volunteered to stand aside and move this matter forward.

NOMINATIONS

- *The duties, responsibilities, and qualifications were read for most positions. Service resumes will be included in the May 2026 Minutes.*
- Chair: Nominations remain open
 - Jennifer D., CAASC, automatic
- Treasurer: Nominations remain open
 - Crystal S., NWAANA, automatic
- Secretary: Nominations remain open
 - Angie F., FUACNA, automatic
- Vice Chair: Nominations remain open
 - David D., CAASC

- Secretary-in-Training: Nominations remain open
 - Shanon A., CAASC
- Treasurer-in-Training: Nominations remain open
- Policy Coordinator: Nominations remain open
- Convention Chair: Nominations remain open
- Communications Coordinator: Nominations remain open

ANNOUNCEMENTS



- All events with flyers are attached below
- 2/21/26 ARVANA Women's Retreat Fundraiser
- New Area partially comprised of the Arkansas Delta under the [Louisiana Region of Narcotics Anonymous](#)

◆ REVIEW OF INFORMATION GOING BACK TO AREAS ◆

- **M2026-02-02:** Increase seed money for Arkansas Regional Convention from \$10,000.00 to \$12,000.00.
 - INTENT: To provide ample funds to fulfill the mission and purpose of the Convention Committee, which is to plan, coordinate, and conduct the biennial Arkansas Regional Convention of Narcotics Anonymous, given the rising costs of all products and services related to conducting said convention.
 - Policy Changes: 1.28 Convention Proceeds Disbursements, 1.a. Convention Seed Money is \$10,000.00.
 - Additional Context: The 2025 Regional Convention Budget was \$19,820.00; actual expenses were \$22,932.65; gross revenue was \$28,372.27. \$12,000.00 is far short of what is needed, but moves us in the appropriate direction.
 - **BACK TO AREAS**
- M2026-02-03: To adopt the ARSCNA Policy, Social Media Policy, and Treasurer's Policy as part of the Ad Hoc Communications Project adopted from M2025-05-04.
 - INTENT: To update, modernize, and clarify the policies of the ARSCNA.
 - Additional Context: Was work shopped with the regional service committee members on January 15th and February 7th, 2026. A marked up copy and a clean copy are provided.
 - **BACK TO AREAS**
- **OPEN NOMINATIONS (close in May)**
 - Chair: Jennifer D., current Vice Chair, automatic
 - Treasurer: Crystal S., current Treasurer-in-Training, automatic
 - Secretary: Angie F., current Secretary-in-Training, automatic
 - Vice Chair: David D.
 - Secretary-in-Training: Shanon A.
 - Treasurer-in-Training:
 - Policy Coordinator:
 - Convention Chair:
 - Communications Coordinator:
- ARCNA 2027 Convention Bids (attached together):
 - October 29-31, 2027 @ \$179.00 per room
 - November 19-21, 2027 @ \$129.00 per room
 - **PICK ONE**
- CAR (Conference Agenda Report)
 - All [Current Surveys and Discussions here](#)
 - Deadline April 1, 2026

- [CAR Survey](#)
 - Deadline April 1, 2026
 - [Gender-Neutral and Inclusive Language](#)
 - Deadline April 1, 2026
 - [DRT/MAT in NA: Helping Members Take Root](#)
 - Deadline April 20, 2026
 - [H&I Basics Input Form](#)
- US Collaboration Project Survey: [Mentorship, Rural Support, and Marginalized Communities](#)
 - Deadline March 8, 2026
- **Basic Texts for Jails Project Update:** 24 paperback Basic Texts were sent out to jails across the State of Arkansas!
- **Insurance Project Update:** A Regional liability insurance policy is now in effect for meetings and events! Contact treasurer@arscna.org for event coverage.

UPDATED TREASURER'S REPORT

Final Treasurer Report

Starting Working Balance:	\$4479.45
Area/Group Donations: (Total)	\$1302.31
ARVANA	\$0.00
AWOL	\$0.00
CAASCNA	\$0.00
CRANA	\$0.00
FUACNA	\$0.00
NWAANA	\$905.52
ORACNA	\$200.00
Seeking Solutions	\$150.00
What A Change	\$46.79
Turnovers: (Total)	\$5439.62
● Convention	\$5439.62
Returns of Budget: (Total)	\$0.00
Budgets Given:	\$6130.66
● Alicia A (RD WSC Travel)	\$3000.00
● Star M (AD WSC Travel)	\$1400.00
● Crystal S (Hosting)	\$100.00
● PEARL (Hosting)	\$100.00
● Jennifer B (Twilio)	\$10.66
● Alicia A (SZF Travel)	\$660.00
● Star M (SZF Travel)	\$660.00
● Crystal S (Fellowship Development)	\$200.00
Reimbursements:	\$0.00
Money Motions: (Total)	\$29.82
● Jennifer B (Travel Fund)	\$29.82
Updated Balance:	\$5060.90
Held Amount for Insurance:	\$3500.00
Held Amount for Convention Seed Money:	\$2000.00
Final Balance:	(\$439.10)
Donation to NAWS (50%):	\$0.00
Donation to SZF (40%):	\$0.00
Travel Fund:	\$0.00
Final working Balance:	(\$439.10)

PLANS FOR NEXT MEETING
ORACNA, May 2-3, 2026

ARSCNA 1-YEAR ROTATION SCHEDULE

May 2026	ORANCA - flyer attached
August 2026	AWOL*
November 2026	ARVANA*
February 2027	CAASC

**AWOL and ARVANA hosting locations were switched*

12:05PM END

End of Day 2 - Closed with the 3rd Step Prayer

Arkansas Delegate Team Handout - Feb 2026

RCMs: please share this page with your Area and give to GSRs

UPCOMING DATES to share:

- **April 12, 2026: US Collab of Zones** - next meeting (<https://usa-na.org>)
- **May 2026 - WSC Unity Day webinars:** <https://na.org/naws-events/webinar/>
 - **May 2nd & May 9th 2026 at 9:30pm CST:** SPEAKER MEETINGS—listen to members from around the world share their experience, strength, and hope from the World Service Conference
 - **May 3rd & May 4th 2026 at 9:30pm CST:** NA HISTORY—NA history presentations by Chris and Boyd from the World Service Conference
- **July 2026 Summer SZF** - in Red River Region July 24-26, 2026 (Sherman, TX - 1 hour north of Dallas)
- **Oct 2026 - MZSSNA (Multi-Zonal Service Symposium) (October 2-4, 2026 in Wichita, KS)**
 - **Fall 2026 SZF** - will be held during MZSSNA
- **July 2028: WCNA 75th Anniversary** – The next World Convention (WCNA 39) will be in **Dublin, Ireland in July 2028 (exact dates TBD).**

GENERAL INFO to share:

- **Jan 1st, 2026, most NAWS materials increased in price.** Click here to find the [updated 2026 price list](#).
- **Online Literature at www.na.org** - Information Pamphlets (IPs) are now available in both HTML and PDF format.
 - **Updated PR pamphlets** – 2024 Membership Survey (and a PowerPoint with more of the data!), NA: A Resource In Your Community, and Information About NA. Posted in English with translations to follow at na.org/pr.
- **Resources for Gender-Neutral Readings** (from NA Literature) - <https://na.org/gender-neutral-readings/>
- **SZF Fellowship Development and Public Relations Coordinators** have decided to combine their regularly scheduled meeting - see flyer for details

ACTIONS needed / OPPORTUNITIES to serve:

- **Fill out the CAR Survey (3 different links - including 2 discussion topics) - (Deadline April 1, 2026)**
<https://na.org/naws-projects-and-surveys/>
 - **CAR Survey: Recovery Literature** (both new literature and revisions to existing literature), **Service Material** (both new and revisions), and **Issue Discussion Topics**.
 - **Discussion Topics (included in the survey & explained in the CAR)**
 - [Gender-Neutral and Inclusive Language](#)
 - [DRT/MAT in NA: Helping Members Take Root](#)
- **Literature Review & Input needed: H&I Basics Revision – (Deadline April 20, 2026)**
(na.org/revising-HI-basics).
- **Fill out the US Collab of Zones survey - Outreach to Rural & Marginalized (Survey Deadline: March 8, 2026):**
<https://www.surveymonkey.com/r/JDBYMWK> Our goals are to:
 - **Expand awareness and accessibility** of NA services in rural areas.
 - **Increase awareness and accessibility** in marginalized communities, especially by identifying who may be missing from our fellowship.
 - **Strengthening mentorship opportunities and tools** that improve consistency in service delivery and help identify members in need of mentorship.
 - Build recognition of the **US Collaboration as a trusted resource** that members know about and reach out to for mentorship.
- **Volunteer opportunities:**
 - **MZSSNA (Multi-Zonal Service Symposium)** - The main workgroup committee meets the **3rd Wednesday of month at 6:30 pm on zoom**. You can join the meeting by clicking on the link on the front page of the website <https://mzssna.org>
 - The programming committee will start meeting the **3rd Tuesday of month at 6:30 pm on zoom**.

In loving service, Alicia A & Star M

Arkansas Delegate Team Handout - Feb 2026

Acronyms & Terms (alphabetical order):

- **BMLT** - basic meeting list toolbox (where we update our meeting list)
- **CAR** - conference agenda report (world service motions voted on by the fellowship)
- **CAR SURVEY** - literature survey (prioritize literature projects by the fellowship)
- **CP** - conference participant (NA members who participate at the WSC representing Regions or Zones)
- **DRT/MAT** - drug replacement therapy/medication assisted treatment
- **FD** - fellowship development
- **IDT** - information discussion topics
- **LONER GROUP** - group not affiliated with an Area (see Regional guidelines)
- **MZSSNA** - multi zonal service symposium
- **NAWS** - NA World Services
- **NEZF** - NE Zonal Forum
- **PR** - public relations
- **RCM** - regional committee member
- **RD & AD** - regional delegate (included in “conference participants”)
- **RSC** - regional service committee
- **SEZF** - SE Zonal Forum
- **STRAW POLL** - voting mechanism used by CPs before the WSC
- **SZF** - Southern Zonal Forum (Arkansas Region is a member of SZF)
- **TWILIO** - service we use for our phone number
- **US COLLAB OF ZONES** - comprised of all 7 US Zones <https://usa-na.org/uszones>
- **WB** - world board (members elected to serve on the world level)
- **WCNA** - World Convention of NA
- **WSC** - world service conference (conscious of the fellowship and future plans for NA worldwide discussed)
- **WSO** - NA world service office
- **YAP** - software to route helpline calls
- **ZONES** - group of regions <https://na.org/naws-projects-and-surveys/zones/>